

**GRISWOLD  
ELEMENTARY**

# **WEDNESDAY FOLDER**

## **2024-2025**

***“MAKE KINDNESS  
THE NORM!”***

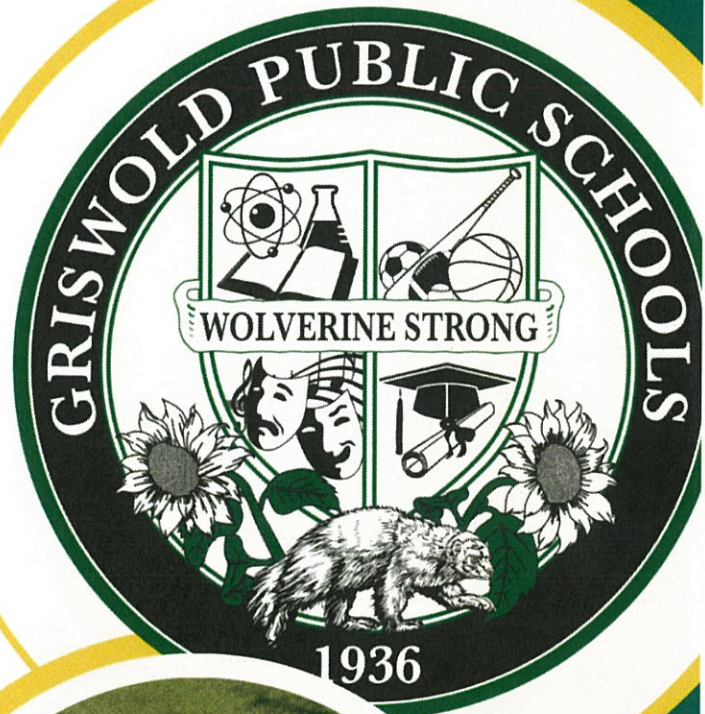
**Stay Informed with School  
Events & Updates**

- ✓ School Flyers
- ✓ Community Flyers
- ✓ Youth Center Flyers

### **More Information**

 +860-376-7610

 <https://www.griswold.k12.ct.us/wednesday-folders>





Griswold School Readiness Council

# PLEASE JOIN US

We look forward to your participation in our discussions  
and to contributing to our collective goals for Early  
Childhood Education in Griswold.



Wednesdays @ 9am  
November 20th  
January 15th  
March 19th  
May 21st



Location  
GES conference room

More information available here

<https://www.ctoec.org/school-readiness-preschool-grant-program/>  
or call Jaselyn Caviness; 860-376-7616



# MENU

GRISWOLD PUBLIC  
SCHOOLS

APRIL

CHICKEN PATTY  
FRENCH FRIES, ROLL  
CORN,APPLESAUCE,  
CRAISINS,JUICE,MILK

7

BEEF NACHOS  
BEANS & CORN  
PEARS, CRAISINS  
JUICE,MILK

8

PASTA W/ MEATSAUCE  
GARLIC KNOT  
GREENBEANS  
MIXED FRUIT, CRAISINS  
JUICE,MILK

9

GRILLED CHEESE  
TOMATO SOUP,CARROTS  
APPLE, CRAISINS  
JUICE,MILK

10

PIZZA , TOSSED SALAD  
BROCCOLI  
STRAWBERRIES, CRAISINS  
JUICE,MILK

11

QUESADILLA  
BEANS & MIXED VEG.  
PEARS,CRAISINS  
JUICE,MILK

1

PASTA W/ MEATSAUCE  
GARLIC KNOT  
GREENBEANS  
MIXED FRUIT, CRAISINS  
JUICE,MILK

2

FRENCH TOAST STICKS  
SAUSAGE,HASHBROWN  
CARROTS,PEACHES,  
CRAISINS,JUICE,MILK

3

PIZZA , TOSSED SALAD  
BROCCOLI

40

NO

14

NO

15

NO

16

NO

17

NO

18

SCHOOL

SCHOOL

SCHOOL

SCHOOL

SCHOOL

CHICKEN PATTY  
FRENCH FRIES,BROCCOLI  
APPLESAUCE, CRAISINS  
JUICE,MILK

21

BEEF NACHOS  
BEANS & CORN  
PEARS, CRAISINS  
JUICE,MILK

22

PASTA W/ MEATSAUCE  
GARLIC KNOT  
GREENBEANS  
MIXED FRUIT, CRAISINS  
JUICE,MILK

23

PANCAKES  
SAUSAGE,HASHBROWN  
CARROTS, PEACHES, CRAISINS  
JUICE,MILK

24

PIZZA, TOSSED SALAD  
GREEN BEANS  
STRAWBERRIES,CRAISINS  
JUICE,MILK

25

CHICKEN NUGGETS  
FRENCH FRIES, CORN  
ROLL,CRAISINS,JUICE  
STRAWBERRY CUP,MILK

28

QUESADILLA  
BEANS & MIXED VEG.  
PEARS,CRAISINS  
JUICE,MILK

29

FRENCH BREAD PIZZA  
CARROTS, GREEN BEANS  
APPLESAUCE,CRAISINS  
JUICE, MILK

30

THE USDA IS AN  
EQUAL  
OPPORTUNITY  
PROVIDER AND  
EMPLOYER

BREAD OFFERINGS ARE WHOLE  
GRAIN. MILK OFFERINGS ARE 1%  
WHITE OR FATFREE FLAVORED.  
MILK IS OFFERED AT EVERY MEAL

ADDITIONAL CHOICES AVAILABLE  
DAILY.CHOICES ARE PB&J,  
TURKEY SANDWICH, CHEF SALAD  
OR CHEF'S SPECIAL

LUNCHES:  
Free to anyone  
that qualifies.  
CHILD- \$4.00  
ADULT- \$5.00



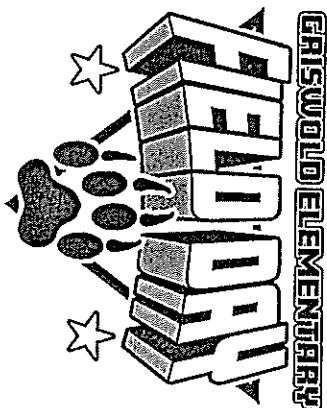
# REMINDER ANNOUNCEMENT

FRIDAY is the last day for Field Day

Orders. No orders will be taken after Friday. If you have lost or misplaced your order form, you may use THIS form to order. If you have already ordered, please disregard this reminder.



Scan Code to Visit Store



**ONLINE ORDERING AVAILABLE AT:**

**[HTTPS://GRISWOLD2025.ITEMORDER.COM](https://GRISWOLD2025.ITEMORDER.COM)**

If Ordering Online, Please Do NOT Submit paper form!

( This is your design )

## MANUFACTURER'S SIZE DESCRIPTION

| SHIRTS | Youth Small<br>6 - 8 | Youth Medium<br>10 - 12 | Youth Large<br>14 - 16 |
|--------|----------------------|-------------------------|------------------------|
| PANTS  | Youth Small<br>6 - 8 | Youth Medium<br>10 - 12 | Youth Large<br>14 - 16 |

- Checks payable to:

**GRISWOLD ELEMENTARY SCHOOL**

(include payment with order)  
PLEASE DO NOT PUT MORE THAN ONE STUDENT'S ORDER ON A PAPER ORDER FORM.

Tee Colors are assigned by grade.

No Substitutions!

Pre K - Orange

K - Yellow

1 - Kelly Green

2 - Hot Pink

3 - Royal Blue

4 - Red

Staff - choice of Lime or Tie Dye

| TEE SHIRT                                                                                        |                                                                                                  |
|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|                                                                                                  | <p>YOUTH \$14.00</p> <p>ADULT \$16.00</p> <p>XXL \$18.00</p> <p>ITEM COLOR ASSIGNED BY GRADE</p> |
| <p>100% Cotton Heavy Weight</p> <p>Youth Sizes: Y-S Y-M Y-L</p> <p>Adult Sizes: S M L XL XXL</p> | <p>Please enter a QUANTITY IN BOXES, NOT 'X'</p>                                                 |

| DRI-FIT STYLE SHORTS                                                                                                           |                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
|                                                                                                                                | <p>YOUTH \$19.00</p> <p>ADULT \$21.00</p> <p>XXL \$23.00</p> <p>ITEM COLOR BLACK</p> |
| <p>Dri-Fit Style Shorts</p> <p>GRISWOLD ELEMENTARY SCHOOL</p> <p>Youth Sizes: Y-S Y-M Y-L</p> <p>Adult Sizes: S M L XL XXL</p> | <p>Please enter a QUANTITY IN BOXES, NOT 'X'</p>                                     |

| STAFF ONLY SHIRTS                                                                                 |                                                                      |
|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
|                                                                                                   | <p>ADULT \$16.00</p> <p>XXL \$18.00</p> <p>ITEM COLOR LIME GREEN</p> |
| <p>100% Cotton Heavy Weight</p> <p>Youth Sizes Not Available</p> <p>Adult Sizes: S M L XL XXL</p> | <p>Please enter a QUANTITY IN BOXES, NOT 'X'</p>                     |

| STAFF ONLY SHIRTS                                                                                 |                                                                   |
|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
|                                                                                                   | <p>ADULT \$25.00</p> <p>XXL \$27.00</p> <p>ITEM COLOR RAINBOW</p> |
| <p>100% Cotton Heavy Weight</p> <p>Youth Sizes Not Available</p> <p>Adult Sizes: S M L XL XXL</p> | <p>Please enter a QUANTITY IN BOXES, NOT 'X'</p>                  |

NAME

GRADE

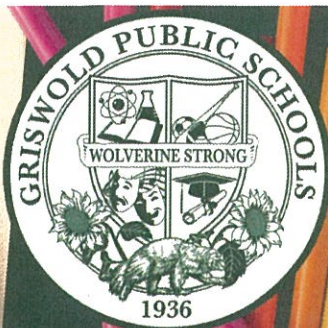
HOMEROOM TEACHER

TOTAL NUMBER OF GARMENTS ORDERED

TOTAL AMOUNT DUE

PHONE NUMBER

⚠ Because these are custom made items, we cannot accept returns or exchanges for incorrect sizes and colors ordered.



# GRISWOLD ELEMENTARY SCHOOL KINDERGARTEN REGISTRATION

Children who are 5 before  
September 1, 2025 are eligible\*

Register for the  
2025-2026 School Year

SCAN  
ME



Scan the QR code and complete the form to start the registration process. +

*Kindergarten  
Screening will be  
held on May 23rd.  
Staff will be in touch  
to schedule your  
child's appointment  
time.*

Families can find the Registration Packet  
and more information about kindergarten  
on our district's website.

**\*\*Please note ALL registration materials are needed  
before your child can be fully enrolled.\*\***

+Children already enrolled in Griswold Early Education Program who  
are eligible for kindergarten are automatically registered in kindergarten  
and do not need to attend the screening.

*\*Children born after September 1- December 31, 2020,  
must submit the waiver application for early entry to  
kindergarten. The state of Connecticut has implemented a  
new law that stipulates children must be 5 on or before  
September 1st, starting the 2024-2025 school year, for a  
child to be eligible to register for kindergarten. The law  
also allows districts to waive that requirement.  
Please visit the district's website for more information.*

[www.griswoldpublicschools.org](http://www.griswoldpublicschools.org)

**CONTACT  
US TODAY!**

Griswold Elementary School  
303 Slater Avenue  
(860) 376-7610

[dfargo@griswoldpublicschools.org](mailto:dfargo@griswoldpublicschools.org)



**WOLVERINES FORWARD**  
BEFORE & AFTER SCHOOL PROGRAM

# PREKINDERGARTEN PROGRAM

**REGISTRATION OPENS MAY 1ST**

Providing quality wrap around childcare for students attending the Griswold Early Education Program. Housed right at GES we are open 7:00 a.m. - 5:00 p.m. following the GEEP calendar.



## HIGHLIGHTED BENEFITS:

Caring & Trained Staff

Play-based Learning

Engaging Curriculum

Daily Snack Provided

Outdoor & Active Play

Director Jaselyn Caviness  
860-376-7616  
[JCaviness@griswoldpublicschools.org](mailto:JCaviness@griswoldpublicschools.org)

Scan here to learn more



# WOLVERINES FORWARD

## Before & After School Program

Providing affordable, quality before and after school care for students in grades K-4 attending Griswold Elementary School.



Exploring the Arts



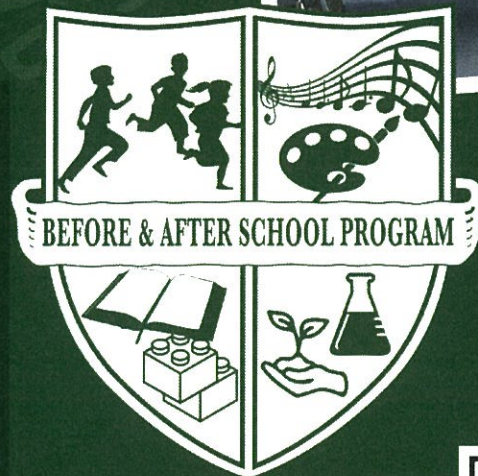
Fun with STEM



Homework Support



Sports and Fitness



**COST:**

Scan here to access our website >

Before School  
\$135/mo

After School  
\$175/mo

Both Before & After  
\$290/mo

**2025-2026 REGISTRATION  
OPENS MAY 1ST**

Call Us  
**860-376-7616**

# Spring Break Soccer Camp

for youth soccer players of all ages and skill levels!

**April 14 -17, 2025**

**Monday - Thursday**  
**9:00 a.m. - 12:00 p.m.**  
**(Rain Date: Friday, April 18)**

with Coach Connor McManus and  
Griswold High School soccer players  
(plus additional professional coaches  
based on players registered)

**\$150/  
player**

**EPIC**



**Griswold Community  
Turf Field**

267 Slater Avenue,  
Griswold, CT

**SCAN HERE**



Register at [epicsmg.sportngin.com/register/form/241725662](https://epicsmg.sportngin.com/register/form/241725662)

**Make an account to register. Learn more at [epicsmg.com](https://epicsmg.com)**

# SLATER LIBRARY

## OPEN HOUSE ART SHOW

Save the date  
April 12, 2025  
2-6pm

26 Main St  
Jewett City, CT 06351

Celebrate local artists

Sponsored by local businesses  
and  
the Friends of Slater  
Scan the QR for More information





# **GES Art Show**

**April 23rd & 24th**

**4:30 - 6:30**



NORWICH  
*Sea Unicorns*™



# READING NIGHT

**JUNE 19TH, 2025 @ 6:30PM**

**GATES OPEN @ 5:30PM**

**JOIN US ON THURSDAY, JUNE 19TH, 2025!**

**STUDENTS PARTICIPATING IN THE SEA UNICORNS  
READING PROGRAM CAN EARN A TICKET TO  
READING NIGHT BY FULFILLING 500 MINUTES OF  
READING, BEFORE MAY 1ST, 2025.**

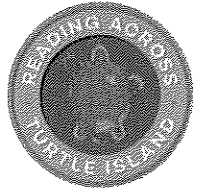
**EDUCATIONAL EXPERIENCES  
SPONSORED BY:**



**- MASHANTUCKET -  
PEQUOT  
MUSEUM  
& RESEARCH CENTER**



NORWICH  
*Sea Unicorns*  
**READING PROGRAM**



## HOW IT WORKS

- READ AS MANY BOOKS AS YOU CAN, STARTING JANUARY 1ST, 2025.
- LOG THE TITLE, AUTHOR AND THE MINUTES OF BOOKS YOU READ, AND SUBMIT THEM TO YOUR TEACHER.
- THE DEADLINE FOR SUBMISSIONS IS MAY 1, 2025.

## WHAT YOU CAN WIN

EACH STUDENT WHO READS 500 MINUTES OR MORE,  
WILL RECEIVE A TICKET TO A NORWICH SEA UNICORNS HOME GAME.

- YOU AND YOUR CLASSMATES COULD WIN AN ON-FIELD EXPERIENCE AT DODD STADIUM, BEFORE A NORWICH SEA UNICORNS HOME GAME. ONE CLASS FROM EACH GRADE, THROUGHOUT THE AREA, WITH THE MOST COMBINED MINUTES READ, WILL BE THE WINNING CLASS! (K-8TH GRADE)
- THE STUDENT WITH THE MOST MINUTES READ IN THE PROGRAM, WILL BE HONORED WITH A CEREMONIAL FIRST PITCH ON OUR SEA UNICORNS READING NIGHT GAME (TBA).
- THE TEACHER OF THE WINNING CLASSES, WILL BE AWARDED WITH A PRIZE PACK FROM THE SEA UNICORNS AND THE MASHANTUCKET PEQUOT MUSEUM.



FOR MORE INFO CONTACT, [READE@GOSEAUNICORNS.COM](mailto:READE@GOSEAUNICORNS.COM)



# SEA UNICORNS READING PROGRAM

**STUDENT:**

**TEACHER:**

*Presented By*



**PEQUOT  
MUSEUM**  
— MASHANTUCKET —  
& RESEARCH CENTER



**BOOK TITLE & AUTHOR**

**MINUTES**

**1**

**2**

**3**

**4**

**5**

**6**

**7**

**8**

**9**

**10**

**11**

**12**

**RETURN THIS READING LOG TO YOUR TEACHER**

**BY MAY 1, 2025**

# Attendance *Matters!*

**Consistent attendance  
in elementary school  
supports life long  
academic success,  
social skills, and self  
confidence**



We encourage  
students to be

- ☒ **At School**
- ☒ **On Time**
- ☒ **Every Day**

**Please reach out to the Support Team  
with any concerns about your student's  
attendance**



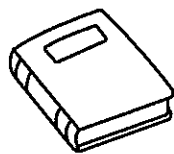
# Griswold Elementary School

## PTO Updates

GES  
PTO

Order your:

# 2024-2025 GES YEARBOOK



today!

Each Yearbook is \$25.00 +  
orders are due April 10, 2025

Limited number of yearbook copies,  
so reserve yours today!

Questions? Reach out to  
[gespto@griswoldpublicschools.org](mailto:gespto@griswoldpublicschools.org)

Please fill out the form below and return to school.

Yearbook orders are due by April 10, 2025

Student: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Phone# \_\_\_\_\_

Number of Yearbooks \_\_\_\_\_ x \$25.00

Total Due \$ \_\_\_\_\_

GES PTO  
@GES-PTO-2



**venmo**

Cash, Checks, Venmo accepted (Make checks payable to GES  
PTO) Please include payment with order form.



# MUFFIN MORNINGS

## FOURTH GRADE | APRIL 24, 2025

### EVENT INFO

Calling all Fourth Grade students! Invite someone special in your life to eat a light breakfast of muffins and fruit and meet new friends and families!

**DATE:** Thursday, April 24th, 2025

**TIME:** 8:00 - 8:30 am

**PLACE:** GES Cafeteria

SPIRIT STICKS WILL BE  
ON SALE- \$1 EACH!

### CONTACT US

 [gespto@griswoldpublicschools.org](mailto:gespto@griswoldpublicschools.org)

 Griswold Elementary School PTO

### LOGISTICS

#### ARRIVAL:

- Park in the lot by GHS + use the crosswalks
- ALL Guests must sign into the GES Main Office
- Go directly to the GES Cafeteria and stay with your student at all times

#### DEPARTURE:

Please exit the building at 8:30 am, when the event has ended, to allow time to clean up. Doors will open back up at 8:40 am for school arrival.



\*Please detach and return form with student by Monday, April 21, 2025

**STUDENT NAME:** \_\_\_\_\_

**TOTAL ATTENDING:** \_\_\_\_

**TEACHER NAME:** \_\_\_\_\_

#### I CAN HELP:

\_\_\_ I will bring \_\_\_ muffins.

\_\_\_ I will bring water bottles.

\_\_\_ I will bring fresh fruit - type: \_\_\_\_\_



#### CONTACT INFO:

Name: \_\_\_\_\_

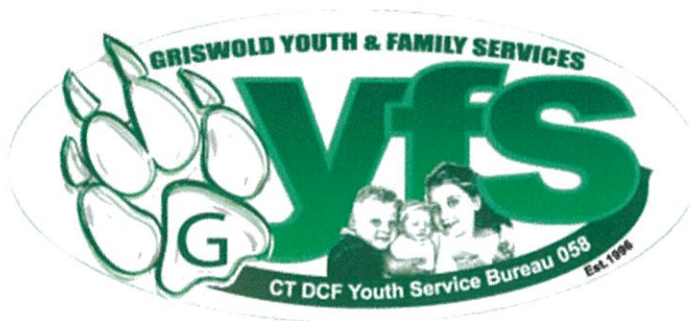
Phone Number: \_\_\_\_\_ Call/Text (circle)

E-mail: \_\_\_\_\_

# Town Of Griswold

## Youth & Family Services

### Updates



TOWN OF GRISWOLD, CT  
Youth & Family Services  
Park & Recreation Department  
Griswold Youth Service Bureau 58

28 Main Street  
Jewett City, CT 06351  
(p) 860 376-7026 (w) [griswoldyfs.com](http://griswoldyfs.com)  
(e) [director@griswoldyfs.com](mailto:director@griswoldyfs.com)



**APRIL 14 - 17      HELD @ GES**  
**(off 18th Good Friday)**

**9 AM - 4 PM      AGES 5 - 10**

**Griswold/Jewett City Residents: \$130 per child**

**Non-Residents: \$180 per child**

**(bring breakfast & lunch)**

**Includes: Field Trip + Science Show at GES**

**Care4Kids** **accepted** (must get approved before enrolling)  
parent/provider agreement pre-filled on website

**enrolling now**  
**GRISWOLDREC.ORG**



**Cal's  
Appliance**  
QUALITY APPLIANCE REPAIR  
860-884-4548

**GRISWOLD**  
DENTAL ASSOCIATES

**eastern**  
CT savings bank



**GRISWOLDREC.ORG**

# MUSIC IN THE PARK + HUGE COMMUNITY YARD SALE

**\$10 SPOTS & FREE ADMISSION FOR CONCERTS**

**MAY 3, 2025**

**YARD SALE: 7 AM - 3 PM**

**MUSIC: 12 PM - 4 PM**



The best of

**BOLZ**

Led Zeppelin



**WOODEN HORSE**



**FREE FAMILY FUN**

**GOLD  
SPONSOR**

**GRISWOLD**  
DENTAL ASSOCIATES

**BRONZE SPONSORS**  
JEWETT CITY SAVINGS BANK

**WE NEED  
SPONSORS!  
\$100**

**GRISWOLD YOUTH&FAMILY / PARK&REC**



**COLOR  
RUN**  
3K @ GHS



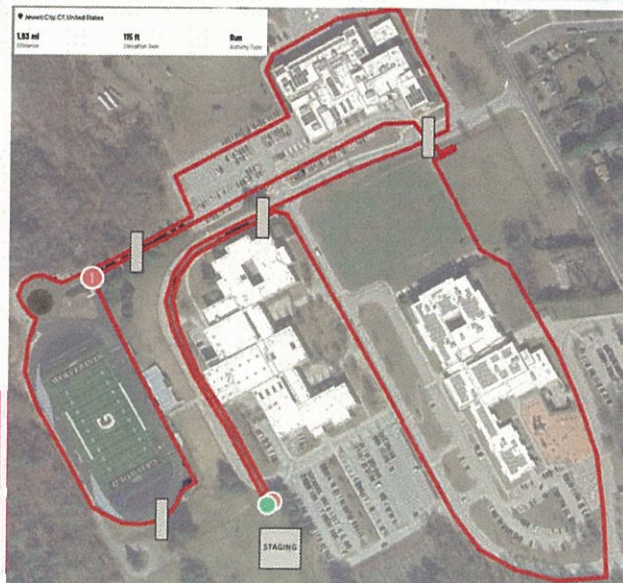
**FUNDRAISER FOR:  
GES PTO, GMS PTO**

**\$30 PER RUNNER  
(INCLUDES SHIRT & BIB)**

**MAY 10**  
10 AM START TIME

**GRISWOLDREC.ORG**

**ENROLLING IN FEBRUARY**



Jewett City, CT, United States

1.93 mi  
Distance

115 ft  
Elevation Gain

Run  
Activity Type

**COLOR  
STATIONS**

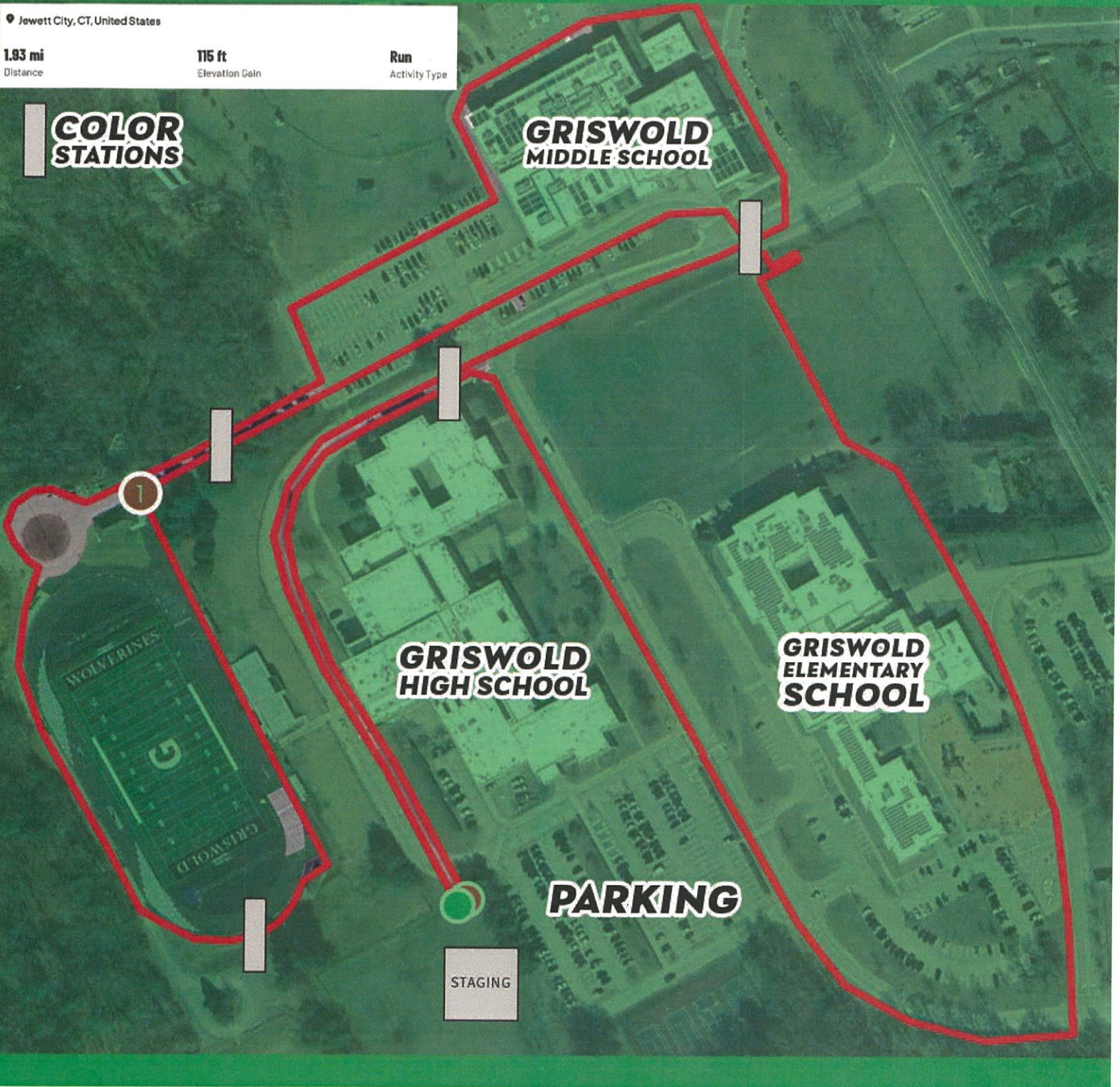
**GRISWOLD  
MIDDLE SCHOOL**

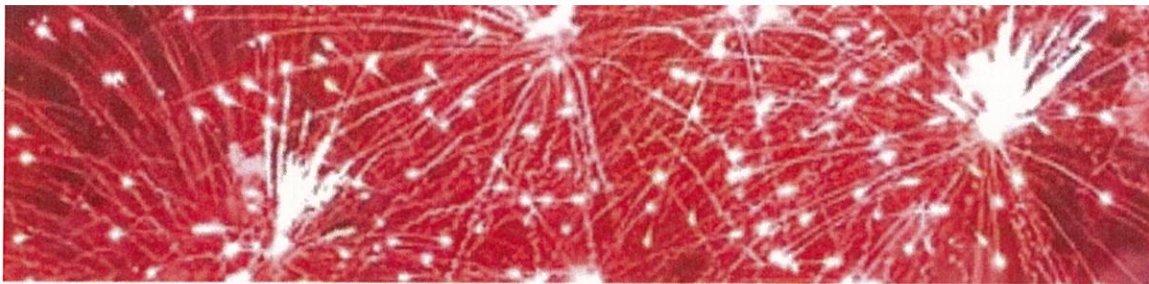
**GRISWOLD  
HIGH SCHOOL**

**GRISWOLD  
ELEMENTARY  
SCHOOL**

**PARKING**

STAGING





**GRISWOLD**  
DENTAL ASSOCIATES

  
**Jewett City**  
Savings Bank  
Since 1879

 **Service**  
**tation**  
Equipment, Inc.

**Cal's**  
**Appliance**  
QUALITY APPLIANCE REPAIR

**GRISWOLD YOUTH&FAMILY / PARK&REC'S**



**HELD AT: VETERAN'S MEMORIAL PARK**  
**GPS: 68 Ashland Street, Jewett City**

**FREE ACTIVITIES: 4 - 7 PM**  
**FOOD TRUCK FESTIVAL : 4 - 10 PM**  
**FIREWORKS : 8:30 PM**

**CALLING ALL NON-PROFITS!**

**FREE SPOTS & WILL BE ON THE SCAVENGER HUNT!**

**FOOD TRUCKS WANTED! \$75 FOR A SPOT, LIMITED SPOTS,  
FIRST COME FIRST BOOK!**

**SIGN UP AT: [GRISWOLDREC.ORG](http://GRISWOLDREC.ORG)**



# SUMMER

griswoldrec.org  
programs  
REG + WELLNESS + VARIETY = FUN

JUNE 30 - AUGUST 15

JUNE 16-20

FYI! Grades 2-5... if you sign up for both then bring a lunch!  
Youth Center Staff will host an hour block of activities in between both programs.



## FARMERS MARKET FRESH: SEASONAL COOKING:

COST? \$170 JEWETT CITY/GRISWOLD & \$190 NON-RESIDENTS  
TIME? 9 AM - 12 PM  
WHERE? GES  
WHO? ENTERING GRADES 2-5  
NUT FREE & VEGETARIAN



## COOKING AROUND THE WORLD

COST? \$170 JEWETT CITY/GRISWOLD & \$190 NON-RESIDENTS  
TIME? 1 PM - 4 PM  
WHERE? GES  
WHO? ENTERING GRADES 3-6  
NUT FREE & VEGETARIAN



## PICKLEBALL CAMP

COST? \$145.00  
TIME? 9 AM - 12 PM  
WHERE? GES  
AGES? 7-9 YEARS OLD  
NOTES: NO CAMP 6/19

NEW!

ELEMENTARY SCHOOL PROGRAM!

## VOLLEYBALL CAMP

COST? \$185.00  
TIME? 9 AM - 1 PM  
WHERE? YES, HELD @ GES  
AGES? 10-14 YEARS OLD  
NOTES: NO CAMP 6/19

NEW!

MIDDLE SCHOOL PROGRAM!

JUNE 23-27

## HOOP ACADEMY SUMMER BBALL CAMP

COST? \$220 JEWETT CITY/GRISWOLD & \$240 NON-RESIDENTS  
TIME? 9 AM - 3 PM  
WHERE? GHS / GMS  
WHO? ENTERING GRADES 3-9

VERY POPULAR PROGRAM



## MINI-HAWK CAMP

(Baseball, Flag Football & Soccer)  
COST? \$160.00  
TIME? 9 AM - 12 PM  
WHERE? GES  
AGES? 4-6 YEARS OLD



## MULTI-SPORT CAMP

(Flag Football, Flag Rugby, Capture the Flag & GaGa Ball)  
COST? \$200.00  
TIME? 9 AM - 3 PM  
WHERE? GES  
AGES? 7-12 YEARS OLD  
PREDESIGNED PROGRAM!



+ FIREWORKS!



FAMILY FISHING DAY  
JUNE 24, 2025  
4:30 - 7:00 PM



9 AM - 4 PM

7-weeks pick & choose which weeks

AGE AS OF JUNE 1!

Ages K & 1 = Residents Only

Ages 2 - 9 (NEW!) = All Towns

\$10 Sibling Discount Per Week!

PER CHILD, PER WEEK:  
GRISWOLD RESIDENTS: \$130  
ALL NON-RESIDENTS: \$190

7-9 AM: EARLY CARE:  
\$80 PER FAMILY

BREAKFAST & LUNCH PROVIDED

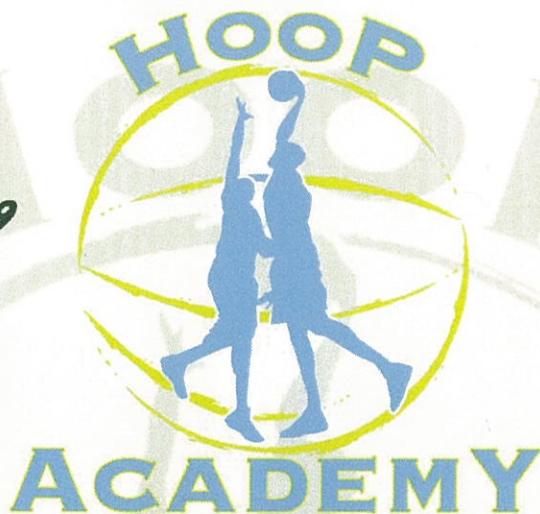
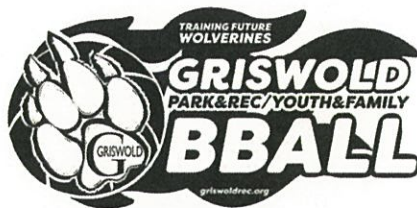
off July 4 (federal holiday)

Care4Kids

**SCAN HERE TO REGISTER!!**



**HTTPS://FORMS.GLE/  
QGINKHQWHCKMIDTU9**



**venmo**

**SCAN HERE TO  
PAY WITH VENMO**



**SUMMER SLAM 2025 @ GRISWOLD HS/MS!!!**



**LOCATION: GRISWOLD HS/MS  
267 SLATER AVE.  
GRISWOLD, CONN, 06351**

**WHEN: MONDAY-FRIDAY,  
JUNE 23RD - 27TH, 2025**

**TIME: 9 A.M. TO 3 P.M.**

**IF YOU HAVE QUESTIONS, PLEASE CONTACT:  
COACH GEORGE HARDISON - (860) 625-4968  
THEHOOPACADEMY@GMAIL.COM**

**WHO: FOR BOYS AND GIRLS  
ENTERING GRADES 3-9  
WHO LOVE TO PLAY BASKETBALL!!**

**FEE: \$220 FOR GRISWOLD/  
JEWETT CITY RESIDENTS  
\$240 FOR NON-RESIDENTS**

**WWW.THEHOOPACADEMY.COM**

**f THEHOOPACADEMY**

**THEHOOPACADEMYBASKETBALLCAMP**

# WELLNESS/EXERCISE/FITNESS LOCAL OPTIONS

Kokondo Karate

Monday/Thursday @ 7 pm

Call Tom: 860.376.5680

Held at: River Church, 32 School St., Jewett City

Aerobics/Pilates

Monday/Thursdays @ 5:30 pm

Call Tory: 860.859.7922

Held at: River Church, 32 School St., Jewett City

Yoga

Mondays @ 5:45

Call Erica: 860.608.2449

Held at: 879 Voluntown Road

Local Gym/Fitness Center

CT Barbell

Open 7-Days a Week

Call: 860.591.1075

Located in Slater Mill:

39 Wedgewood Drive, Jewett City

Aerial Arts Fitness

(860) 367-2302

Located in Slater Mill:

39 Wedgewood Drive, Jewett City

Local Professional Trainer/Fitness Center

Sessions Wellness Studios

Call Kris: 860.917.0744

Located: 461 Voluntown Road, Jewett City

Local Professional Classes/Fitness Center

Body Love Fit

Call Bonny: 860.608.8198

Located in Slater Mill:

39 Wedgewood Drive, Jewett City

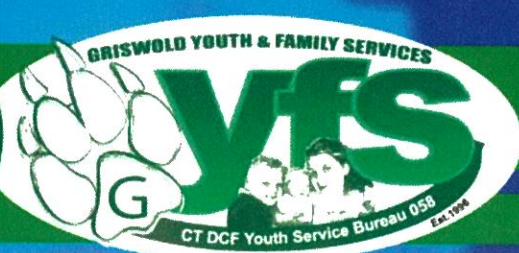
ALL YOUTH  
SPORTS:

[griswoldrec.org](http://griswoldrec.org)

VIEW  
ALL  
SPORTS,  
EXERCISE &  
WELLNESS  
OPTIONS AT:  
[griswoldrec.org](http://griswoldrec.org)

Griswold Nutrition  
Drinks, Snacks +  
More  
(860) 382-9231  
In Slater Mill, 39  
Wedgewood  
Drive

# WOLVERINE FIT



SUPPORTING  
LOCAL BUSINESS  
[GRISWOLDREC.ORG](http://GRISWOLDREC.ORG)

# GRISWOLD & LISBON PICKLEBALL CLUB

Various Days Available

We love to see new faces and all levels are welcome! This is a just for fun meetup league!

How to Play?

- Download TEAMREACH App
- Use Code: LM169
- Locations in both Towns.
- Griswold will supply Waivers to be signed before playing.



SIGN WAIVER



# **NON-PROFIT YOUTH SPORTS**

**REC BBALL  
TRAVEL BBALL**

**Town of Griswold  
Park & Rec**

**[griswoldrec.org](http://griswoldrec.org)**

**WRESTLING  
CLUB**

**Town of Griswold  
Park & Rec**

**[griswoldrec.org](http://griswoldrec.org)**

**FOOTBALL  
FLAG & CHEER**

**[griswoldyouthfootballandcheer.com](http://griswoldyouthfootballandcheer.com)**

**SOCCER  
OUT/INDOOR**

**[griswoldsoccer.org](http://griswoldsoccer.org)**

**T-BALL  
SOFT/BASEBALL**

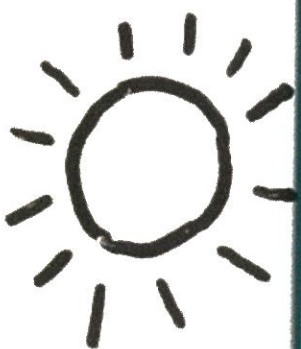
**[jewettcitylittleleague.org](http://jewettcitylittleleague.org)**

**LACROSSE  
CLUB**

**[norwichyouthlacrosse.org](http://norwichyouthlacrosse.org)**



free  
Home



Held @  
The Griswold  
Youth Center

School

support

Learn more: Text Kristi  
860.949.7657

