

## HIGHLAND COMPLEX LUNCH MENU

### COMMUNITY FOOD RESOURCES

MINNESOTA FOOD HELPLINE

1-888-711-1151

MONDAY-FRIDAY

10:00 AM - 5:00 PM



RAMSEY COUNTY



<p><b>7</b></p> <p>Beef or Lentil Sambusas</p> <p>Yellow Rice</p> <p>Basbaas Sauce</p>	<p><b>8</b></p> <p>Corn Dogs</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables</p>	<p><b>9</b></p> <p>NACHO DAY Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p>	<p><b>10</b></p> <p>Hot &amp; Spicy Chicken Sandwich</p> <p>Plant-Based Tenders</p> <p>Potato Wedges</p>	<p><b>11</b></p> <p>Italian Dunker</p> <p>Marinara Sauce</p>
<p><b>14</b></p> <p>Chicken Sliders</p> <p>Grilled Cheese</p> <p>Potato Wedges</p>	<p><b>15</b></p> <p>Beef Burrito Cheese Sauce</p> <p>Soybutter Sandwich</p>	<p><b>16</b></p> <p>Oven Fried Chicken Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Wedges</p>	<p><b>17</b></p> <p>Cheeseburger</p> <p>Veggie Burger</p> <p>Potato Wedges</p>	<p><b>18</b></p>
<p><b>21</b></p> <p>Cheeseburger</p> <p>Veggie Burger</p> <p>Potato Wedges</p>	<p><b>22</b></p> <p>Corn Dogs</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables</p>	<p><b>23</b></p> <p>NACHO DAY Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p>	<p><b>24</b></p> <p>Hot &amp; Spicy Chicken Sandwich</p> <p>Plant-Based Tenders</p> <p>Potato Wedges</p>	<p><b>25</b></p> <p>Italian Dunker</p> <p>Marinara Sauce</p>
<p><b>28</b></p> <p>Chicken Sliders</p> <p>Grilled Cheese</p> <p>Potato Wedges</p>	<p><b>29</b></p> <p>Beef Burrito Cheese Sauce</p> <p>Soybutter Sandwich</p>	<p><b>30</b></p> <p>Oven Fried Chicken Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Wedges</p>	<p><b>May 1</b></p> <p>Cheeseburger</p> <p>Veggie Burger</p> <p>Potato Wedges</p>	<p><b>2</b></p> <p>Cheese or Turkey Sausage Pizza</p> <p>Soybutter Sandwich</p>

Choice bar and milk are available at every meal. Menu subject to change.

For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).

This institution is an equal opportunity provider.