



Nutrition Services Bellevue School District

Middle School Lunch Menu May 2025

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

Monday

Tuesday

Wednesday

Thursday

Friday

Daily

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)

Pizza: Cheese (v) & Pepperoni (*contains pork*)

Grab n Go: Deli Turkey & Cheese Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)

Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries

(v) indicates Vegetarian Entrée option which may contain egg and/or cheese

05
A. Chicken Alfredo
B. Vegetarian Alfredo (v)
with Penne Pasta &
Garlic Bread

 **LEAN & GREEN 06**
Spicy Breaded Kickin'
Burger (v) with Seasoned
Jo Jos

07
Toasty Bagel Sandwich
A. Turkey Bacon, Egg &
Cheese
B. Egg & Cheese (v)
with Hashbrown Patty

08
Breaded Chicken Leg &
Waffle with Warm Apple
Compote

09
All-Beef Hot Dog topped
with **Scratch-made** Chili,
Cheese & Baked Tater
Tots

12
Swedish Beef Meatballs
with Mashed Potatoes &
Wheat Roll

13
Mandarin Orange
Chicken with Sticky
Brown Rice & Steamed
Broccoli

14
Garlic Cheese Toast (v)
with Marinara Dipping
Sauce

15
BBQ Pulled Pork
Sandwich with Baked
Beans & Coleslaw

16
Local! Scratch-made!
Braised Beef Birria with
Warm Corn Tortillas &
Seasoned Black Beans

19
A. Crispy Chicken Tenders
B. Kickin' Nuggets (v)
with Baked Fries & Wheat
Roll

20
Italian Beef Meatballs
with Penne Pasta &
Garlic Bread

21
Dutch Waffle with
Warm Spiced Apples &
A. Turkey Sausage
B. Cheese Omelet (v)

22
Scratch-made!
A. Butter Chicken
B. Butter Chickpeas (v)
over Rice

23
Chef's Choice

26
Memorial Day
No School

27
Alaskan Pollock Burger
with Baked Fries & Tartar
Sauce

28
Mac 'n' Cheese (v) with
Seasonal **Asparagus** &
Wheat Roll

29
Gluten Free Teriyaki
Chicken with Sticky
Brown Rice & Steamed
Green Beans

30
Nachos!
A. Seasoned Beef & Beans
B. Refried Beans (v)
with Jalapeno Cheese
Sauce (v) & Tortilla Chips



Salad bars will be featuring Washington grown asparagus this month.
Enjoy this spring treat while the season lasts!

This is an equal opportunity provider.
Menus are subject to change.



Middle School Breakfast Menu May 2025

Breakfast offered at ALL Middle Schools!

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

Monday

Strawberry & Cheese Stuffed Mini Bagels (v)

Tuesday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Wednesday

Fruit-topped Yogurt Parfait & Graham Crackers

Thursday

Cheesy Italian Bagel (v)

Friday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Offered Daily: Assorted Cereal (v); Banana Bread (v); Breakfast Burrito with Turkey Sausage, Egg & Cheese; and Cinnamon Roll (v)

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!
Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:
Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.

*There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.*

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>