

What's on the Menu?

Rochester Community Schools

High School Menu

April 21-25, 2025

Allergy Alert: New Manufacturer Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls CONTAIN WHEAT, SOY AND SESAME

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk. A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create	Available Daily: Favorite comfort foods and international flavors served your way				
	No School	Hot Diggidy Dog! With Baked Potato Beef Chili Vegetarian Baked Beans Cheddar Cheese Sour Cream Onions Relish and Sauerkraut	Brunch for Lunch Whole Grain French Toast with Syrup Scrambled Eggs or Chicken Sausage Patty Tater Tots Warm Apple Crisp	Popcorn Chicken Bowl Mashed Potato Savory Gravy Whole Grain Breadstick Seasoned Corn Shredded Cheddar Green Onion Garnish	Alfredo and Pesto covered Penne Pasta with Diced Chicken Broccoli Florets Whole Grain Dinner Roll Fresh Basil Garnish
SONO CELEBRATE LATIN	Available Daily: Favorite latin flavors made your way; Whole grain soft tacos or nachos, Queso blanco and Fresh toppings				
		Served Daily Beef Taco Meat 2nd Choice Seasoned Diced Chicken Black Beans	Served Daily Beef Taco Meat 2nd Choice Seasoned Diced Chicken Refried Beans	Served Daily Beef Taco Meat 2nd Choice Turkey Taco Meat Cilantro Rice Bowl	Served Daily Beef Taco Meat 2nd Choice Turkey Taco Meat Black Beans
grilled	Available Daily: Chicken (regular or spicy) Sandwiches and Classic burgers (regular or with cheese)				
		Nashville Chicken Sandwich Curly Fries	Spicy Tenders w/ Whole Grain Breadstick Tater Tots	Breaded Jalapeno Mozzarella Bites Sweet Potato Fries	Chicken Wings w/ Pretzel Potato Wedges
Q-mato	Available Daily: Classic Whole Grain Cheese or Pepperoni Pizza or Whole Grain Bosco Sticks				
		Meatball Pizza	Buffalo Chicken Pizza	Margherita Flatbread	Pepperoni Jalapeno Pizza
ON THE GO	Available Daily: Prepared deli sandwiches and salads for a fresh and easy grab and go				
		WG Chicken Buffalo Wrap Chicken Salad Croissant Peach Parfait Turkey American Sub WOWButter Sandwich	Ham (Pork) Croissant Garden Salad wPopcorn Chicken and Flatbread Turkey American Sub Blueberry Parfait	WG Chicken Buffalo Wrap Chicken Salad Croissant Peach Parfait Turkey American Sub WOWButter Sandwich	Ham (Pork) Croissant Garden Salad wPopcorn Chicken and Flatbread Turkey American Sub Blueberry Parfait
extra. extra	Available Daily: Cold fruit and vegetable bar, featuring fresh apples, oranges, celery and baby carrots daily				
		Spinach and Romaine Salad Cucumber Coins Three Bean Salad Red and Green Grapes	Spinach and Romaine Salad Cucumber Coins Three Bean Salad Red and Green Grapes	Tomato Spinach Pasta Salad Spinach and Romaine Salad Grape Tomatoes Seasonal Fruit Salad	Tomato Spinach Pasta Salad Spinach and Romaine Salad Grape Tomatoes Seasonal Fruit Salad



Questions? Food Service Office 248-726-4602
Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity employer.



