

ENGAGE

DESCRIPTION: BUILD TRUST THROUGH
ENHANCED PARTICIPATION WITH INCREASED
VISIBILITY AND ACCESSIBILITY

LCAT wants to celebrate you! We want to recognize individuals and groups that exhibit Lodi Pride while caring for area youth in Lodi. Any community member can nominate a student, school staff, school and community clubs, community members, agencies, businesses, organizations, and non-profits for exhibiting Lodi Pride while caring the the youth in Lodi. Nominees do not need to be members of the LCAT coalition. To nominate someone, complete the Lodi Pride Award Nomination form found on our Facebook page: <https://www.facebook.com/Lodiaction>.

All nominations are due by February 1, 2025.

Winners will be contacted shortly after the deadline.

We will celebrate the winners at our LCAT meeting on Wednesday, March 19, 2025, from 9 am to 10 am at the District Office in the Board Room.



SAVE THE DATE

LCAT Meetings are held every other month on the 3rd Wednesdays, 9:00-10:00 am at the School District of Lodi Board Room

January 15

March 19

May 21

June 18

EMPOWER

DESCRIPTION: FOSTER A SENSE OF BELONGING
AND PROVIDE COMPREHENSIVE EVIDENCE BASED
PREVENTION THROUGH COLLABORATION

Alliance for Wisconsin Youth (AWY)

Alliance for Wisconsin Youth (AWY) is a program of the Wisconsin Department of Health Services/Bureau of Prevention, Treatment, and Recovery. It was formed in 2007 to support local coalitions to build their capacity and reduce substance misuse. Regional Prevention Centers are contracted to support coalitions within those regions with networking, training, resources, and small grant opportunities. LCAT has been a long-standing member of the Southern Wisconsin AWY region. In November, Program Coordinator Sara McChesney attended the regional meeting with 16 other youth-focused coalitions. In the past, LCAT was awarded funding to sponsor community drug take-back days, permanent drug drop-off boxes, and medication lock boxes.



LCAT PROGRAM COORDINATOR SARA MCCHESENEY WITH THE SOUTHERN
AWY COORDINATORS

Start the New Year Vape and Tobacco Free!

According to the 2023 Youth Risk Behavioral Survey, **15%** of Lodi High School Students currently vape, and **10%** of students report using other tobacco products.

A whopping **47%** of students have tried to quit using tobacco products!

Let's celebrate the 85% of students who chose not to use tobacco products AND support those who want to quit! The Wisconsin Department of Health Services Tobacco Prevention and Control Program funds several youth cessation programs!



Phone

Wisconsin Tobacco Quit Line

- Phone program
- Ages 13+
- Price: FREE
- Unlimited assistance
- Trained quit coaches help create a personalized quit plan
- To access: Call **800-QUIT-NOW**



Text

Live Vape Free

- Texting program
- Ages 13-17
- Price: FREE
- Unlimited personalized assistance
- Multimedia experience: videos, quizzes, podcasts, activities
- Option to text live with a quit coach
- To access: Text **VAPEFREE** to **873373**



Web-Based N-O-T for Me

- Web-based program
- Ages 13+
- Price: FREE
- 8 self-paced sessions (mobile-friendly)
- Based on N-O-T in-person curriculum
- Great for youth who lack access to the N-O-T program or prefer a virtual option
- To access: Visit **NOTforMe.org**

**DID YOU
KNOW?**



**MOST PEOPLE BELIEVE THAT
VAPING DEVICES PRODUCE
WATER VAPOR
WHEN IN FACT THEY CREATE
HARMFUL CHEMICALS AND
PARTICLES**

INTERESTING FACT

SmokefreeTXT for Teens

- National Texting program
- Ages 13-17
- Price: Free
- Program lasts for 6-8 weeks
- To access: text **QUIT** to **47848**.



Friendly reminder that you are not alone!

988 is confidential, free, and available 24/7/365, connecting those experiencing a mental health, substance use, or suicidal crisis with trained crisis counselors. 988 dialing code is available for call, text, and chat

988 SUICIDE & CRISIS
LIFELINE

LCAT

UPCOMING

MEETINGS, TRAININGS, & EVENTS



FEB
1

Saturday, February 1st

Lodi Pride Award Nominations are due!

The Lodi Community Action Team (LCAT) recognizes those groups and individuals who exhibit Lodi Pride while caring for the youth in Lodi. **The nomination form can be found on our Facebook page: <https://www.facebook.com/Lodiaction>.**

FEB
18

Tuesday, February 18th 3:30pm-7:00pm at Reach Out Lodi: 601 Clark Street, Lodi

FREE!!! Youth Mental Health First Aid (YMHFA) Training-First Session

Youth Mental Health First Aid is designed to teach adult parents, family members, caregivers, teachers, school staff, peers, and neighbors how to help an adolescent (age 12-18) who is experiencing a mental health or addiction challenge or is in crisis.

This is the first session of two. You must attend both sessions to receive a certificate. To register please contact Adria Schroeder schroad@lodischoolswi.org or Sara McChesney mcchesa@lodischoolswi.org. There is no cost for the training!



FEB
19

Wednesday, February 19th 3:30pm-7:00pm at Reach Out Lodi: 601 Clark Street, Lodi

Youth Mental Health First Aid Training-Final session

Join us for the second and final session of Youth Mental Health First Aid.

MAR
19

Wednesday, March 19th 09:00 am-10:00 am at School District Office Board Room

Lodi Pride Award Event!

Join us in celebrating individuals, organizations, and community partners that show Lodi Pride by empowering area youth! All nominations will be read and light refreshments will be served.

