



Join us in a book study and discussion group to learn about five transformative steps to guide children in their social-emotional growth.

Space is limited to 15 participants. Register by May 5, 2025. You will be notified by May 9 if you are in the book study or on a wait list.

Register here

https://forms.gle/mHnTZQf_dwUFFTYRN6



Why this book?

Dr. Becky Bailey, author and renowned expert in education and developmental psychology, provides evidence-based, trauma-informed strategies for responding to children's needs. In *Managing Emotional Mayhem*, participants will learn that effective handling of emotional upset in children is an intentional shift in adults' understanding of behavior. The way adults handle emotional upset when children are throwing fits, backtalking, name-calling, being defiant and withdrawing will either foster or inhibit their ability to develop self-regulation.

What are the details?

- Read the book! Each participant will receive a copy.
- Come together on two summer dates for discussion.
June 18, 2025, 3:00 - 5:00 pm
July 23, 2025, 3:00 - 5:00 pm
- Discussion groups will meet in the SEC room at the BOE.
- *Optional:* One graduate credit hour will be available from MidAmerica Nazarene University for \$75.
**Must attend discussion sessions*