



2025 Red Oak High School Powerlifting Schedule

Girls Powerlifting:

1/16 at Cleburne High School

1/30 at Burleson High School

2/13 at Joshua High School

Regional Meet: March 1 at Mount Pleasant High School

State Meet: March 12-15 at Edinburg High School

Boys Powerlifting:

1/23 at Cleburne High School

2/6 at Burleson High School

2/20 at Centennial High School

Regional Meet: March 8th at Joshua High School

State Meet: March 21st-22nd in Abilene

Powerlifting Coaches: Jacob Pierson and Jensen Jackson

Athletic Director: Chris Anderson

Principal: Brett Haugh

Superintendent: Brenda Sanford