

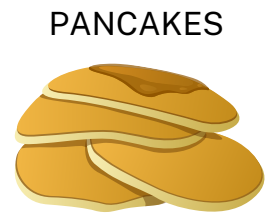
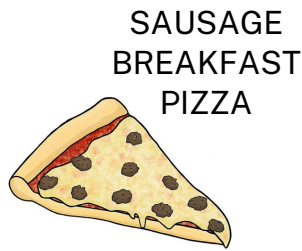
## IT'S TIME FOR BREAKFAST!

Breakfast is available daily  
beginning at 7:15 a.m.

A full student breakfast will consist of THREE items,  
one of which must be a serving of fruit (½ cup).  
Milk is available at every meal.  
Milk choices include 1% white and fat free chocolate.

Student Breakfast: **FREE**  
Visitor/Staff Breakfast: **\$3.00**

### Available Daily



### Breakfast Special

Each morning we will feature additional  
delicious and nutritious breakfast options.

### FREE BREAKFAST EVERY STUDENT. EVERY DAY.

For the duration of the 2024-25  
academic year, the Food Service  
Department will once again be  
offering a FREE complete  
breakfast to ALL students.



### April 16th is National Banana Day

Bananas have long been a staple fruit among Americans.  
Consuming bananas as part of a healthy diet has  
numerous nutritional benefits. A medium-sized  
banana only contains about 100 calories, but it  
provides 11 mg of potassium and 3 grams of fiber.  
What makes them even more “a-peel-ing” is their  
sweet flavor and convenience (just grab one and go!).

Contact us:

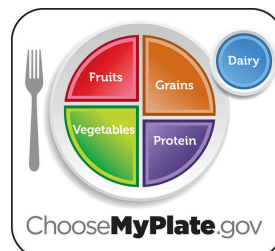


715-345-5435

foodservices@pointsschools.net

Menu is subject to change. For the most  
current menu information, check Nutrislice.

For online personal  
wellness resources for  
you and your family, visit:  
**ChooseMyPlate.gov**



### Milk is only free when taken as part of a complete school meal.

If your student takes a carton of milk  
without a complete school meal,  
please be aware that their food  
service account will be charged 35¢.



Milk taken with  
a cold lunch  
is not free.

### This institution is an equal opportunity provider.