



# **Strong Like a Mother**

## **New Moms Peer Support Group**

Are you a new or expectant mom looking to connect with other moms in your area? We will discuss all things mom, baby and family as we share experiences and support each other.

Parenting can be hard at times.  
Join us for real conversations,  
as we build new connections to navigate this journey.

**FREE Group**

**Time: 10:30-12:00**

Location: Putnam Public Library Room #2  
200 School St Putnam CT 06260

Come alone or bring your baby.  
You are never late!

**Upcoming Dates:**

**Thursday May 1 & 22**

**Thursday June 12 & 26**

**Thursday July 3 & 17**

**Thursday August 7 & 21**

If you have questions or would like to attend the group,  
please email or text

**Erin Drake, PSI trained support group facilitator**  
**860-949-6893      [ErinD@Teegonline.org](mailto:ErinD@Teegonline.org)**

# **TEEG**

