



**EVENT NOTICE – Tuesday, April 8, 2025**  
**Fargo Public School District #1**

*The following information is for media outlets for the purpose of assigning staff coverage to the event.*

**HOPE INC. TO VISIT PHYSICAL EDUCATION CLASS AT DISCOVERY  
MIDDLE SCHOOL**

Having a disability or a mobility challenge can be an isolating experience, but adaptive sports can help bring people together and give individuals an opportunity to participate in activities they otherwise wouldn't.

**WHAT:** Hope Inc. at Discovery Middle School  
**WHEN:** **Wednesday, April 9** at 1:10 p.m.  
**WHERE:** Discovery Middle School, 1717 40<sup>th</sup> Avenue South, Fargo  
**CONTACT:** Theresa Gravdahl, Discovery physical education teacher,  
[gravdat@fargo.k12.nd.us](mailto:gravdat@fargo.k12.nd.us) or 701.446.3577 for more information.

Able-bodied students in a Discovery Middle School physical education class, which includes a student with spina bifida, will have an opportunity to experience adaptive sports and understand how they can help individuals like their classmate and others with disabilities and mobility challenges find a sense of community and inclusion. Representatives from HOPE Inc. will visit the class to give a presentation about adaptive sports and inclusion and give students the opportunity to play wheelchair soccer or wheelchair basketball.

The representatives from HOPE Inc. will speak about the challenges those with mobility challenges face and the importance of inclusion. They will share about how their organization aims to help individuals find a community and sense of inclusion through participation in adaptive activities. The students will then have an opportunity to try out sport wheelchairs provided by HOPE Inc. and play either wheelchair soccer or wheelchair basketball.

HOPE Inc. is a non-profit organization based in the Fargo-Moorhead metro area that provides family-friendly sporting and recreational opportunities critical to the health and development of children and adults with mobility challenges. In addition to wheelchair soccer and basketball, HOPE Inc. provides opportunities for youth and adults to participate in bowling, swimming, track and field, sled hockey, baseball, downhill skiing, taekwondo, art, dance, theater, and more.

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