RCW May Lunch Menu Pre-k -12th Grade

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Chefs Choice Chef Salad	2 Pepperoni Pizza Chef Salad
			Kung Fu Carrots Variety of Veggies Fruit Selection Choice of Milk	Garlic & Herb Broccoli Variety of Veggies Fruit Selection Choice of Milk
5 United Tastes America	6 HOM - Pineapple	7 LTO Tasting- Hot Sicilian Sub	8	9
BBQ Pulled Pork Corn on the Cob Creamy Coleslaw Chicken Salad HS Only 2nd Hot Option Cheeseburger Baked Beans Variety of Veggies Fruit Selection Choice of Milk	Chicken Nachos Chicken Salad Refried Beans Variety of Veggies Fruit Selection Choice of Milk	Grilled Cheese Sandwich Potato Wedges Chicken Salad HS Only 2nd Hot Option Crispy Chicken Patty Variety of Veggies Fruit Selection Choice of Milk	Orange Chicken Rice Chicken Salad Steamed Peas Variety of Veggies Fruit Selection Choice of Milk	Chicken & Gravy Mashed Potatoes Chicken Salad Variety of Veggies Fruit Selection Choice of Milk
12	13	14	15 Last Day of School	16
Cheeseburger Chicken Caesar Salad Steamed Peas Variety of Veggies Fruit Selection Choice of Milk	Walking Taco Chicken Caesar Salad Steamed Corn Variety of Veggies Fruit Selection Choice of Milk	Crispy Chicken Sandwich Chicken Caesar Salad Steamed Broccoli Variety of Veggies Fruit Selection Choice of Milk	Footlong Hot Dogs Baked Beans Sun Chips Ice Cream Bar Variety of Veggies Fruit Selection Choice of Milk	
19	20	21	22	23
26	27	28	29	30

Student Lunch Salad Only Adult Lunch Extra Milk Extra Entrée \$3.00 \$5.00 \$5.00 \$1.25

Milk choice of 1% Unflavored White or Fat Free Chocolate Skim Milk is included with lunch. Entrée Salads are served with Dinner Roll. For questions or comments, contact Kimberly Garza at 320-329-8368 x 1027 or email kgarza@rcw.k12.mn.us



Menus and nutrition our app Taher Food4Life®

