



# FOSSIL RIDGE FOOTBALL FRESHMAN FOOTBALL CAMP SUMMER 2025

**June 9 - 12**

**[CLICK HERE TO REGISTER - LIMITED SPACE AVAILABLE](#)**

<b>INCOMING FRESHMAN</b>	<b>8 AM - 1 PM</b>	<b>\$120 / ATHLETE</b> <b>*INCLUDES SUMMER</b> <b>STRENGTH &amp; CONDITIONING*</b>
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Fossil Ridge Indoor Training Facility

Open to incoming 9th graders expecting to play football at Fossil Ridge High School in the 2025 football season. Attendance is expected for incoming Freshmen.

**\$120 per athlete**

Camp cost includes:

- 1) ALL six weeks of Summer Strength & Conditioning
- 2) Under Armour compression shirt
- 3) Under Armour shorts

Acceptable forms of payment: cash, personal check, cashier's check, or money orders.

Make checks and/or money orders payable to: **FOSSIL RIDGE FOOTBALL**

Registration payment collected at the check-in/registration table with the coaching staff.

Email Questions to Coach Grounds: [john.grounds@kellerisd.net](mailto:john.grounds@kellerisd.net)

Daily Training Attire:

shorts, t-shirts, non-metal cleats, 1-gallon water bottle/jug, & running shoes

**Crocs & slides are NOT allowed in the weight room**

