



If you or someone in your party has a food allergy, please contact a foodservice manager, chef, or dietitian on site.

Five food components are offered at lunch daily: **Meat/Meat Alternate, Grain, Fruit, Vegetable, and Milk.** To make a meal, students must select foods from at least 3 components in the required serving sizes. At least one item must be ½ c fruit or ½ c vegetable.

Milk choices include 1% white milk or fat-free flavored milk



All students are eligible for universal free lunch in the Scranton School District

May 2025
ECA LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<p>Now Hiring!! Food Service is Hiring! Work While Kids are in School Apply online @ https://careers.aramark.com/job?req_id=516356</p>	<p>Walking Taco Tuesday!</p>	<p>NATIONAL Taco DAY</p>	<p>French Toast Sticks w/ Chicken Sausage Patty Cheese Pizza Pepperoni Pizza Emoji Fries Fresh Celery Sticks Fresh Spinach Salad Pineapple Chunks Fresh Banana 1</p>	<p>School Lunch Hero Day! Grilled Cheese Cheese or Pepperoni Pizza Campfire Beans Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 2 Carnival Cookie</p>	<p>Available Daily Cheese, PB&J and/or Sunbutter & Jelly Sandwiches</p> <p>Weekly Grab & Go 5/1 – 5/2 -MYO Pizza Bagel -Popcorn Chicken Salad w/ Croutons & Dinner Roll</p>
<p>Mini Chicken Corn Dogs Cheese Pizza Buffalo Chicken Pizza Vegetarian Baked Beans Fresh Celery Sticks Fresh Garden Salad Mixed Fruit 100% Apple Juice 5</p>	<p>Nacho Cheese Walking Taco Cheese Pizza Buffalo Chicken Pizza Steamed Corn Fresh Green Pepper Strips Fresh Spinach Salad Fresh Orange Diced Peaches 6</p>	<p>Popcorn Chicken w/ Biscuit Cheese Pizza Buffalo Chicken Pizza Mashed Potatoes (w/ or w/out Gravy) Fresh Tomato Wedges Fresh Garden Salad Fresh Apple Slices Diced Pears 7</p>	<p>Macaroni & Cheese w/ Goldfish Cheese Pizza Buffalo Chicken Pizza Steamed Carrots Fresh Cucumber Slices Fresh Spinach Salad Fresh Banana Pineapple Chunks 8</p>	<p>Hot Dog Cheese Pizza Buffalo Chicken Pizza Steamed Green Beans Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 9</p>	<p>5/5 – 5/9 -Peach & Yogurt Parfait w/ Cheese Stick, Heartzels, & Cheez-It -Egg Chef Salad w/ Croutons & Dinner Roll</p>
<p>Corn Dog Cheese Pizza Sausage Pizza Vegetarian Baked Beans Fresh Tomato Wedges Fresh Garden Salad Mixed Fruit 100% Apple Juice 12</p>	<p>Chicken Nachos Cheese Pizza Sausage Pizza Steamed Corn Fresh Cucumber Slices Fresh Spinach Salad Fresh Orange Diced Peaches 13</p>	<p>Dutch Waffle w/ Cheesy Scrambled Eggs Cheese Pizza or Sausage Pizza Tater Tots Celery Sticks Fresh Garden Salad Fresh Apple Slices Diced Pears 14</p>	<p>Chicken Tenders w/ Texas Toast Cheese Pizza Sausage Pizza Steamed Green Beans Fresh Broccoli Fresh Spinach Salad Fresh Banana Pineapple Chunks 15</p>	<p>BBQ Pork Riblet Sandwich Cheese Pizza Sausage Pizza Steamed Broccoli Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 16</p>	<p>5/12 – 5/16 -Ham & Cheese Sandwich -Italian Salad w/ Croutons & Dinner Roll</p>
<p>Popcorn Chicken w/ Heartzels Cheese Pizza Pepperoni Pizza Campfire Beans Fresh Baby Carrots Fresh Garden Salad Mixed Fruit & 100% Apple Juice 19</p>	<p>No School for Students Professional Development Day 20</p>	<p>Rotini Pasta w/ Meat Sauce Cheese Pizza Pepperoni Pizza Steamed Broccoli Fresh Celery Sticks Fresh Apple Slices Diced Pears 21</p>	<p>Eggoji Waffles w/ Turkey Sausage Links Cheese Pizza Pepperoni Pizza Waffle Fries Fresh Green Pepper Strips Fresh Spinach Salad Fresh Banana Pineapple Chunks 22</p>	<p>Memorial Day Weekend No School 23</p>	<p>5/19 – 5/23 -Strawberry & Yogurt Parfait w/ Cheese Stick, Heartzels, & Cheez-It -Breaded Chicken Caesar Salad w/ Croutons & Dinner Roll</p>
<p>Memorial Day Weekend No School 26</p>	<p>BBQ Chicken Tender Sub Melt Cheese Pizza Fully Loaded Pizza Crinkle Cut French Fries Fresh Broccoli Fresh Spinach Salad Fresh Orange Diced Peaches 27</p>	<p>National Hamburger Day! Bacon Cheeseburger Cheese Pizza Fully Loaded Pizza Steamed Corn Fresh Cucumber Slices Fresh Apple Slices Diced Pears 28</p>	<p>Fish Sticks w/ Heartzels Cheese Pizza Fully Loaded Pizza Vegetarian Baked Beans Fresh Celery Sticks Fresh Spinach Salad Fresh Banana Pineapple Chunks 29</p>	<p>Italian Meatball Sub Cheese or Fully Loaded Pizza Steamed Broccoli Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 30</p>	<p>5/26 – 5/30 -Turkey & Cheese Sandwich -All-American Cobb Salad w/ Croutons & Dinner Roll</p>