

LUNCH TIME!

JUNIOR HIGH LUNCH MENU

MARCH 31 – APRIL 4



Student Lunch: **\$2.30**
Staff/Visitor Lunch: **\$4.00**

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

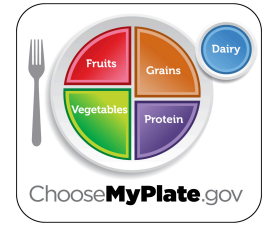
	Entrées	Pizza	Deli	Sides	Salad
Monday March 31	Classic Cheeseburger	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
	Hot Ham & Cheese Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Vegetables Fresh Fruit Chilled Fruit	Hearty Tossed Salad w/ Shredded Cheese
Tuesday April 1	Walking Taco	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
Wednesday April 2	Classic Corn Dog	The Works Pizza	Italian Chicken & Cheese Wrap	French Fries Fresh Vegetables	Vegetable Pasta Salad
	Hot Ham & Cheese Sandwich	Cheese Pizza	PB&J Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	Hearty Tossed Salad
Thursday April 3	Chicken & Gravy over Mashed Potatoes w/ Roll	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Broccoli Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	BBQ Riblet Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
Friday April 4	Portesi Cheese Fries w/ Dipping Sauce	Pepperoni Pizza	Pizza Roll-up	Savory Green Beans Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Toasted Cheese Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	



You've got to **NOURISH** to **FLOURISH!**

For online personal wellness resources for you and your family, visit

ChooseMyPlate.gov



For the duration of the 2024-2025 academic year, the Food Service Department will provide a free complete lunch to any student who qualifies for **FREE OR REDUCED PRICED SCHOOL MEALS.**

APRIL IS NATIONAL GARLIC MONTH



This institution is an equal opportunity provider.

Menu is subject to change. Check Nutrislice for the most up-to-date menu information.

TIME FOR LUNCH

JUNIOR HIGH LUNCH MENU

April 7 - April 11



Student Lunch: **\$2.30**
Staff/Visitor Lunch: **\$4.00**

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

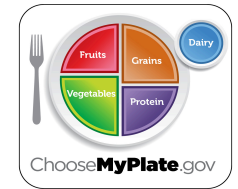


	ENTRÉES	PIZZA	DELI	SIDES	SALAD
MONDAY April 7	Chicken Nuggets	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
	BBQ Pork Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Vegetables Fresh Fruit Chilled Fruit	Hearty Tossed Salad w/ Shredded Cheese
TUESDAY April 8	Meatball Sub Sandwich	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	French Fries Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Sloppy Joe Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
WEDNESDAY April 9	Chicken Drumstick w/ Mashed Potatoes, Gravy & Dinner Roll	The Works Pizza	Italian Chicken & Cheese Wrap	Steamed Corn Fresh Vegetables	Corn & Pepper Salad
	Hot Ham & Cheese Sandwich	Cheese Pizza	PB&J Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	Hearty Tossed Salad
THURSDAY April 10	Pepperoni Pasta Bake w/ Texas Toast	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Broccoli Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
FRIDAY April 11	Cheese Stuffed Breadsticks w/ Dipping Sauce	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Veggie Medley Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Toasted Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	



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For the duration of the 2024-2025 academic year, the Food Service Department will provide a free complete lunch to any student who qualifies for FREE OR REDUCED PRICED SCHOOL MEALS.

April 12 is National Grilled Cheese Sandwich Day



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LUNCH TIME

JUNIOR HIGH LUNCH MENU

APRIL 14 - APRIL 18

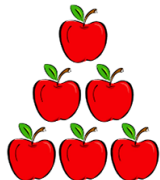



A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

Student Lunch: **\$2.30**
Staff/Visitor Lunch: **\$4.00**

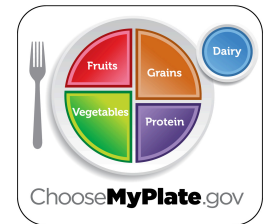
Get a **FREE** chocolate chip cookie when you take a complete school lunch on **Tuesday, April 15!**



	Entrées	Pizza	Deli	Sides	Salad
Monday April 14	Crispy Chicken Sandwich	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	French Fries	Pea Salad
	Spicy Chicken and Cheese Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Vegetables Fresh Fruit Chilled Fruit	Hearty Tossed Salad w/ Shredded Cheese
Tuesday April 15	Walking Taco	The Works Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Veggie Medley Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
Wednesday April 16	Classic Cheeseburger	Meat Lover's Pizza	Italian Chicken & Cheese Wrap	Steamed Corn Fresh Vegetables	Vegetable Pasta Salad
	Cheese Enchiladas	Cheese Pizza	PB&J Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	Hearty Tossed Salad
Thursday April 17	Chicken & Gravy over Mashed Potatoes w/ Roll	Pepperoni Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Broccoli Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
Friday April 18	NO SCHOOL TODAY		<p>Why did Easter bunny wear a hat?</p> <p>-----</p> <p>He was having a bad HARE day!</p>		

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For the duration of the 2024-2025 academic year, the Food Service Department will provide a free complete lunch to any student who qualifies for **FREE OR REDUCED PRICED SCHOOL MEALS.**

April 16th is National Banana Day



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LUNCH

JUNIOR HIGH LUNCH MENU


APRIL 21 - APRIL 25



Student Lunch: **\$2.30**
Staff/Visitor Lunch: **\$4.00**



ENTRÉES	PIZZA	DELI	SIDES	SALADS
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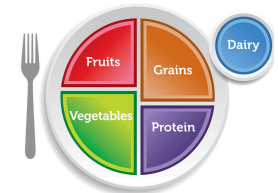
MONDAY April 21	No School Today		 <p><i>APRIL IS NATIONAL PECAN MONTH</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Pecan trees can live for up to 300 years. <input checked="" type="checkbox"/> Pecans are a good source of fiber, healthy fats and antioxidants. <input checked="" type="checkbox"/> The U.S. produces about 80% of the world's pecan crop. 		
	TUESDAY April 22	Classic Corn Dog ----- Toasted Cheese Sandwich	Pepperoni Pizza ----- Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich ----- Fruit & Yogurt Parfait	French Fries ----- Fresh Vegetables ----- Fresh Fruit ----- Chilled Fruit
WEDNESDAY April 23	Spaghetti w/ Italian Meat Sauce & Texas Toast ----- BBQ Pork Sandwich	Italian Sausage Pizza ----- Cheese Pizza	Ham, Cheese & Lettuce Wrap ----- Peanut Butter & Jelly Uncrustable Sandwich ----- Fruit & Yogurt Parfait	Steamed Broccoli ----- Fresh Vegetables ----- Fresh Fruit ----- Chilled Fruit	Hearty Tossed Salad w/ Shredded Cheese
	THURSDAY April 24	Chicken Drumstick w/ Mashed Potatoes, Gravy & Dinner Roll ----- Sloppy Joe Sandwich	The Works Pizza ----- Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich ----- Fruit & Yogurt Parfait	Steamed Corn ----- Fresh Vegetables ----- Fresh Fruit ----- Chilled Fruit
FRIDAY April 25	Cheese Stuffed Breadsticks w/ Dipping Sauce ----- Hot Ham & Cheese Sandwich	Cheeseburger Pizza ----- Cheese Pizza	Pizza Roll Up ----- Peanut Butter & Jelly Uncrustable Sandwich ----- Fruit & Yogurt Parfait	Steamed Green Beans ----- Fresh Vegetables ----- Fresh Fruit ----- Chilled Fruit	Hearty Tossed Salad w/ Shredded Cheese

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April 21st is National Chickpea Day



Chickpeas, also known as garbanzo beans, are a rich source of vitamins, minerals, fiber and protein. Studies show that eating chickpeas offers a variety of health benefits. (healthline.com)

LUNCH TIME

JUNIOR HIGH LUNCH MENU

April 28 - April 30



Student Lunch: **\$2.30**
Staff/Visitor Lunch: **\$4.00**

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	ENTRÉES	PIZZA	DELI	SIDES	SALAD
MONDAY April 28	Chicken Nuggets	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
	Sloppy Joe Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
TUESDAY April 29	Walking Taco	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese
	BBQ Riblet Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	Chilled Fruit
WEDNESDAY April 30	Tater Tot Casserole w/ Texas Toast	The Works Pizza	Chicken Ranch Wrap	Mixed Veggie Medley	Vegetable Pasta Salad
	Grilled Chicken Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Fresh Fruit	Hearty Tossed Salad
			Fruit & Yogurt Parfait	Chilled Fruit	

They feed you.
Show 'em some love.

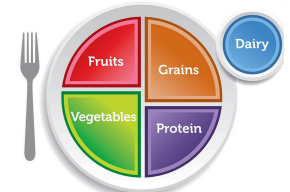
SCHOOL LUNCH HERO DAY

Friday, May 2nd



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LET US EAT LETTUCE



Lettuce is The Harvest of the Month!

- Select** – Choose lettuce with fresh, crisp leaves.
- Store** – Keep lettuce in a plastic bag with small holes. Store in refrigerator for up to 1 week.
- Prepare** – Rinse carefully under cool running water and allow it to dry well.

Did you know?

The four main types of lettuce include butterhead (Boston, bibb), crisphead (iceberg), looseleaf (red leaf, green leaf) and romaine. Lettuce leaves that are darker in color contain more vitamins and minerals than the paler color varieties.



Nutritious, Delicious, Wisconsin!
#WIHarvestoftheMonth

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