

Living healthier just got a little less expensive

Get paid to work out. Go to the gym at least 12 times each month and you can save up to \$20 on your monthly gym membership.

How it works

1. Find a gym near you. Participating gyms* include:
 - Anytime Fitness
 - LA Fitness
 - Life Time Fitness
 - Snap Fitness
 - And more!
2. Sign up. Show your member ID card at the front desk.
3. Work out at least 12 times each month.
4. Get paid – your gym membership account will be reimbursed six to eight weeks after your monthly workouts.

We're here for you

Visit healthpartners.com/frequentfitness or call Member Services at **952-883-5000** or **800-883-2177** to find a gym near you.

Frequent Fitness Program will term effective December 31st, 2025

All members continue to have access to Active&Fit Direct, which offers access to thousands of fitness centers nationwide for a monthly fee. Active&Fit Direct is the market leading gym access program and accessible through your member portal under Programs and Perks - Healthy Discounts. Please call member services at 952-883-5000 should you have questions.

*Not all club locations apply. Some national clubs are owned by individual franchise owners and may not participate in the program. Frequent Fitness is limited to members, age 18 years or older, of certain HealthPartners medical plans and members of participating employer groups. Some restrictions apply. Termination of club membership may result in forfeiture of any unpaid incentive. See participating club locations for program details. Workout requirements and program eligibility may vary by employer. Please check with your employer or call Member Services to verify eligibility and visits requirements. Program payments will not exceed club dues.