

What's on the Menu?







Rochester Community Schools

High School Menu

April 14-18, 2025

Allergy Alert: New Manufacturer Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls CONTAIN WHEAT, SOY AND SESAME

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk. A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	Available Daily: Favorite comfort foods and international flavors served your way				
	Orange Chicken Brown Rice Bowl Chicken and Vegetable Dumplings Garlic Soy Green Beans Green Onion Fortune Cookie	Enriched Macaroni and Cheese Bowl Glazed Chicken Drumstick RCS Signature Sauce WG Soft Pretzel Fresh Toppings Roasted Buffalo Cauliflower Fresh Parsley	Brunch for Lunch Whole Grain Pancakes w/ Syrup Egg and Cheese Omelet Hash Browns Homemade Peach Crisp	Popcorn Chicken Bowl Mashed Potato Savory Gravy Whole Grain Breadstick Seasoned Corn Shredded Cheddar Green Onion Garnish	No School
	Available Daily: Favorite latin flavors made your way; Whole grain soft tacos or nachos, Queso blanco and Fresh toppings				
	Served Daily Beef Taco Meat 2nd Choice Turkey Taco Meat Black Beans	Served Daily Beef Taco Meat 2nd Choice Turkey Barbacoa Cilantro Rice Bowl	Served Daily Beef Taco Meat 2nd Choice Seasoned Diced Chicken Refried Beans	Served Daily Beef Taco Meat 2nd Choice Turkey Barbacoa Cilantro Rice Bowl	
	Available Daily: Chicken (regular or spicy) Sandwiches and Classic burgers (regular or with cheese)				
	Grilled Cheese Potato Wedges	All Beef Hot Dog WG Bun Waffle Fries	Chicken Wings w/ Pretzel Tater Tots	Pizza Crunchers Sweet Potato Fries	
	Available Daily: Classic Whole Grain Cheese or Pepperoni Pizza or Whole Grain Bosco Sticks				
	Buffalo Chicken	BBQ Chicken Pizza	Buffalo Chicken	Pepperoni Jalapeno Pizza	
	Available Daily: Prepared deli sandwiches and salads for a fresh and easy grab and go				
	Ham (Pork) Croissant Garden Salad wPretzel Turkey American Sub Blueberry Parfait WOWButter Sandwich	WG Chicken Buffalo Wrap Chicken Salad Croissant Pineapple Parfait Egg Salad Sliced Bread WOWButter Sandwich	Ham (Pork) Croissant Garden Salad wPretzel Turkey American Sub Blueberry Parfait WOWButter Sandwich	WG Chicken Buffalo Wrap Chicken Salad Croissant Pineapple Parfait Egg Salad Sliced Bread WOWButter Sandwich	
	Available Daily: Cold fruit and vegetable bar, featuring fresh apples, oranges, celery and baby carrots daily				
	Spinach and Romaine Salad Cucumber Coins Chilled Chick Peas Chilled Diced Pears Red and Green Grapes	Spinach and Romaine Salad Cucumber Coins Chilled Chick Peas Chilled Diced Pears Red and Green Grapes	Spinach and Romaine Salad Tangy Broccoli Salad Grape Tomato Red and Green Peppers Fresh Fruit Salad	Spinach and Romaine Salad Tangy Broccoli Salad Grape Tomato Red and Green Peppers Fresh Fruit Salad	



Questions? Food Service Office 248-726-4602
Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity employer.



