



BAYONNE PUBLIC SCHOOLS

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HEALTH PACING GUIDE

Grades 3-5

September

Social Health

- Bullying Prevention
- Domestic Violence Education
- Gang Violence Prevention
- Sexual Assault Prevention

October

Emotional Health

- Mental Health
- Suicide Prevention
- Grief

November

Personal Growth & Human Development

- Puberty

December

Community Health Services and Support

- Mental Health
- Suicide Prevention

January

Safety and Environment

- Accident and Fire Prevention

February

Nutrition

- Eating Healthy

March

Health Conditions, Diseases and Medicines

- Lyme Disease Prevention
- First Aid

- Cancer Awareness

April

Alcohol, Tobacco and other Drugs

- Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids

May

Dependency, Substances Disorder and Treatment

- Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids

June

Refusal Skills