

JUMP IN, LEARN MORE



WITHAM FAMILY YMCA AQUATICS PROGRAMS

SWIM CLINIC

May 10-17

This clinic will help swimmers improve their starts, streamlines and turns. These skills help swimmers go faster off the block, through the water and into each lap.



SWIM TEAM

May 19 - July 20

Ages 6-16 will build skills, improve strokes, boost endurance, and have fun. This 7-week session includes two meets and ends with a big All-City Swim Meet.



JUNIOR LIFEGUARD CAMP

June 9-12

Ages 10-15 can join us for a fun camp to learn what it takes to be a lifeguard. You'll practice CPR, First Aid and water rescues, and receive a certificate of completion.



Have questions or want to learn more?
Reach out to Brandi Matthews at bmatthews@indymca.org.