



EVENT NOTICE – Friday, April 11, 2025
Fargo Public School District #1

The following information is for media outlets for the purpose of assigning staff coverage to the event.

MOTIVATIONAL SPEAKER CARA FILLER TO DELIVER MESSAGE ON HEALTHY DECISION-MAKING AT FPS HIGH SCHOOLS

Along with rising temperatures and budding trees, the onset of spring means prom has already happened or will be happening soon, graduation is right around the corner, and students have more opportunities and motivation to get out of the house and enjoy a sense of independence. Fargo Public Schools' high schools are aiming to ensure their students are making the best decisions possible this spring as they express that independence.

- WHAT:** Cara Filler Assemblies
WHEN: **Tuesday, April 15** (see schedule below)
WHERE: South High School, 1840 15th Street South, Fargo
North High School, 801 17th Avenue North, Fargo
Davies High School, 7150 25th Street South, Fargo
CONTACT: **Kristi Brandt**, South Principal, brandtk1@fargo.k12.nd.us or 701.446.2004; OR
Travis Christensen, North Principal, christt@fargo.k12.nd.us or 701.446.2404;
OR **Troy Cody**, Davies Principal, codyt@fargo.k12.nd.us or 701.446.5604 for
more information.

Motivational speaker, author, and entrepreneur Cara Filler will be speaking at all-school assemblies at South High School, North High School, and Davies High School on Tuesday, April 15.

Filler's message is meant to help students make healthy decisions this spring as students navigate the excitement of milestone spring events like prom and graduation. She will offer students real-life tips for building resilience, becoming an impactful leader, and making positive choices while navigating young adulthood.

Filler speaks with firsthand knowledge of the devastating consequences that can result from a poor decision. The day before her 18th birthday, her identical twin sister, Mairin, was killed in a high-speed car crash. As a result, she has committed herself to helping others put life and its challenges in perspective. She encourages everyone to listen to their inner voice, stand up to a bully, get out of a speeding car, take the keys from a friend who has been drinking, and ask for help to make a hard decision.

She has spoken at more than 1,700 assemblies attended by more than 2 million individuals worldwide. She is the author of the book “Driven: How to Navigate Life’s Speed Bumps, Roadblocks, and Detours.”

SCHEDULE

South High School: 8:45 a.m.

North High School: 10:15 a.m.

Davies High School: 1:30 p.m.

[END]