



# ASIST



## Applied Suicide Intervention Skills Training (ASIST)

is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. ASIST helps participants become more willing, ready, and able to intervene with someone who has thoughts of suicide. ASIST is also proven to reduce suicidality for those with thoughts of suicide.

Learn more at: <https://www.ckmhc.org/education/>

**Dates: June 16 - 17 2025**

**Times: 8:00 am - 4:00 pm**

**Where: Hageman MPR,  
409 W. Cloud St.**

**Who: Any certified staff  
serving a Salina  
Public School**

***Take advantage  
of this opportunity!***

ASIST is facilitated by Ericka Lysell,  
USD 305 Behavioral Health School  
Liaison, and Angela O'Brien, Central  
Kansas Mental Health Center Clinician

***Register  
here!***



[https://forms.  
gle/LDDSBtKs  
VGDUbotf7](https://forms.gle/LDDSBtKsVGDUbotf7)

***Space is limited to  
15 participants.  
Register by May 5, 2025.***

*Registrants will be notified  
by May 9 if they are a course  
member or on a wait list.*

***Each  
participant will be  
provided a \$100  
stipend to participate  
in this training!***

***Must attend both  
days to receive  
the stipend***

***Optional:  
One graduate  
credit hour (\$75)  
is available through  
MidAmerica  
Nazarene University  
and/or 14 CEUs***

Questions? Contact the Office of Professional Learning at  
785-309-4748 or [Deanna.Cullins@usd305.com](mailto:Deanna.Cullins@usd305.com)

This event is presented by Salina Public Schools.  
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