

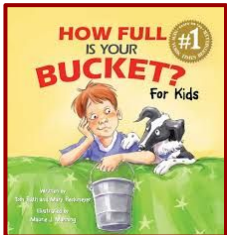
Social Emotional Learning (SEL) Day



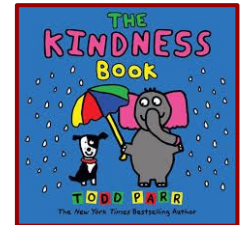
April 10, 2025

Social Emotional Learning (SEL) Day

- SEL Day is a global, grassroots campaign dedicated to promoting social-emotional learning and supporting children's academic recovery, mental health, and overall well-being.
- SEL Day serves as an opportunity to showcase and celebrate successful SEL practices in our schools and communities.
- Staff were encouraged to participate in SEL activities throughout the day.

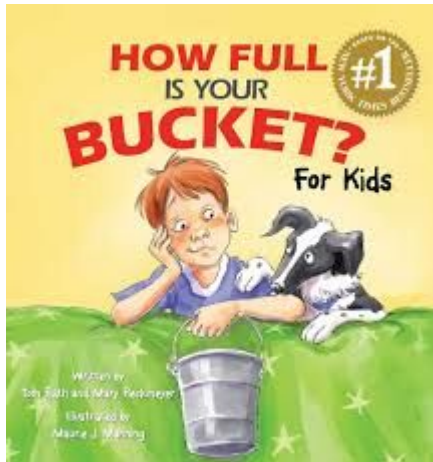


#SELday



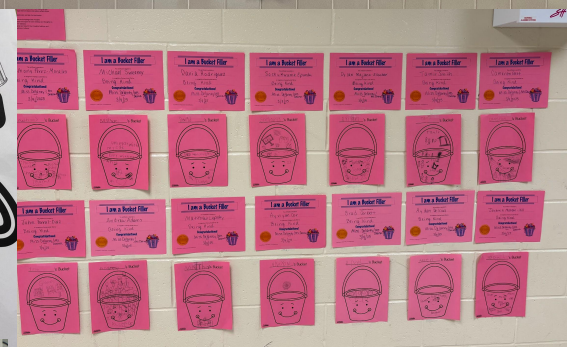
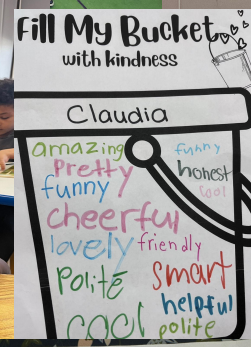
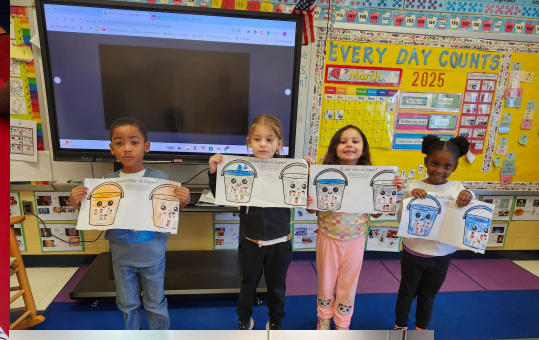
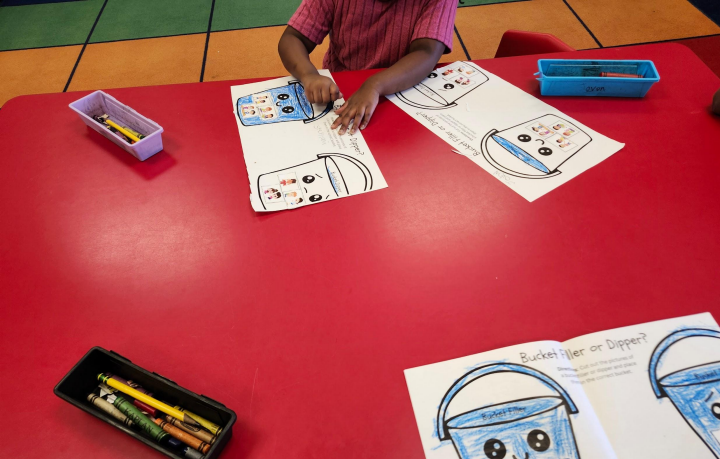
Social Emotional Learning (SEL) Day

- Elementary classrooms received a copy of *How Full is Your Bucket for Kids* by Mary Reckmeyer and Tom Rath to highlight the importance of SEL.
- The story follows Felix as he discovers how his words and actions can either fill someone's bucket with kindness or empty it through negativity.



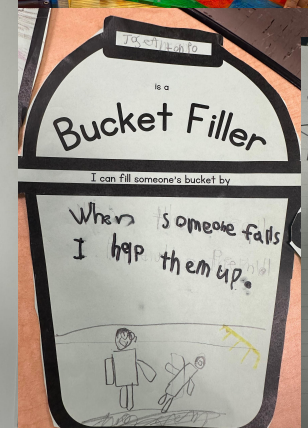
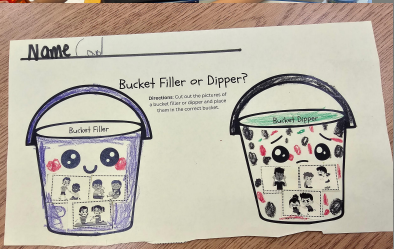
Bucket-Filling Activities Across Grade Levels

- **K-2 Classrooms:** Students brainstormed ways to fill someone's bucket, such as giving compliments, helping a friend, sharing, and smiling. They also decorated paper buckets to showcase their ideas.
- **Grades 3-4:** Students responded to a writing prompt:
 - *Option 1:* "Describe a time someone filled your bucket. How did it make you feel? How did their actions affect your day?"
 - *Option 2:* "Write about a time you filled someone's bucket. What did you do, and what was the result?"
- **Grades 5-6:** A two-part writing assignment:
 - *Personal Narrative:* "Write about a time you felt like your bucket was overflowing. What happened, and why was it meaningful?"
 - *Persuasive Writing:* "Why is it important to fill others' buckets? Convince your reader that small acts of kindness make a difference."
- **Class Kindness Commitment:**
 - Students collaborated on a class-wide bucket-filling project, such as writing thank-you notes to school staff, or creating a kindness chain.



★ Selena March 3-2025

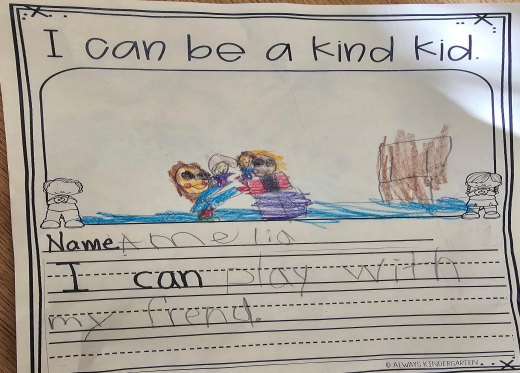
Today is National Writing Day. All across the country, schools are reading a book to kids called How Full is your Bucket? A Short Summary of this book is how Felix did not want his sister to play with him, but his grandma comes in and tells him how everyone has a bucket. So when Felix wakes up in the morning, he sees his sister has a bucket on his head. Even when he goes downstairs he notices how his mom and sister has a bucket. So then he goes to school and his bucket starts to go up and down in terms of how much water he has, and he starts to fill others people buckets up and he has a great day cause his bucket was full. This book uses figurative language because it shows how people have buckets on their head. In reality, you would not be seeing buckets on people's head but what the author is trying to convey is how when the bucket has very little of water that shows



★ Isaiah March-3-25

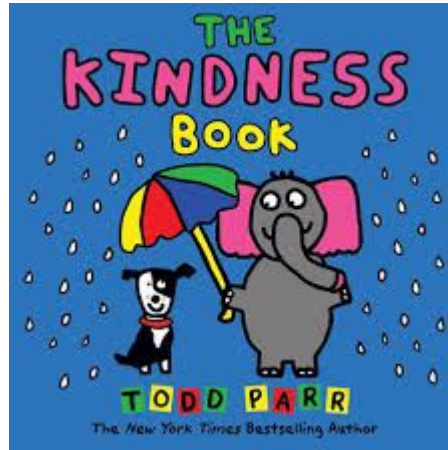
This week all schools in America are reading a book called How Full is your Bucket. Every school in America is reading this book because it is National Day of Writing. A quick summary is Felix wanted to help his sister and fix her ball. But the next day Felix had a bad day and his bucket was almost empty. So he help people fill up their bucket and make them feel better. In this book it had figurative language because there was no bucket on the heads.

A real life example is when I fell down the stairs and I got up. Thanks for that. My bucket got dip and now that I shouldn't have been playing on the stairs.



Social Emotional Learning (SEL) Day

- The Early Childhood Department Team selected the story, *The Kindness Book* by Todd Parr to celebrate SEL day in Preschool.
- The story offers a reassuring reminder that even in scary or confusing moments, comfort is always just around the corner.



Preschool Kindness Activities

- Preschool students engaged in activities that served as a reminder of kindness.
- Kindness Tree:
 - Students talked about ways to be kind.
 - Students wrote or drew kind acts on paper leaves and added them to a tree.
- Kindness Role-Play
 - Discussed kindness scenarios (e.g., helping a friend).
 - Students acted out ways to be kind.



