Supland Unified School District

Breakfast daily

Whole Grain Breakfast
Bread Variety
Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

Breakfast specials

Monday WHEAT SOY EGGS SESAME

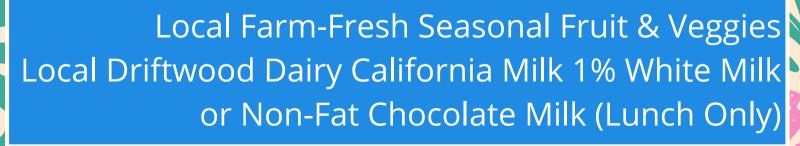
Cinnamon Glazed French Toast Sticks

Wednesday WHEAT MILK EGG

Chicken Sausage and Cheese Waffle

Friday WHEAT SOY MILK EGGS

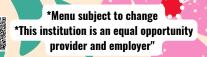
Jimmy Dean Pancake and Turkey
Sausage Stick













Farm Fresh Salad Bar is Offered Daily Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch







*Menu subject to change *This institution is an qual opportunity provider and employer"

MONDAY TUESDAY

WEDNESDAY

THURSDAY

served on a brioche bun

sandwich salad bar

Grilled Chicken

Sandwich

curly fries

FRIDAY

French Bread Pizza

turkey pepperoni

seasonal salad bar



FISH



SESAME





7

14-





SHELLFISH





1















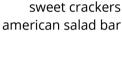




Bean & Cheese

EGGS





Chicken Strips







9







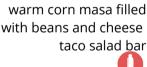




SOY WHEAT

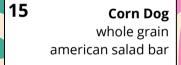


13





BYO Sandwich whole grain torta roll, colby jack cheese & turkey ham sandwich salad bar MILK SOY WHEAT







MILK

Calzone

MILK

Pasta whole grain penne pasta with turkey meat sauce seasonal salad bar

16 Turkey Meat Sauce



19 **Hot Dog** whole grain hot dog bun crunchy buffalo chickpeas american salad bar

20 Teriyaki Chicken **Drumstick** Chicken and veggie egg

asian salad bar

21

MILK

Walking Taco reduced fat doritos. ground turkey, & shredded cheese taco salad bar

22 **Chicken & Cheese Tamale**

wrapped in whole grain corn masa fiesta salad bar



23





Mac & Cheese

seasonal salad bar

texas toast

















27 **Green Chicken Enchiladas** fiesta salad bar



EGGS SOY WHEAT

28 **Popcorn Chicken** whole grain animal american salad bar







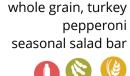
crackers



MILK

29





MILK SOY WHEAT

30 **Chicken Tacos** shredded chicken tinga, whole grain flour tortillas taco salad bar



