



Mount Carmel Lunch Menu April 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	31 Citrus Chicken Lo Mein Stir Fried Vegetables	1 Shrimp & Tasso Tortellini Zucchini & Squash Garlic Bread	2 Beef Tacos Yellow Rice Black Beans	3 Meatballs & Spaghetti Roasted Broccoli Breadstick	4 FAIR FOOD FRIDAY BY STUCO Nachos & Cheese Sauce Crawfish Pies Street Corn Apple Pie Egg Rolls	
WEEK 2	7 Red Beans & Rice Vegetarian Red Beans Buttered Carrots Smoked Sausage Cornbread	8 Chicken Tenders Blackened Chicken Tenders Mac & Cheese Mixed Vegetables Bread Roll	9 Philly Cheesesteak Wedge Potatoes Cheesy Cauliflower	10 Chicken Mushroom & Portobella Pasta Sautéed Spinach Garlic Bread	11 Fried Fish Blackened Fish Mashed Potatoes Green Peas	
WEEK 3	14 Chicken Sauce Piquant Roasted Broccoli Bread Roll	15 Crawfish Riley Green Beans Buttered French Bread	16 Early Dismissal	17 Easter Holidays	18 Easter Holidays	
WEEK 4	21 Easter Holidays	22 Chicken Tenders Blackened Chicken Tenders Mashed Potatoes & Gravy Buttered Carrots Biscuit	23 Ravioli Bar Alfredo or Marinara Green Beans Garlic Bread	24 Crispy Chicken Sandwich Grilled Chicken Sandwich French Fries Roasted Broccoli	25 Shrimp Etouffee White Rice Brown Rice Buttered Corn Bread Roll	
	28 Pastalaya Peas & Carrots Bread Roll	29 Grilled Cheese Tomato Basil Soup Broccoli & Cauliflower	30 Chicken Parmesan Eggplant Parmesan Spaghetti Sautéed Spinach Garlic Breadstick	1 Corn Crusted Shrimp Tacos Sautéed Shrimp Tacos Refried Beans Spanish Rice	2 Jazz Fest!! Crawfish Mac & Cheese Mixed Vegetables Buttered French Bread	

*This institution is an equal opportunity provider.

