

## Program Highlights

- *Public school program*
- *Designed for high school students who benefit from smaller class sizes, individualized academic attention and intensive therapeutic supports*
- *Alternative physical education option*
- *Cafeteria or classroom lunch option*
- *Combination of self-contained and mainstream classes*
- *Assistance with learning, social, behavioral and emotional challenges*
- *Individual counseling*
- *Participation in extra-curricular activities*

### Each class is staffed with:

*Highly Qualified Special Education Teacher*

*Teacher Assistant*

### Clinical interventions are provided by:

*District Coordinator of Special Programs*

*School Counselor*

*Behavioral Consultant*



## **R.I.S.E.**

A Public School  
Special Program  
at

Pascack Hills High School

---

Tara Flannery, LSW  
District Coordinator of  
Special Programs

201-358-7020 x 22229  
tflannery@pascack.org



Pascack Hills High School  
225 West Grand Avenue  
Montvale, N.J. 07645

---

**Pascack Valley  
Regional  
High School District**

**R.I.S.E.**

## A Public School Mission

In 1997, The R.I.S.E. (Regrowth In Self-Esteem) Program was launched at Pascack Hills High School in order to meet the needs of a previously underserved student population within a comprehensive public high school.

R.I.S.E. services students in 9th-12th grades that possess high cognitive potential but have struggled to meet with academic success due to emotional fragility and benefit from small group instruction, additional academic and emotional support and oversight. The R.I.S.E. program provides a creative and flexible approach to learning without sacrificing the academic challenge needed by our students to enhance their self-worth and overall self-esteem.

The administration and staff are committed to providing a program that is therapeutic and student centered while delivering an enriched curriculum. Our goal is to enable each student to achieve academic potential and emotional health in a public school setting.

## Academics...

- *College preparatory, Grade-level instruction which is aligned to the New Jersey Core Curriculum Content Standards*
- *Small group instruction with a low student-staff ratio*
- *Combination of self-contained and mainstream course offerings*
- *Alternative Physical Education and Lunch offering*
- *Study skills and organizational strategies*
- *Preparation for Statewide Assessments*
- *Technology - An eLearning School District*
- *1:1 Laptop Program*
- *Homework support sessions*
- *Transition planning*



## Clinical & Support Services

The R.I.S.E. program's experienced staff members work as a team to assist students in meeting both academic and emotional growth. Supports available to all R.I.S.E. students include:

- Individual counseling
- Structured and supervised socialization activities
- Ongoing communication between school and home



- Outreach and collaboration with community based mental health providers
- Crisis intervention services
- Ongoing communication between R.I.S.E. staff members and all mainstream teachers, PHHS guidance counselors, school nurse, student assistance counselor and members of the Child Study Team.