



Webinar
Eliza Chat PILOT - AI Powered Wellness Tool

April 8, 2025
Dr. Michael Lubelfeld - Superintendent
Dr. Holly Colin - Assistant Superintendent

Introducing Pilot



For Students ages 13 & 14 only

April - May - June - Pilot Period

Wellness Resources

Referral**GPS**



Visit nssd112.org/resources to learn more.

Wellness Emphasis

**12 School
Psychologists
20 School
Social Workers**

**MENTAL HEALTH
AND WELLNESS**



District Programs

- Core Curriculum
 - ◆ Second Step (PreK)
 - ◆ Suite360 (K-8)
 - ◆ WayFinder (pilot at NW/RO)
- Supplemental Resources
 - ◆ Calm Classroom
 - ◆ Knowtice
 - ◆ Sown to Grow
- SEL Screener
- Student Device Monitoring
- Threat Assessment

Partnerships

- Cartwheel - Teletherapy
 - ◆ & psychiatric care
 - ◆ Parent education
- Heart of the City
- Josselyn Center
- Lake County ROE
 - ◆ Referral GPS
- Parentguidance.org - Parent Coaching
- Safe2Help Illinois
- Highwood Library
- Highland Park Police Department - Social Worker
- Josselyn Center
 - ◆ Nuestra Center
- Zacharias Center

D112 AI Integration Journey

- Oct 2023 - Inspired at SLN
- Nov-present - Explore & Learn
- April 2024 - CoSN Learning
- May 2024 - Policy Guidelines
- May 2024 - Magic School Pilot
- Summer 2024 - Webinars
- 2024-2025: Evaluate and Refine



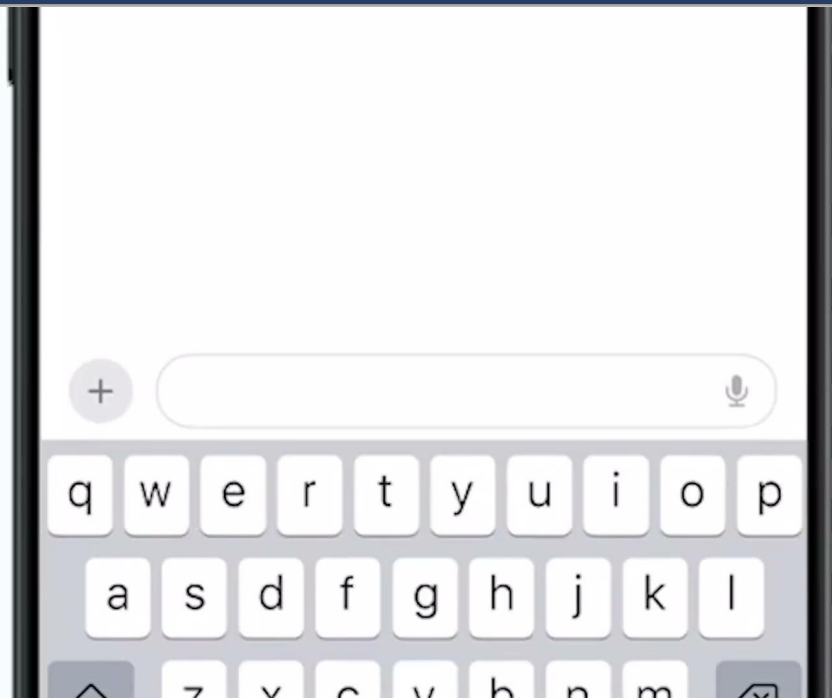


Your safety. Our responsibility.

We understand the importance of mental health and safety. Eliza is designed to guide and support, but it's crucial to understand that she does not replace professional therapists or crisis intervention. If you're in crisis or need immediate help, please contact local emergency services.

Improving Student Success with AI- Powered Mental Health Support

Empower your students through a clinically trained AI companion, in collaboration with educators, clinicians, technologists, and parents, to address the teen mental health crisis.





Unwell



Tertiary Care

Treating
Schizophrenia in
the Prodromal
Phase

Prozac 20 mg



Secondary
Prevention

Primary
Prevention

Biggest GAP in care
(and the most “preventative”)

Universal
Prevention

SEL
Social & Emotional Learning

DARE
TO RESIST DRUGS
AND VIOLENCE



Well



Responsible AI for teens must have:

- Clinical supervision from human psychologists and therapists
- A way to learn / improve with clinical feedback
- Ability to escalate to humans (e.g. school officials) & law enforcement as necessary
- Adherence to mandated reporting laws, HIPAA, and FERPA
- Topic guardrails to avoid unfruitful or unsupported conversations



UTAH DEPARTMENT OF COMMERCE

- First ever state to form an AI lab, to learn how to keep consumers safe
- ElizaChat first company to sign and agreement with the state and collaborate
- Collaborative work led to passing of Mental Health Chatbot bill (HB452)

Clinical Advisory Board



Jenna McGinnis
PhD, LP



David Morgan
PhD Psych



Suzette Fritinger
LCSW



Todd Olson
MSW, LCSW



Kimberly Applewhite
Psy.D



QUESTIONS?