

# Welcome to Your Employee Assistance Program

Buckeye ESD  
Effective 7/1/2025

The Employee Assistance Program (EAP) is a confidential no-cost resource designed to help you and your family manage personal and work-related challenges. Your EAP is here to support your mental, emotional, and physical well-being.

## How Can the EAP Help You?

EAP services are available for a wide range of issues, including:

- **Mental Health Support:** Stress, anxiety, depression, substance use
- **Relationship Counseling:** Marriage, family, and other interpersonal relationships
- **Financial and Legal Guidance:** Financial planning, budgeting, and legal resources
- **Crisis Intervention:** Crisis counselors to support immediate needs 24/7

## What to Expect?

Your EAP is:

- **Confidential:** all services are strictly confidential and your information is protected
- **Free Services:** There is no cost to you or your family for using the EAP
- **Expert Support:** Our professional providers are here to provide guidance and solutions

Available to you, spouse/partner and eligible dependents under the age of 26

# Get the Support You Need

**Counseling Services:** 3 in-person or teletherapy sessions with a licensed therapist. Sessions are per issue, per family, per provider, per plan year.

**Legal Services:** Consultations with attorneys, legal resources including free simple will (if criteria met), document review, simple resolution letters/calls on your behalf, family law.

**Financial Services:** Consultations with financial advisors and counselors, consolidating debt, identity theft prevention and recovery, financial planning, retirement planning.

**Online work/life and Wellness:** Unlimited access to online support for work/life and wellness resources on child care, elder care, adoption assistance, healthy weight, eating healthy, personal health assessments, wellness lessons and tips.

## How to Access EAP Confidential Support?

Crisis  
Counselors  
24/7



800-324-4327



info@ieap.com



Username: BuckeyeESD

Password: C54

