





Meet Your Nutritious Friend:
Arctic Artichoke

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			¹ Cheese Pizza Bagel Meal FEATURED VEGGIES Steamed Broccoli	² Chicken Cheese Steak Chicken Garden Salad FEATURED VEGGIES Mixed Veggies	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, and strawberry
⁵ Cinco De Mayo All Beef Tacos Turkey & Cheese Wrap FEATURED VEGGIES Corn & Rice	⁶ Crispy Chicken Sandwich Fiesta Taco Salad FEATURED VEGGIES Green Beans	⁷ Sausage, Egg & Cheese Chicken & Cheese BBQ Wrap FEATURED VEGGIES Potato Wedges	⁸ Cheese Pizza Bagel Meal FEATURED VEGGIES Cold Veggie Patch	⁹ Pasta w/ Meat Sauce Chicken Garden Salad FEATURED VEGGIES Sweet Peas	
¹² Bacon Cheese Burger Turkey & Cheese Wrap FEATURED VEGGIES Steamed Peas	¹³ All Beef Nacho Grande Fiesta Taco Salad FEATURED VEGGIES Corn Salad	¹⁴ Buttermilk Pancakes w/ Sausage Chicken & Cheese BBQ Wrap FEATURED VEGGIES Tator Tots	¹⁵ Cheese Pizza Bagel Meal FEATURED VEGGIES Green Beans	¹⁶ NO SCHOOL	
¹⁹ Pizza Crunchers Turkey & Cheese Wrap FEATURED VEGGIES Sweet Carrots	²⁰ Beef & Cheese Quesadilla Fiesta Taco Salad FEATURED VEGGIES Refried Beans	²¹ Hot Turkey Melt w/ Bacon Chicken & Cheese BBQ Wrap FEATURED VEGGIES French Fries	²² Cheese Pizza Bagel Meal FEATURED VEGGIES Cold Veggie Patch	²³ NO SCHOOL	Daily Alternates: Hot Ham & Cheese or PB&J Meal
	²⁷ Walking All Beef Tacos Fiesta Taco Salad FEATURED VEGGIE Corn	²⁸ Egg & Cheese on Bagel Chicken & Cheese BBQ Wrap FEATURED VEGGIES Crinkle Fries	²⁹ Cheese Pizza Bagel Meal FEATURED VEGGIES Side Caesar Salad	³⁰ Cheese Burger Chicken Garden Salad FEATURED VEGGIES Sweet Carrots	
Your Team Richele Boyce, Food Service Director 856-589-0718 ext. 1225 pit@nsfm.com			Meal Prices Student Lunch \$3.20 Reduced Lunch \$0.00 Faculty Lunch \$5.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.