

RCW May Breakfast Menu Pre-k -12th Grade

May 2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Pancake on a Stick	Easy Egg Bake Whole Grain Toast
			Cocoa Puffs Graham Crackers	Lucky Charms Graham Crackers
			Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Juice Selection Choice of Milk
5	6	7	8	9
Fluffy Pancakes	Breakfast Sandwich	Chocolate Chocolate Chip Muffin	Cinnamon Roll	Breakfast Banana Split Yogurt Parfait
Trix Graham Crackers	Frosted Mini Wheats Graham Crackers	Cheese Stick Cinnamon Toast Crunch	Cocoa Puffs Graham Crackers	Lucky Charms Fun with D&J Crackers
Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Choice of Milk	Graham Crackers Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Juice Selection Choice of Milk
12	13	14	15	16
Brekkie	Sausage Breakfast Pizza	Banana Chocolate Loaf Cheese Stick	Chocolate Long Johns	
Г гіх Graham Crackers	Frosted Mini Wheats Graham Crackers	Cinnamon Toast Crunch Graham Crackers	Cocoa Puffs Graham Crackers	
Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Choice of Milk	Baby Carrots Fruit Selection Apple Juice Choice of Milk	
19	20	21	22	23
26	27	28	29	30

Student Breakfast Extra Entrée Adult Breakfast Extra Milk FREE \$1.25 \$3.00 \$.50

Milk choice of 1% Unflavored White or Fat Free Chocolate is included with lunch.

For questions or comments, contact Kimberly Garza at 320-329-8368 x 1027 or email kgarza@rcw.k12.mn.us



Your MENUS plus more information on our app Taker Food4Life*



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