



# BREAKFAST

# MAY 2025

## K-12 BREAKFAST

McL High, Steen's, FES, RHS, RUES, RES, Pisgah

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Toaster Pastry  
Assorted Muffin Loaves  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Low Fat Milk  
Chocolate Milk

5

French Toast Sticks  
Whole Grain Biscuit  
Bacon Strips  
Hot Grits  
Fresh Fruit Bowl  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

6

Donuts, Variety  
Breakfast Sausage Pizza  
Fresh Fruit Bowl  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

7

Sausage and Biscuit  
Hot Grits  
Cereal Bowl Variety 2 oz  
Fresh Orange Smiles  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

1

Smoked Sausage & Biscuit  
Hot Grits  
Cereal Bowl Variety 2 oz  
Apple Slices in a Bag  
Assorted Fruit Juices  
Chocolate Milk  
Fat Free Milk

8

Dunkin Stix  
Sausage & Pancake  
on a Stick  
Fresh Apples  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

2

Banana Muffin  
Sausage & Pancake  
on a Stick  
Fresh Apples  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

9

Cereal 1 oz  
Cinnamon Crunch Filled  
Pastry  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Low Fat Milk  
Chocolate Milk

12

Assorted Breakfast Bread  
Whole Grain Biscuit  
Bacon Strips  
Hot Grits  
Fresh Fruit Bowl  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

13

Belgium Waffles  
Breakfast Sausage Pizza  
Fresh Fruit Bowl  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

14

Smoked Sausage & Biscuit  
Hot Grits  
Cereal Bowl Variety 2 oz  
Apple Slices in a Bag  
Assorted Fruit Juices  
Chocolate Milk  
Fat Free Milk

15

Pancake Bites  
Sausage & Pancake  
on a Stick  
Fresh Apples  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

16

Frudel  
Cinnamon Crunch Filled  
Pastry  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Low Fat Milk  
Chocolate Milk

19

Mini Cinnis  
Cheese Toast  
Fresh Bananas  
Hot Grits  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

20

Cinnamon Rolls  
Pancake Bites  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Chocolate Milk  
Low Fat Milk [Enter Menu Items]

21

Sausage and Biscuit  
Hot Grits  
Cereal Bowl Variety 2 oz  
Fresh Orange Smiles  
Assorted Fruit Juices  
Chocolate Milk  
Low Fat Milk

22

60% Day  
(no breakfast)  
Brunch Only

23

26

27

28

29

30

Served Daily: Assorted Milks-Low fat, Chocolate, Strawberry, Vanilla Fat Free  
Assorted Fruit Juices-Apple, Orange, Pineapple Orange  
Condiments: Pancake Syrup, Assorted Jellies

"This institution is an equal opportunity provider."