

## BREAKFAST MENU



<p><b>7</b>                  Mini Pancake Bites with Syrup                  OR                  Teriyaki Chicken Rice Bowl                  Clementines</p>	<p><b>8</b>                  Mini Cinnamon Rolls                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>9</b>                  Chocolate Chocolate Chip Muffin                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>	<p><b>10</b>                  Strawberry Cream Cheese Bagel                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>11</b>                  Mini Cinnamon Rolls                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>
<p><b>14</b>                  Saint Paul Sunrise Croissant                  OR                  Teriyaki Chicken Rice Bowl                  Clementines</p>	<p><b>15</b>                  Mini Cinnamon Rolls                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>16</b>                  Banana Chocolate Chip Muffin                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>	<p><b>17</b>                  Strawberry Cream Cheese Bagel                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>18</b>  </p>
<p><b>21</b>                  Mini Pancake Bites with Syrup                  OR                  Teriyaki Chicken Rice Bowl                  Clementines</p>	<p><b>22</b>                  Mini Cinnamon Rolls                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>23</b>                  Chocolate Chocolate Chip Muffin                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>	<p><b>24</b>                  Strawberry Cream Cheese Bagel                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>25</b>                  Mini Cinnamon Rolls                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>
<p><b>28</b>                  Saint Paul Sunrise Sandwich                  OR                  Teriyaki Chicken Rice Bowl                  Clementines</p>	<p><b>29</b>                  Mini Cinnamon Rolls                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>30</b>                  Banana Chocolate Chip Muffin                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>	<p><b>May 1</b>                  Strawberry Cream Cheese Bagel                  OR                  Chicken &amp; Vegetable Dumplings                  Apple Slices</p>	<p><b>2</b>                  Caramel Mini Cinnamon Rolls                  OR                  Teriyaki Chicken Rice Bowl                  Banana</p>

**DAILY CHOICES**

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.



# APRIL LUNCH MENU




## COMMUNITY FOOD RESOURCES

MINNESOTA FOOD HELPLINE  
1-888-711-1151  
MONDAY-FRIDAY  
10:00 AM - 5:00 PM



RAMSEY COUNTY



<p><b>7</b></p> <p>Beef or Lentil Sambusas Yellow Rice Basbaas Sauce</p> <p>Cheeseburger or Veggie Burger Potato Wedges</p>	<p><b>8</b></p> <p>Mongolian Beef or Tofu Jasmine Rice Broccoli</p> <p>Beef Rib Sandwich Sweet Potato Wedges</p>	<p><b>9 NACHO DAY</b></p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Hot &amp; Spicy Chicken Sandwich Potato Wedges</p>	<p><b>10 MN THURSDAY!</b></p> <p>Sloppy Joes</p> <p>Spicy Grilled Cheese Sweet Potato Wedges</p>	<p><b>11</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p>
<p><b>14</b></p> <p>Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll</p> <p>Chicken Sliders Potato Wedges</p>	<p><b>15</b></p> <p>Teriyaki Chicken or Tofu Jasmine Rice Broccoli</p> <p>Cheeseburger or Veggie Burger Potato Wedges</p>	<p><b>16 TACO DAY</b></p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell</p> <p>Buffalo Chicken Sandwich Sweet Potato Wedges</p>	<p><b>17</b></p> <p>Chicken Fingers or Plant Based Tenders</p> <p>Mac &amp; Cheese Galaxy Sauce</p> <p>Grilled Cheese Beef &amp; Bean Chili</p>	<p><b>18</b></p> 
<p><b>21</b></p> <p>Turkey Hot Dog Hot Vegetable</p> <p>Chicken Alfredo Penne Pasta Dinner Roll</p>	<p><b>22</b></p> <p>Cheeseburger or Veggie Burger</p> <p>Grilled Cheese Sandwich</p> <p>Sweet Potato Wedges</p>	<p><b>23</b></p> <p>Oven Fried Chicken Sweet Potato Wedges Corn Muffin</p> <p>Chicken Tinga Taco Refried Beans Tortilla Shell</p>	<p><b>24</b></p> <p>Cheeseburger or Veggie Burger</p> <p>Gyro on Pita Bread</p> <p>Potato Wedges</p>	<p><b>25 SPECIAL EVENT!*</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Crispy Chicken Sandwich Sweet Potato Wedges</p>
<p><b>28</b></p> <p>Glazed Chicken Bites</p> <p>Chicken Sliders</p> <p>Green Beans</p>	<p><b>29</b></p> <p>Corn Dogs</p> <p>Cheeseburger or Veggie Burger</p> <p>Sweet Potato Wedges</p>	<p><b>30</b></p> <p>Chicken Tinga Taco Refried Beans Tortilla Shell</p> <p>Chicken Fingers or Plant Based Tenders Mac &amp; Cheese Galaxy Sauce</p>	<p><b>May 1</b></p> <p>Pancakes Chicken Sausages Hash Browns</p> <p>Crispy Chicken Sandwich Potato Wedges</p>	<p><b>2</b></p> <p>Cheese or Turkey Sausage Pizza</p> <p>Falafel Hot Vegetable Yellow Rice Hummus Sauce</p>

\*Plastic Free Lunch Day! [plasticfreelunch.org](http://plasticfreelunch.org)  
Choice bar and milk are available at every meal. Menu subject to change.  
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Rev. 4/14/2025