

Fredericksburg ISD
School Health Advisory Council Meeting Minutes
February 26, 2025 4:30pm
Fredericksburg ISD - District Office
234 Friendship Lane
Fredericksburg, TX 78624

SHAC Members Present: David Pedregon, Patricia Smith, Alma Trujillo, Shelee Padgett, Amy Beicker, and John Willome

SHAC Members Absent: Kristi Stafford

Staff Present: Sarah Southard, District Coordinator; Sheryl Jacks, Secondary Instruction

Others Present: Colleen Lavin with Navigate 360 attended virtually

Agenda Topic
<p>Call to Order: David called the meeting to order at 4:30pm. Documentation of Attendance and Quorum: David noted that six of seven Council members were present at the beginning of the meeting (Pedregon, Padgett, Smith, Trujillo, Beicker, and Willome) and over half of the members present were parents of FISD students, so the meeting officially achieved a quorum.</p>
<p>Agenda Item #1 – Approval of November 13, 2024, Meeting Minutes Patricia Smith made a motion to approve the November 13, 2024, meeting minutes as presented. Shelee Padgett seconded the motion. The motion passed unanimously.</p>
<p>Agenda Item #2 – Navigate 360 Safety and Wellbeing Curriculum Presentation (virtual presentation) Colleen Lavin with Navigate 360 presented the overview of how Navigate 360 provides lessons for meet the TEKS for a myriad of wellness lessons including substance abuse and suicide prevention. A packet describing the Mental Health & Prevention Lesson Library was provided to the SHAC members. SHAC members will be able to view any Navigate 360 lessons online through a password protected link to be provided later. Navigate 360 will provide SHAC with two or three Texas school districts, preferably rural, that have implemented the program so we can ask about their implementation experience. Many questions were asked of Sheryl Jacks about program implementation at all grade levels. The current plan is for the SHAC members to explore the lessons on their own time before the next meeting, coordinate following up with other districts who have used the program and then give a yes or no vote as to whether or not to recommend the program to the school board at the April 16, 2025 SHAC meeting.</p>
<p>Agenda Item #3 – FISD Wellness Plan David reported on the work that had been done offline since the last SHAC meeting to review and modify the FISD Wellness Plan. A marked-up document was provided to the SHAC members before the meeting. The subcommittee that worked on the plan included people from different parts of the district including campus and district-level representatives.</p> <p>Amy Beicker made a motion to accept the new plan with two contingencies:</p> <ol style="list-style-type: none">1. On page 1 of 23 of the plan, under Soliciting Involvement and Input, Item #2 has a question that reads, “Posting on the District’s website the contact information of the person(s) responsible for the oversight of the District’s wellness policy and plan <i>or removed this statement and add Completing stakeholder surveys annually</i>.” Amy asked that the phrase “Completing stakeholder surveys annually” be made an item #3 so that it is not an either/or question but a both/and.2. A provision be added to the plan that campus representatives provide the SHAC a plan progress update at a regularly scheduled meeting in the fall of each school year. <p>Shelee Padgett seconded the motion. The motion passed unanimously.</p>

Agenda Item #4 – 2025-27 SHAC Member Applications

Four SHAC members have their terms expiring at the end of this school year and all are eligible to reapply: Patricia Smith, Kristi Stafford, Alma Trujillo, and John Willome.

Applications will open to the community in March.

Adjourn – John Willome made a motion to adjourn the meeting at 5:38. Patricia Smith seconded the motion. The motion passed.

Respectfully submitted by John Willome on February 27, 2025