

USD 232

Athletic Physical Day

Saturday, May 3, 2025

Before students may participate in any KSHSAA-sponsored activity (including try-outs and practices), students must have a physical completed by a licensed physician.

We are pleased to provide the opportunity to complete this requirement on May 3, 2025 at De Soto High School.

All physicals for the 2025-26 school year MUST be dated after May 1, 2025.

Who: Students entering grades 7–12 at DHS, MVHS, MCMS, LTMS and MTMS in the Fall of 2025. Parents must either accompany their student in order to sign the paperwork or send the **signed** KSHSAA Pre-Participation Physical Form with their students. Form available by clicking [here](#).

What: The physical will be good for 2025-2026 school year activities. Doctors from the University of Kansas Health System will complete physicals in private rooms; nurses will take blood pressure; and coaches will measure height and weight. **(All physicals MUST be dated after May 1, 2025)**

Physical forms MUST be completed for the following activities:

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|-----------------|------------|-------------|-------------------|
| • Baseball | • Cheer | • Soccer | • Track & Field |
| • Basketball | • Dance | • Softball | • Unified Bowling |
| • Bowling | • Football | • Swim/Dive | • Volleyball |
| • Cross Country | • Golf | • Tennis | • Wrestling |

When: 8:00am - 10:30am on Saturday, May 3rd
(Patients arriving by 10:30am will be seen.)

Where: De Soto High School

Cost: \$20 (For each physical \$10 will be donated back to the schools).

Cash/Check/Venmo are accepted payment methods.

Please make checks payable to De Soto High School.

Venmo available on site to complete at check-in

Benefits:

- Convenience, no appointment necessary
- Physical forms are completed by licensed physicians
- Partial cost of physical is returned to the school



Presented by:

**THE UNIVERSITY OF
KANSAS HEALTH SYSTEM**