



Send me to school if:

- I have mild cold symptoms (i.e., a runny nose, occasional coughing, or slight sore throat) but feel well enough to attend school.
- I have not taken any fever reducing medicine for 24 hours, and I have not had a fever during that time.
- I have not thrown up or had any diarrhea for 24 hours.



Keep me at home if:

- I have a temperature higher than 100.4 degrees.
- I have symptoms of a respiratory illness consisting of persistent cough, thick, colored secretions from the nose and overall look of sickness.
- I am throwing up or have diarrhea.
- My eyes are pink and crusty.



Recommend calling a doctor if:

- I have a temperature higher than 100.4 degrees, even after taking medicine for more than 2 days.
- I have been throwing up or have had diarrhea for more than 2 days.
- I have had the sniffles for more than a week, and they are not getting better.
- I have asthma symptoms after using asthma medicine. Call 911 if having trouble breathing after using an inhaler.