

SEAFORD HIGH SCHOOL

RESOURCES TO HELP PREPARE FOR END-YEAR EXAMINATIONS



May/June 2025 [Testing Schedule](#)

- **Teacher Extra Help Program** – Each teacher offers 3 extra help sessions each week. You can find the schedule on the SHS Web Site under Students & Families → [Teacher Extra Help Schedule](#). We highly recommend students remain **proactive not reactive** when it comes to attending extra help.
- **Academy Program** – SHS offers a full schedule of review sessions for each AP, Regents, FLACS, and PLTW exam offered. These review sessions provide an opportunity for students to receive additional review, ask questions, and work on practice exam questions. The [academy schedule](#) can be found this week on the SHS Web Site under Students & Families → Testing. Please note that teachers work together to create a schedule with as few conflicts as possible. Please check the link for any schedule updates regularly.
- **NHS Peer Tutoring Program** – The National Honor Society peer tutoring program pairs upperclassmen experienced in any particular subject area with students currently needing some extra assistance in each area. Sessions occur at a mutually agreed upon time and can include during a common period during the day or after school. While most tutoring occurs at the SHS Library, student pairs can make any arrangement that works for them. You can request a peer tutor [at this link](#). Contact Mr. Frank Stazzone (fstazzone@seaford.k12.ny.us) or Mr. Justin McCormack (jmccormack@seaford.k12.ny.us) for more information.
- **After-School Library Study Hours** – The [SHS Library](#) is open after school from 2:10 until 2:50 each day, with study materials for every content area accessible to our students. When available, peer tutors from the National Honor Society are on standby, available for assistance. Ms. Marianne DeMille oversees the after-school library program at this time and can be contacted with any questions (mdemille@seaford.k12.ny.us).
- **Study Skills & Organizational Group** – Anxious about everything mentioned here? No one needs to face test preparation alone! The SHS Wellness Team facilitates a study skills group that addresses skills students can implement for greater test-prep success while reducing any test anxiety. For more information, please contact Ms. Shannon Lavin, psychologist (slavin@seaford.k12.ny.us), Ms. Felicia Flammia, psychologist, (fflammia@seaford.k12.ny.us), or Ms. Sharon Klein, social worker (sklein@seaford.k12.ny.us). Any member of our wellness team is also available for one-on-one appointments to address any of the above needs.

The most successful students take advantage of all of the above opportunities *no matter what their current academic status*. Attending academies and extra help sessions can have a significant impact on a student's deeper understanding of the material and overall success on all exams.

QUESTIONS?

Assistant Principal Mr. Alex Mantay (amantay@seaford.k12.ny.us) oversees our testing program and can answer any questions you have at any time. We look forward to working together to provide your child with any resource necessary to succeed both in and out of the classroom. **Go Vikings!**