

ASHLEY BRINING

NHRMS CROSS-COUNTRY FRONT RUNNER



As a community we have all heard of one amazingly talented runner named Ashley. Ashley started running cross-country in 6th grade. Ashley had done so well running that she will be going to Nationals in Shelbyville, Indiana on December 14th. Ashley has gone to many competitions, but her favorite was definitely States. Ashley has come so far, but she still has goals because that's something she believes every athlete should have. One of Ashley's personal goals was to improve her running when there's bigger competition. Ashley also stated that she needs to create a better strategy. You can see that Ashley is super dedicated to the sport she does. She trains almost every single day of the week. When she trains a casual distance is around 3-4 miles. Which blows our minds as most people struggle with just one mile! This isn't it for her training though she also runs 5 miles on either Tuesdays, Fridays, or Sundays.



One question that we thought was important to ask was why she even began running? Ashley said that "her brother was encouraging her to try it since he is also a runner, and has been since 6th grade." One thing that Ashley said that we found most impressive was new runners should keep going and not quit just because it starts off hard and they need to keep pushing. She also said that she once was not the best but if you keep working hard you can get better and improve.

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“Stay positive better days are on the way”

Lately in several classes we have been doing circles to come together more as a class and be able to have better behavior skills as a whole. Teachers have noticed a change in class when we do these circles. Some kids agree that they are not fun but I know all of the teachers are seeing results from doing it. Another positive thing that happened this week is we had a special guest. This special guest was Kendrick Moore. We are so grateful that he got to come talk to us about leadership and more. If you do not know who Kendrick Moore is, he is President of Moore Basketball Clinic, LLC. Kendrick wears many hats. Along with being a motivational speaker, he is a Life Coach, program director, and a professional basketball trainer. He has created multiple student-driven programs which focus on Leadership Development. We also had our Noisemakers go off into their classes for the first time and they introduced themselves and talked about what Kendrick Moore said when at the assembly .



ARTS & LEISURE

Coming up in 3 weeks the 5th - 8th grade will have their annual winter concert. We can't wait to hear all the songs they perform! Our singers in the chorus are going to head out caroling soon. They have been practicing Winter Wonderland, and other classics. In Ms. Ventres' art class, students in 8th grade are working on making nature inspired gnome houses out of clay. In 6th grade they're working on their drawing skills using the grid method. They will be drawing characters from any show or movie of their choice. Once they finish this they will use color theory and paint what they drew. Moving down to 4th and 5th grade they're wrapping up the fire prevention competition. We're super excited to see the winners!



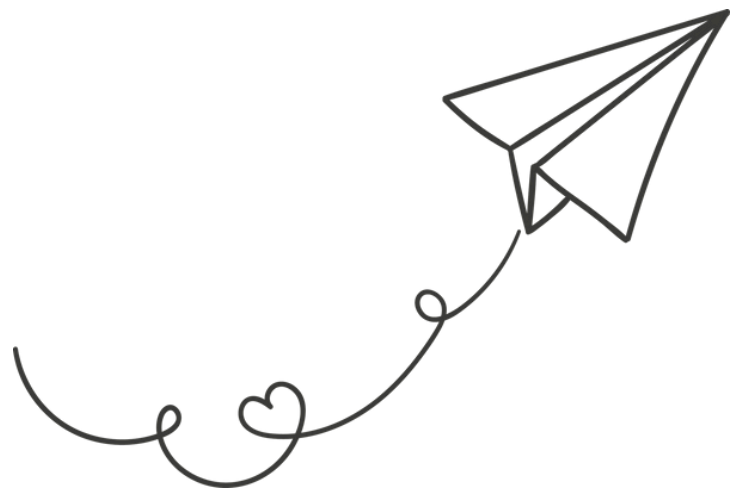
GRADE BY GRADE UPDATES

4TH GRADE

In 4th grade we've got some big things going on. Not only are they DOMINATING in the Walk-Thon fundraising, having over \$4550.41, they are also being rewarded with extra recess every Friday because of how hardworking they all are! This week in math they are learning about fractions. Instead of just learning about them they're adding and subtracting. In Language Arts they're working hard to finish up their first book club. This round of book club their reading Wonder which is a super good book, and it seems that they're enjoying it. Along with reading in book clubs they also spend some time on Fridays flashlight reading. Flashlight reading is just how it sounds, you turn off all of the lights and find a corner to read with just you and your flashlight. I love that they're still doing it because 3 years ago we did it in our 4th grade classes, too! Moving on to Social Studies, they're picking a state from the Northeast region to research and make a project about. This unit there is no science because they switch between science and social studies. Throughout the week when students show kindness, or an extraordinary amount of effort they are awarded tickets. At the end of each week before extra recess they pick 6 raffle tickets in total 5 of them being little prizes and 1 big prizes. Good work 4th grade, keep it up!

5TH GRADE

Let's talk about one of the most amazing grades: 5th grade! It's not just because of the amazing teachers they have (which are some of the best.) It's also about all the amazing things they're doing like in Ms. Gerrish's class. In Mrs. Gerrish's class they are flying paper airplanes to learn about prepositions. Which is pretty cool considering the fact that this was just brought up in 7th grade Ms. McNamara's class. In Mr. Hopkins' class they are learning about hornworms. By far the most fun thing 5th grade is up to has to be trivia in math class. Also at the Walk-A-Thon their yellow was really shining though. 5th grade won 4th place and raised 1,516.50 dollars for Walk-A-Thon. Way to go 5th grade!



GRADE BY GRADE UPDATES

6TH GRADE

Way to go sixth grade! You succeeded in improving your behavior and earning your flex back, now let's try to do even better and get Fun Friday back! This week 6th graders have been learning how to use microscopes in Science and learning about West Africa in Social Studies! In L.A. they've begun their one pagers after finishing their books in Mrs. Michaud's. In math, they are learning about the word "per" and calculating "meters per second." Going right into the Walk-a-Thon, 6th graders raised \$1,865! Well done! The theme for 6th grade this year was "blue out." I think we can all agree that they accomplished that. Thank you to all the sixth graders who joined the student council! Also as you may not have heard, sixth graders are doing a play in chorus along with singing a song with the 4th and 5th graders! They've also been practicing 3 different songs in the band and are almost ready for the concert in December! Great job sixth grade!

7TH GRADE

This week in 7th grade students turned in their donations for the Walk-A-Thon. Thank you to all that donated! Some 7th and 8th grade students will be going to Quebec in May. So great work to all who turned in their permission slips in for Quebec. We had the Walk-A-Thon on Wednesday, November 20, 2024. All 7th graders did a great job raising \$1687.50 for the Walk-A-Thon. That's crazy. Also shout out to the 7th grade with their awesome cow costumes and their white! Congratulations to Ashley Brining for winning 2nd place in the Junior Olympics Cross-Country tournament in New York! Great job 7th grade with the amazing costumes. The 7th grade teachers are so proud of the 7th grade for moooooooooving throughout the Walk-A-Thon.



GRADE BY GRADE UPDATES

8TH GRADE

In 8th grade they are learning a ton. In 8th grade math 1 they are learning about slopes and lines. In math 2 they are learning about solving problems with proportional relationships. In both classes they are doing a lot as a group, when they are working on problems they compare how they solved the problems. Eighth grade science is working with velocity, and graphic velocity by making Padlit videos. In Language Arts they are doing book clubs but what is special about this book club is that students get to pick what book they want to read. When they are done with their books they are going to figure out the deeper meaning of their book. And lastly in Social Studies the 8th grade is researching the American Revolutionary. The 8th graders can't wait for Mr. Batchelder to come back. In Social Studies every person in the class has a role to play. In December there is going to be a suspenseful story writing contest. So 8th grade is doing great.



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Ashley is continuously motivated to keep running because she has a passion inside of her and wants to be good. She also is a curious person and really wants to see how far she can go with her running. Ashley has won around 10 races and placed 2nd in 2. That is an incredible ratio! We asked Ashley how she dealt with the few losses she came across. She stated that winning isn't all that important (even though she loves it) to her and it is a learning experience and that's what she loves. Going back to Ashley's brother, he is one runner she looks up to because he has much more experience than her, as he has been running all the way from the 6th grade to sophomore in high school. As we know Ashley has almost won everything and she does this by stretching and drinking a lot of water to help her actual body, but this isn't the only thing she does. Ashley also studies the course before the race starts so she doesn't take a wrong turn (which she has done once and seen others.) At the end of our interview we actually told her to add anything else that she wants and she replied with make sure you set goals because it makes you stronger. Ashley is an incredible runner and we really want to thank her for participating and also wish her well in the future. Good luck Ashley with your next race in Indiana!

WHAT'S HAPPENING AT HALE-RAY?

Two huge things have happened at Hale-Ray this week: we have had Kendrick Moore come to our school to talk to us about how to be a leader and a role model. We had our first Take Over Day after the assembly. It was great to see the new Noisemakers at work. We have heard that everyone enjoyed the games and the students had tons of fun. This week we had the Walk-A-Thon on Wednesday. The 4th grade raised the most money with a whopping \$4,350.41, 7th grade came in 2nd with \$1,687.50, then 6th came in 3rd with \$1,685. Next in 4th place was 5th grade, with a total of \$1,516.50 raised, and in last place was 8th grade with \$980.80 which is still a really good amount of money. 8th did start out with only 20 dollars, so they made a huge improvement. So in total our school raised \$10,419.29. This money is going to be used for school field trips, big events, and anything that is needed for big events. This year the Walk-A-Thon had a lot more to do like bean bag toss, chalk drawing, cones hoops and ladder, candy, a photo booth, and lastly make gratefulness signs. Stay tuned to this newspaper for upcoming information on what is happening in Hale-Ray.



STUDENT COUNCIL

In the Student Council over the past week there have been some major changes. Before we get into the events, changes, and more let's start by announcing our officers. We have Ms. Mac and Ms. Sullivan as our advisors. Our president Neilly Erlandson is accompanied by Paige DeLisa as the secretary/treasurer and Avary Clark and Emmett Soderberg as the Co Vice Presidents. Our president Neilly Erlandson is the Middle School Liaison of the state of Connecticut.

She has brought Robert's Rules into our organization. For those of you who don't know Robert's Rules, is an order in which to do things. For example, you need to keep minutes of every meeting and with every big decision comes a vote. We also need votes to adjourn our meetings and pass minutes every meeting. This is one of our most recent votes "Avary Clark made a motion to approve minutes from last week. Emmett Soderberg seconds this motion. By a vote of 29-0-0 this vote passes." This motion was made to approve the minutes.

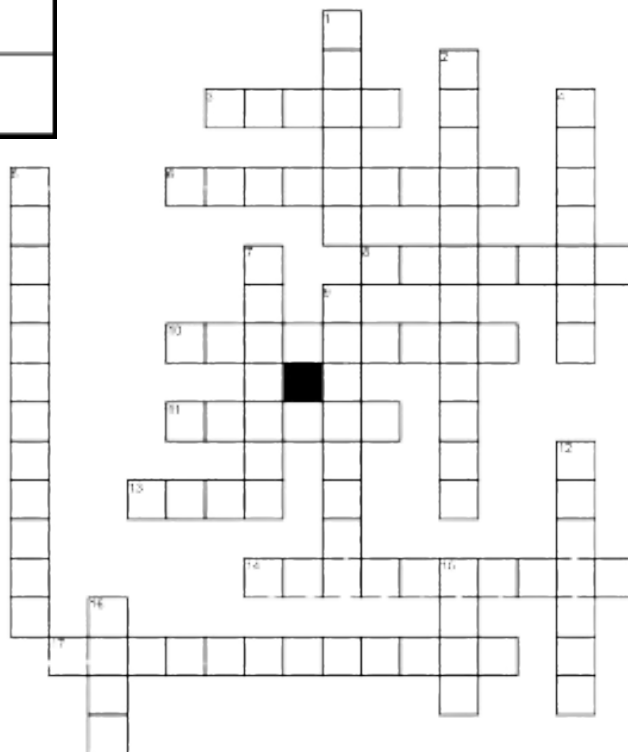
If we go back a little less than 2 weeks ago, Neilly and Paige went into Ms. Braza's classroom (6th grade Social Studies) with a presentation hoping to get some new members as we were lacking participation. We found out the next week that our hopes had come true. This made a huge difference to our meeting as the meeting before this we only had 7 people show up including our 2 advisors. So technically only 5 students. This week we had 29 people show up to our meeting. That's amazing!

Let's dive into all of our events. We can start by rewinding backward into old business. For old business we have the dance. The 6th through 8th grade Fall Ball was last Friday, November 15th. When setting up we had around 11 students come and help. We put up lights, set up games, music, and more. The dance was overall a really good time and I think most people enjoyed it. Moving on to new business, this week we began to make posters and prepare for our annual hot cocoa give away. Every year the day before Thanksgiving break the Student Council gives out hot cocoa to 4th-8th grade students as a way of showing our gratitude towards them. This event will be taking place Tuesday, November 26 which is convenient as we have a meeting Monday, November 25 where we will prepare. Next up we will share some events that we have planned. First off we have Pj day on December 13. This is an event where you pay 1\$ or more to wear your pajamas and it goes directly towards kids at Connecticut Children's Center who are battling cancer and have to be in pajamas as they are undergoing treatments. After this we are planning on having a kindness week going from December 16th through the 21st. We hope to plan two pep rallies for the upcoming year. With all of this going on our new members will be quite a help and we look forward to continuing making our school a better environment.

**ANSWERS
WILL BE IN
NEXT WEEK'S
PAPER**

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7			4				8	9
8		5					2	4
2					4	8		
	3				1	2	6	
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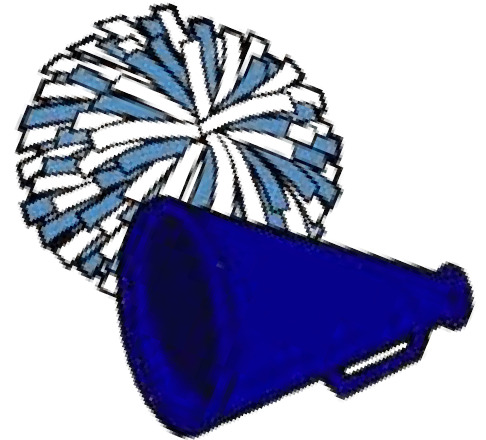
Taking a walk is so
much fun. we don't
worry; we don't run.
we watch for birds;
we watch for bees.
we look for all the
falling leaves.



15. Grows on tall stalks
16. Another name for Autumn

SPORTS

There is much more happening with sports than just Ashley's amazing running. With cross-country, volleyball, girls soccer, and boys soccer coming to an end we have many more sports just starting. The new upcoming sports are cheerleading, girls' and boys' basketball. This year the coaches for cheerleading are Ms. Ciara Sikorski and Mrs. Corbett. For girls basketball, we have Ms. Twig and Mrs. Thody. For boys basketball we have Ms. Rock and Mr. Pernal. Those are some amazing coaches. This opportunity is open to any 6th, 7th, and 8th graders. If you are interested in any of these sports the signup sheets are located right out of the cafeteria. For the past season with cross-country, the girls' team went winning every meet they went to for the 3rd year in a row. Way to go! Look in the upcoming newspapers for game results for the basketball and cheerleading season!



COMICS

Emily Chaplinsky
Grade 7



ABOUT THE AUTHORS

We are 7th grade students. Our names are Neilly Erlandson, Emma Brisson, Paige DeLisa, Peyton Tremblay, Lillian Bristol, and Ruby Parady. We are bringing back the school newspaper for our Enrichment class led by our teacher of the year Mrs. Lauren Masterson.

I am Paige DeLisa and I am in 7th grade. I play on the travel softball team Bearcats along with a couple of my friends. I love playing shortstop! I also play for the school team. I love being on the student council. I am the secretary/treasurer and I'm excited to see where we go with this year's as we have a really good group of students. Some of my hobbies include boating, traveling, skiing, Leos, babysitting, and hanging out with my family. In my family that lives with me I have 2 older brothers Benjamin (17) and Chris (16). My mom and dad also live with us along with my dog Luci.

I am Neilly Erlandson and in the 7th grade. I play about 7 sports. I have played on a travel softball team for 2 years called the Bearcats, but have played softball for 8 years. I really love the sport of softball and am happy to continue. My favorite position to play is catcher. I am also currently doing Irish Step dancing, and have danced for 11 years. I play volleyball, I cheerlead, golf, ski, waterski, and hunt. I am currently out for an injury of my ankle, but will be back soon. I am also President of the student council and am the Middle School Liaison for the State of Connecticut. The goal I am trying to accomplish is to be a successful student athlete and eventually attend Harvard University. I have 21 animals, 6 oxen, 3 cats, 12 chickens, and a dog. I have two sisters and one brother: Lexi, Bridey, and Wyatt.

I am Emma Brisson. I am a 7th grade student. My favorite sport to play has to be softball. I play pitcher and outfield. I have been playing this amazing game for 6 years. I love animals! My favorite is bears. This love for the animals gave me the nickname Panda. Back to animals, I have an animal, I do have a dog of my own named Rocky. Rocky is a mix of a beagle and Australian cattle dog. I have one other sibling who is Lincoln. One thing I like to do in my free time is practice for softball and play with my dog.

ABOUT THE AUTHORS

I am Ruby Parady I am a 7th grade student. My favorite sports are softball and I love to ski. I ski in Vermont with my friends and family. I play shortstop on my travel team called the Bearcats. I have been playing ever since I could. I also am a part of the student council and leos. I also love to go camping with my friends and family in the summer. I have 3 pets at home: my English cream golden retriever and I have two orange tabby cats that are named Mickey and Duke. I am a HUGE Swifty and I love going to Disney every year. I have been ten times and I am going back for April vacation next year. This is something that I look forward to this year. I have two brothers Reese and Reign and they are twins! They are both in third grade. My favorite color is pink and my favorite subject is Language Arts.

I am Peyton Tremblay. I play soccer, softball, and cheer, and I enjoy each one for different reasons. Soccer is all about strategy and working with teammates to move the ball and score. Softball keeps me focused, whether I'm hitting or playing defense. Cheerleading gives me a chance to stay active and support my school. I like the challenge and energy that come with each of these sports. My favorite subject is math or enrichment. When I'm not playing, I spend time with my sister, Quinn, who's in 4th grade. I also have 3 pets. My dog Murphy is a Boston terrier and is 10 years old. I have 2 cats, one cat named Myles who is 3 years old and my other cat named Mason is 5 years old.

I am Lillian Bristol. I am a 7th grade student. My favorite sport is soccer. I play forward (wings, mid, striker). I've played soccer most of my life and I love to be part of a team. I also love to play piano and sing. I write my own songs and perform in front of people whenever I get the chance to. My favorite color is blue and my favorite subject in school is ELA. I love going to the beach with my family along with my friends. I go to a beach house every summer with my family and my dogs. I have two dogs named Lucy and Poppy. Lucy is a hound/mutt mix and Poppy is a schnauzer mutt mix. I have two other siblings Ruby and James. Something I look forward to every year is going to New York to my family's lake house. I don't get to see them a lot so I really enjoy having a vacation to spend time with them.

That's it for our first ever issue of the Noisy News! We hope you all enjoyed it and we are excited to publish more in the future.

