Zero Hour Student Application

St. Maries High School is going to offer a “Zero Hour” Advanced Fitness course for the 2025-26 school year. Students who would like to take this course must complete this application and meet the below requirements in grades, attendance, extracurricular activities, and write a short essay as to why they would like to take the course.

- Students who wish to enroll in Zero Hour Advanced Fitness must have a GPA of at least 2.0.
- Students who have habitual absences and tardies will not be allowed to take this course. ***Please request an attendance report from the office-TURN IN with application***
- Students who meet the above requirements, participate in extracurricular activities, and have advanced courses (dual enrollment) will be given priority to enroll.

TURN IN to Mrs. Peet
Completed form
Attach Attendance Sheet

Name: Grade Level Next Year:

Current GPA

Essay: Write a short essay, 3-5 sentences, as to why you want to take this course and your goals for advanced fitness.

TJ Hammond
Advance Fitness Instructor
St. Maries High School