

# Red Oak ISD Student Health Advisory Committee Meeting Minutes

Date: 4/8/25

## **SHAC Members Present**

Sue Brown- District Nurse

Deb Harner- SHAC Coordinator

Victoria Ybarra- Food Services

Shelsey Wood- Parent & SHAC President

Cassie Street- Parent & Community

Audrey Taylor- Parent

Michelle Bluit- Parent & SHAC Vice President

Kendra Morris- Parent

Melody Hawkins- District Counseling Services, ROISD

Dr. Piatini- Community

Sicily Cooper- Parent

## Agenda:

1. WELCOME

2. CALL TO ORDER- 6:03pm by Shelsey Wood

3. New Business

- No New business

4. Old Business

- Triennial Assessment of the Local Wellness Policy.
  - Vicky Ybarra gave a brief explanation of the Wellness Plan
  - Wellness Plan and Assessment form were distributed via email prior to the meeting.
  - Victoria reviewed the Wellness Policy Assessment Tool completed prior to the meeting by Deb Harner and herself with the SHAC committee. She provided explanations for each assessment point and the rationale for the assessment answer for each.
    - Cassie Street motioned to approve the assessment
    - Dr. Pianti - 2nd the motion
    - All voted in favor of approving the assessment
- Back to School Bash
  - Melody Hawkins presented on the Back To School Bash and reviewed the list of vendors/attendees from the previous year.
  - Details: August 2, 2025 at Red Oak High School from 8:30am to 11:30am
  - Sue Brown suggested having a table to share information on the SHAC with parents to recruit additional SHAC members
  - Audrey Taylor recommended adjusting the traffic flow to encourage participants to visit the tables in the hallway.
  - Shelsey Wood suggested having a stamp card that encourages participants to visit tables and, if the card is complete, participants are entered into a raffle.
  - Melody suggested incorporating QR codes into the event to share information.
  - Deb requested that materials be available in Spanish.

- Melody will send out a sign up genius to the SHAC for those who are able to help at the Back to School event.

5. Next Meeting- This is the last meeting for the year

- Deb Harner requested that current SHAC members email her to let her know if they are able to serve on the SHAC committee next year.

6. Adjourn

- The meeting officially adjourned at 6:55 pm