





















DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

WEDNESDAY, APRIL 09, 2025

BIRTHDAYS	LUNCH	SENIOR CORNER
No Birthdays	Turkey & Cheese Deli Sandwich, Veggies, Fruit & Milk Variety	Participation in senior activities, including the picnic and trip, is a privilege. Eligibility requires meeting all guidelines, and failure to do so may result in lost privileges. Thank you for upholding these standards as we celebrate our graduates!

ACADEMICS	ACTIVITIES	ATHLETICS
<p>Attention Juniors!</p> <p>It's time to show what you know! The CAASPP state tests are coming up, and this is your chance to demonstrate your skills in English, Math, and Science. Mark your calendars:</p> <p> 17 English: April 22 & April 24</p> <p> 17 Math: April 29 & May 1</p> <p> 17 Science: May 6</p> <p>Questions? See talk to one of your English, Math or Science teachers! Let's do this! 🚀</p> <p>The end of the grading period is next Friday, April 18th!</p>	<p> Prom: Save the Date! </p> <p> Saturday, April 19  7:30 - 9:30 PM Let's make it a night to remember! ✨ The eligibility & non-privilege list will apply.</p> <p> Prom Permission Slips & Tickets Sales start Monday after Spring Break! You MUST have a signed permission slip before buying a ticket!  Pre-sale is highly encouraged to secure your spot—don't wait until the last minute! Questions? Reach out to Hayenga!</p> <p>To attend PROM you must have all bills paid and NOT be on the non-privilege list and meet eligibility requirements!</p> <p> ✨ SPIRIT WEEK: April 14–18! ✨ </p> <p>Let's get hyped for PROM on Saturday, April 19 with a full week of fun, fashion, and prizes!   </p> <p> Monday (4/14): Glam In or Glam Out – PJs or red carpet ready 👑—your kind of glam!  Tuesday (4/15): Dress as Your Favorite Color – Pick your power color and wear it loud! 🌈   Wednesday (4/16): White Lies or Red Flags – Rock a funny "white lie" shirt 😜 or a classic red flag  (keep it school-appropriate!).  Thursday (4/17): Rhyme Without Reason – Pair up and rhyme with no reason! 🗣️ (ex:</p>	<p>Wednesday: Golf @ Hidden Valley @ 11:30am,, release @ 9:15</p> <p>Track @ Lower Lake @ 3pm, release @ 1:15</p> <p>Friday: Varsity Baseball and Softball @ Lower Lake @ 4pm, release @ 1:45. Jv softball vs Lower Lake @ 4pm, release @ 2:45</p>

"witch & snitch" or "pirate & parrot")

🎃 Friday (4/18): *Disney Day!* – Dress as your favorite Disney character 🧚 or wear Tangled colors: 💜💛

STUDENT SERVICES WORDS OF WELLNESS

Move to Reset 🚶 Stuck in a bad mood? A quick walk, stretch, or even a few jumping jacks can reset your energy and improve focus. Movement helps regulate emotions and clears the mind. Try it between study sessions!

If you have physical needs, food, clothing, or healthcare, reach out to your student services team. We can help. Your student services team is Thomas, Miles, Lori, Bob, Danielle, Mrs. Accurso and Ms. Toback. Stop by the office or catch us on campus. We look forward to serving you and connecting you to the help you need.