

SHAC Minutes

October 1, 2019

Members Present: Cassie Street, Susan Brown, Eve Spearman, Alicia Rowe, Ava Towner, Deb Harner

Meeting called to order at 6:07 pm.

Items discussed:

Senate Bill 435: SHAC duties listed for us to evaluate programs and instruction. It is recommending SHAC look at grade level appropriate curriculum for instruction regarding opioid addiction and methods of administering opioid antagonist.

E-cigarettes and vaping:

Program available through CVS – “Catch my Breath”, developed by the University of Texas School of Public Health. Designed to help students make healthy choices and avoid risky behaviors.

Reach:

Presents a three part series to the 5th graders on alcohol, safe medications, and smoking/vape.

Aim for Success:

Puberty Training for 5th graders. Offered to our district free this year. A grant makes it possible for them to provide this training for this year.

Aim for Success will be able to attend the next meeting to discuss the 5th grade program and the sexting, technology program that may be beneficial for the students.

Reevaluate the human sexuality programs currently being used by the middle school and high school, Choosing the Best and Aim for Success.

Vape Program:

October 29, 2019 @ the PAC.

Donna Knight asked if SHAC members could be present to assist with the program and promote the program in the community.