

# BREAKFAST MENU

## Frankfort-Schuyler Jr./Sr. High School

Breakfast is Free | Menu is subject to change | For more information, contact [hdussault@oneida-boces.org](mailto:hdussault@oneida-boces.org)

### MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pancake Sausage Stick	2 School Lunch Hero Day! Nature Valley Oatmeal Round
5 Whole Grain Bagel with Cream Cheese	6 Berry Smoothie	7 Snackin' Waffle	8 Assorted Whole Grain Muffins & Yogurt	9 Cinnamon Bun
12 Mini Cinni	13 Breakfast Sandwich	14 Nature Valley Oatmeal Round	15 Breakfast Pizza	16 Whole Grain Pancakes
19 Fruit Frudel	20 Homemade Banana Chocolate Chip Muffin or Muffin Bar & Yogurt	21 Mini Cinni	22 Good Morning Wrap	23 No School
26 Memorial Day – No School	27 No School	28 Berry Smoothie	29 Snackin' Waffle	30 Assorted Whole Grain Muffins & Yogurt



### Available Daily

- Yogurt
- Assorted Whole
- Grain Cereals, Whole Grain
- Cereal Bars, Zee Zee Bars &
- Whole Grain Pop-Tarts
- Fresh Fruit
- Chilled Fruit Juice
- Ice-Cold New
- York State Milk
- Plain or Chocolate

OHM BOCES Food Service is an  
Equal Opportunity Employer.




# LUNCH MENU

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### MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Buffalo Chicken Dip with Tortilla Chips Roasted Cauliflower	2  School Lunch Hero Day! Pizza Party! Cheesy Cheese or Buffalo Chicken Pizza Fresh Green Salad
5 Chicken & Waffles with Maple Syrup Broccoli	6 Taco Tuesday Beef Tacos Lettuce, Tomato & Cheese Cup ★Corn	7 <b>New!</b> Pulled Pork Sandwich with Macaroni & Cheese Honey Lime Slaw	8 Brunch for Lunch! French Toast Sticks Breakfast Sausage Golden Hashbrown	9 <b>New!</b> Pizza Party! Cheesy Cheese or Garlic Pizza Caesar Salad
12 Crispy Chicken Sandwich Broccoli	13 Chicken & Cheese Quesadilla Cilantro Lime Rice ★Corn	14 Italian Dunkers with Dipping Sauce ★Green Beans ★Grape Slushie	15 ★Dino's Own Meatball Sub Green Peas	16 Pizza Party! Cheesy Cheese or Chicken, Bacon & Ranch Pizza Fresh Green Salad
19 Homestyle Chicken Tenders with Sauce Variety Steamy Rice Broccoli	20 Nachos with Queso ★Corn	21 Mozzarella Sticks with Dipping Sauce ★Green Beans	22 Pizza Party! Cheesy Cheese or Buffalo Chicken Pizza <b>New!</b> Caesar Salad	23 No School
26 Memorial Day – No School	27 No School	28 Boneless Chicken Bites Plain or BBQ Broccoli ★Miss Mila's Chocolate Chip Cookie	29 Brunch for Lunch! French Toast Sticks Breakfast Sausage Golden Hashbrown	30 Pizza Party! Cheesy Cheese or Sausage Pizza Fresh Green Salad



**Available Daily**  
Salad Bar – Featuring a variety of self-serve fruit, vegetable & protein options  
Crispy Chicken Sandwich  
Party Plates  
Fresh Subs and Wraps  
Assorted Fresh Fruit  
Vegetable Cruncher Cups  
Variety of Fresh Fruit & Juice  
Ice Cold New York State Milk  
Plain or Chocolate

### Local Items this Month

Milk, Yogurt, Corn, Carrots, Green Beans, Miss Mila's Cookie, Grape Slushie

★ Local items are indicated with a star on the menu

