

What's on the Menu?

Rochester Community Schools
Middle School Menu
April 21-25, 2025

Allergy Alert: New Manufacturer
Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls

A full student lunch includes a choice of entrée supplying protein and grain,
2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.
A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create	Available Daily: Favorite comfort foods and international flavors served your way				
	No School	Taco Turkey Whole Grain Soft Taco or Nacho Chips Queso Blanco Black Beans Cilantro Brown Rice Fresh Pico De Gallo Fresh Cilantro	Brunch for Lunch Whole Grain French Toast with Syrup Scrambled Eggs and/ or Chicken Sausage Patty Tater Tots Warm Apple Crisp	Popcorn Chicken Bowl Whole Grain Breadstick Mash Potato with Savory Gravy Seasoned Corn Fresh Scallions Shredded Cheddar	Pesto Pasta Alfredo and Pesto covered Penne Pasta with Diced Chicken and Broccoli Florets Whole Grain Dinner Roll Fresh Basil Garnish
grilled	Available Daily: Chicken Sandwiches and Classic Hamburgers				
		Pizza Crunchers Waffle Fries	Chicken Boneless Wings w/Soft Pretzel Tater Tots	Margherita Flatbread Sweet Potato Fries	Meatball Sub Seasoned Straight Fries
Q. mato	Available Daily: Classic Whole Grain Cheese Pizza				
		Buffalo Chicken Pizza	Bosco Sticks w/ Pizza Dipping Sauce	Pepperoni Pizza	Bosco Sticks w/ Pizza Dipping Sauce
OHIO	Available Daily: Made fresh to go				
		Turkey Fun Lunch with Flatbread, American Cheese and Apple Slices	Deli Turkey or WoWbutter Sandwich	Turkey Fun Lunch with Flatbread, American Cheese and Apple Slices	Deli Turkey or WoWbutter Sandwich
		Strawberry Yogurt Blueberry Parfait with Homemade Granola	Vanilla Yogurt Peach Parfait with Homemade Granola	Strawberry Yogurt Blueberry Parfait with Homemade Granola	Vanilla Yogurt Peach Parfait with Homemade Granola
extra. extra	Available Daily: Cold fruit and vegetable bar, featuring fresh apples, oranges, celery and baby carrots				
		Romaine and Spinach Salad Macaroni Bean Salad Grape Tomatoes Diced Pears with Raisins	Romaine and Spinach Salad Chilled Chick Peas Grape Tomatoes Fresh Cut Fruit	Sweet Corn Side Salad Broccoli Florets Cucumber Coins Fresh Blueberries	Sweet Corn Side Salad Broccoli Florets Cucumber Coins Fresh Blueberries



Questions? Food Service Office 248-726-4602
Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity employer.



