- Cheerleaders will attend a 3 day tryout after school until 5:30. Girls will be released after the first bus load to come to the gym. First 2 days of tryouts they will learn and practice a dance, cheer, jumps, tumbling and stunting. On the 3rd and final day cheerleaders will perform all the material they have learned.
- Everyday athletes will need to wear a Sports Bra, Tennis Shoes, Hair pulled up in a ponytail or pulled out of their face (braided)
- NO Jewelry (Stud earrings are okay), Preferably no nail polish.

## What to wear for Try outs:

After school until 5:30

Day 1 : Red OutDay 2 : Neon Day

## WHAT TO WEAR FINAL DAY OF TRYOUTS:

 Black Shorts, Plain Black T-shirt, Tennis Shoes, Hair pulled up in a ponytail or pulled out of face (braided), NO Jewelry (Stud earrings are okay), Preferably no nail polish or fake nails

## **Physicals**

 If you have any questions about physical or dragonfly please contact our Athletic Trainer Kacelyn Cadena. <u>kcadena@oconeeschools.org</u>

## SCAN THE CODE

Please use your camera to scan this code. Fill out the form in order to try out.

