



# Ann Arbor Public Schools Food Services Newsletter

April 2025



## Mack Elementary School Celebrates National Carrot Day

On Friday the 4<sup>th</sup> of April three U of M Interns under the guidance of Sarah Mason our registered dietitian hosted a Mood Boost event. They offered two types of carrots one savory and one sweet. Students were able to try both flavors and take home a copy of the recipe so they can make them at home.

The event showed students different fun ways they can eat carrots and how eating vegetables helps your body stay alert and strong.

Along with the carrots bracelets, stickers and trading cards were handed out to those who wanted them.



## Did You Know?

- We Have Meatless Monday's
- Serve Impossible Burgers and Vegan Nuggets Daily At All Secondary Schools
- Always Have a Vegetarian Option on Elementary Menus

## Environmental Benefits

- Lower Methane Emissions
- Plant-Based Diets Save Water
- Reduce Carbon Footprint



## National Breakfast Week Was a Huge Success

All Ann Arbor Public schools celebrated breakfast in March with daily prizes and fun breakfast choices never offered before. Overall we had over 300 new students eat breakfast that normally do not this week.

## UP NEXT:

Farmers Market Coming To Haisley At End of April



Lunch Hero Day May 2<sup>nd</sup>



School Bus Driver Appreciation Day April 22<sup>nd</sup>

