



# **Livermore Learns Transition from Elementary School to Middle School**

**April 8, 2025**



# Agenda

1. Welcome and Introductions
2. The Transition: What to Expect
3. Logistics & Daily Life
4. Rules & Policies
5. Academics & Student Success
6. Parent Role in Middle School
7. Supporting the School Community
8. School Culture & Student Life
9. Extracurricular Activities & Student Engagement
10. Final Tips & Q&A



# Transition: What to Expect

1. Going from one or two teachers to four or five teachers
2. 200-300 students per grade level
3. Schoology and Communication
4. Student Supplies and Organizational Skills



# Logistics and Daily Life

## Daily Schedule for Students:

### MON., TUES., THURS., FRI.

PERIOD 0	7:30 – 8:20
PERIOD 1	8:25 – 9:15
PERIOD 2	9:19 – 10:09
BREAK	10:09 – 10:15
PERIOD 3	10:19 – 11:14
PERIOD 4A	11:18 – 12:08
PERIOD 4B	11:53 – 12:43
4A LUNCH	11:14 – 11:49
4B LUNCH	12:08 – 12:43
PERIOD 5	12:47 – 1:37
PERIOD 6	1:41 – 2:31

### WED., Early Release Days

PERIOD 0	7:30 – 8:10
PERIOD 1	8:25 – 9:05
PERIOD 2	9:09 – 9:49
BREAK	9:49 – 9:55
PERIOD 3	9:59 – 10:44
PERIOD 4A	10:48 – 11:28
PERIOD 4B	11:23 – 12:03
4A LUNCH	10:44 – 11:19
4B LUNCH	11:28 – 12:03
PERIOD 5	12:07 – 12:47
PERIOD 6	12:51 – 1:31



# Logistics and Daily Life



## Lunchtime Routines:

- Lunch is 35 minutes long
- Students eat lunch either inside or outside
- Students may either bring their own lunch or get a free lunch, provided everyday
- After they eat, students are free to play on the blacktop, participate in lunchtime activities organized by leadership students, or go to the library when open



# Rules and Policies

## Rules & Policies

- Communicating Expectations
- Dress Code
- Cell Phone Policy
- TK-12 Discipline Policy
- Personal Hygiene Expectations
- Positive Behavior Recognition



# Academics and Student Success

1. Core Classes & Electives
2. PE Locker Rooms & Locks
3. Math Progression and Support
4. What Happens When a Student Falls Behind?
5. How Do I Get Help When I Have a Question?
6. Teaching Self Advocacy



# Parent Role in Middle School

**Parent involvement and support is needed EVEN MORE  
as children become teenagers.**

Middle school is a critical time for students to develop self-reliance and accountability. Parents can support this by:

- **Setting Expectations** – Encourage your child to take ownership of their homework, chores, and commitments.
- **Teaching Time Management** – Help them use planners or digital calendars to track assignments and deadlines.
- **Allowing Natural Consequences** – Let them experience the impact of missed homework or forgotten items rather than rescuing them.
- **Encouraging Problem-Solving** – Before stepping in, ask guiding questions like, "How do you think you should handle this?"



# Parent Role in Middle School

## **Building Study Habits & Organizational Skills**

- Designate a quiet, distraction-free study space at home.
- Encourage consistent study routines, even when there's no test coming up.
- Teach them to break down large projects into smaller tasks.

## **Fostering Emotional and Social Growth**

- Keep communication open by listening without judgment.
- Help them navigate friendships and peer pressure.
- Encourage involvement in extracurricular activities to build confidence and leadership skills.
- Monitor their social media activity.



# Supporting the School Community

## Supporting the School Community

- Ways to Get Involved in Middle School
- PTSA/PTA, SSC, LCAP, ELAC & Volunteering Opportunities at sites may vary



# School Culture and Student Life

1. Positive Behavior Interventions & Supports (PBIS)
2. Social Emotional Learning
3. Wellness Center and Student Support Services
4. Social Media and Online Behavior



# Extracurricular Activities and Student Engagement

## Co-Curricular Activities and Clubs

- Dances / Socials
- After school activities

Some of the clubs offered include, but are not limited to:

- Girls Who Code
- MathCounts
- Neon Clear
- Chess Club
- GSA Club



# Extracurricular Activities and Student Engagement

## **SPORTS**

***Students must have an LVJUSD physical filled out by a physician and turned into the office to participate in athletics.***

- Cross Country (Co-Ed) (Aug)
- Boys Basketball (Aug)
- Girls Basketball (Oct)
- Boys Volleyball (Jan)
- Wrestling (Co-Ed) (Mar/Apr)
- Girls Volleyball (Mar/Apr)
- Track (Co-Ed) (Apr)
- Golf (Co-Ed) (Apr)



# Final Tips and Thoughts

1. Get involved (both student and parents/guardians) - stay involved
2. Communicate with your student and the school
3. Check Schoology and Student Planner
  - Make sure to sign up for a parent Schoology account
4. Check websites, **SCHOOL NEWSLETTERS**, etc.
5. It will be OK, we're here to help!



**Thank You!**

**Questions / Comments?**