

ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

Generated on: 4/2/2025 1:36:37 PM

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/01/2025								
4 day Anna Middle Breakfast	Total	260						
Donut Holes: secondar	6 each	180	325	*7	40.55	16.12	7.07	*0.00
Bacon, slice, preckd, Tyson	2 each	180	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	30	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	20	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Peaches, diced: Process 1	1/2 CUP	200	65	16	17.49	0.04	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			717	*62	111.01	21.25	7.72	*0.00
% of Calories				*34.6%	61.9%	26.7%	9.7%	*0.0%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/02/2025								
4 day Anna Middle Breakfast	Total	260						
Cinn roll w/saus patty	1 each	180	19	*3	3.28	0.43	0.10	*0.00
CEREAL,VARIETY	1 each	40	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	20	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	20	120	6	22.0	3.0	0.00	0.00
Mandarin Oranges	1/2 cup	220	98	20	22.12	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			368	*59	70.48	2.84	1.18	*0.00
% of Calories				*63.7%	76.6%	7.0%	2.9%	*0.0%
Nutrient Guideline			400-550				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

Page 2

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4 day Anna Middle Breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/03/2025								
4 day Anna Middle Breakfast	Total	260						
Scrambled Eggs & Biscuit	3/8 Cup	160	290	2	23.79	15.56	4.37	4.00
Bacon, slice, preckd, Tyson	2 each	160	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	40	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Apples, Sliced, Asst IW	pkg	220	30	6	7.0	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			628	*50	89.32	18.82	5.08	2.46
% of Calories				*31.8%	56.9%	27.0%	7.3%	3.5%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/07/2025								
4 day Anna Middle Breakfast	Total	260						
Pancakes w/saus patty	2 EACH	120	916	*0	28.02	59.99	13.15	*0.00
CEREAL,VARIETY	1 each	60	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	40	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	220	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	250	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	110	12	13.0	2.5	1.50	0.00
Syrup	1 each	200	40	3	11.0	0.0	0.00	0.00
Weighted Daily Average			930	*62	115.15	33.21	7.07	*0.00
% of Calories				*26.8%	49.5%	32.1%	6.8%	*0.0%
Nutrient Guideline			400-550				<10.00	

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Page 3

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

Generated on: 4/2/2025 1:36:37 PM

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/08/2025								
4 day Anna Middle Breakfast	Total	260						
Breakfast Bowl	1 each	130	371	*2	24.07	21.46	7.79	*0.03
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	40	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Mandarin Oranges	1/2 cup	220	98	20	22.12	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	150	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	110	12	13.0	2.5	1.50	0.00
PICANTE	2 OZ	120	4	0	0.94	0.02	0.00	0.00
Weighted Daily Average			634	*59	99.51	15.99	4.84	*0.02
% of Calories				*37.2%	62.7%	22.7%	6.9%	*0.0%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/09/2025								
4 day Anna Middle Breakfast	Total	260						
Yogurt Parfait:Choc Strawberry	1 each	130	284	52	61.0	4.88	2.97	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	40	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
FRUIT COCKTAIL: w/ cherries	1/2 cup	100	84	14	19.88	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	150	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			538	72	106.47	7.68	2.43	0.00
% of Calories				53.9%	79.2%	12.9%	4.1%	0.0%
Nutrient Guideline			400-550				<10.00	

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Page 4

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

Generated on: 4/2/2025 1:36:38 PM

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/10/2025								
4 day Anna Middle Breakfast	Total	260						
Breakfast Sand: Biscuit Bac	1 EACH	150	295	3	24.56	16.67	4.53	4.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
BANANAS	1 EACH	200	90	13	22.89	0.45	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	150	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			590	52	97.74	14.95	3.48	2.31
% of Calories				35.0%	66.2%	22.8%	5.3%	3.5%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/11/2025								
4 day Anna Middle Breakfast	Total	260						
Donut Holes: secondar	6 each	185	325	*7	40.55	16.12	7.07	*0.00
CEREAL,VARIETY	1 each	30	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	25	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	20	180	15	37.67	2.67	1.00	0.00
Fruit: Orange, Fresh	1 each	250	44	*N/A*	13.09	0.0	0.00	0.00
Juice, Variety	1 each	288	62	13	15.0	0.0	0.00	0.00
MILK,Chocolate FF: Process 1	1 each	150	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	100	11	11.0	2.5	1.50	0.00
Weighted Daily Average			488	*37	81.58	13.18	5.82	*0.00
% of Calories				*30.5%	66.8%	24.3%	10.7%	*0.0%
Nutrient Guideline			400-550				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

Generated on: 4/2/2025 1:36:38 PM

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/14/2025								
4 day Anna Middle Breakfast	Total	260						
French Toast Sticks: MplGlz WG	3 each	150	253	14	31.19	10.68	2.55	0.13
Sausage Patty	1 each	150	70	0	1.0	4.5	1.50	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	220	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	100	11	11.0	2.5	1.50	0.00
MILK,Chocolate FF: Process 1	1 each	100	120	18	20.0	0.0	0.00	0.00
Syrup	1 each	170	40	3	11.0	0.0	0.00	0.00
Weighted Daily Average			628	60	107.07	14.45	3.54	0.07
% of Calories				38.2%	68.2%	20.7%	5.1%	0.1%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/15/2025								
4 day Anna Middle Breakfast	Total	240						
Breakfast Burrito w/ SausageHS	1 EACH	100	215	2	20.73	9.66	4.16	0.00
CEREAL,VARIETY	1 each	60	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	40	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	240	120	6	22.0	3.0	0.00	0.00
Peaches, diced: Process 1	1/2 CUP	140	65	16	17.49	0.04	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
PICANTE	2 OZ	80	4	0	0.94	0.02	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			563	61	98.93	10.07	3.08	0.00
% of Calories				43.3%	70.3%	16.1%	4.9%	0.0%
Nutrient Guideline			400-550				<10.00	

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Page 6

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

Generated on: 4/2/2025 1:36:38 PM

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/16/2025								
4 day Anna Middle Breakfast	Total	260						
Breakfast Sandwich: Bacon bisc	1 EACH	150	272	7	24.54	13.7	3.87	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Mandarin Oranges	1/2 cup	220	98	20	22.12	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Jelly, PC, Asst flavors	1 each	200	27	5	6.61	0.0	0.00	0.00
Gravy, Peppered: 13.14	1/4 CUP	75	32	2	7.2	0.0	0.00	0.00
Weighted Daily Average			663	71	112.15	13.38	3.39	0.00
% of Calories				42.6%	67.7%	18.2%	4.6%	0.0%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/17/2025								
4 day Anna Middle Breakfast	Total	260						
SCRAMBLED EGGS	3/8 cup	170	120	1	1.88	7.21	2.41	0.00
Bacon, slice, preckd, Tyson	2 each	170	90	*N/A*	0.0	7.0	2.50	0.00
Biscuit: dough puck	1 each	170	150	*N/A*	21.0	8.0	1.50	2.00
Gravy, Peppered: 13.14	1/4 CUP	75	32	2	7.2	0.0	0.00	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	20	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	20	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Apples, Sliced, Asst IW	pkg	200	30	6	7.0	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			648	*51	92.18	19.74	5.27	1.31
% of Calories				*31.4%	56.9%	27.4%	7.3%	1.8%
Nutrient Guideline			400-550				<10.00	

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4 day Anna Middle Breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/21/2025								
4 day Anna Middle Breakfast	Total	260						
Breakfast Sand: Biscuit Bac	1 EACH	150	295	3	24.56	16.67	4.53	4.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Pineapple Rings w/ Cherry	1/2 CUP	220	103	22	24.42	1.09	0.91	0.00
Juice, Variety 100%	1 Each	265	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Gravy, Peppered: 13.14	1/4 CUP	75	32	2	7.2	0.0	0.00	0.00
Jelly, PC, Asst flavors	1 each	200	27	5	6.61	0.0	0.00	0.00
Weighted Daily Average			675	69	112.78	16.01	4.54	2.31
% of Calories				40.9%	66.8%	21.4%	6.0%	3.1%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/22/2025								
4 day Anna Middle Breakfast	Total	240						
Breakfast Burrito w/ SausageHS	1 EACH	100	215	2	20.73	9.66	4.16	0.00
CEREAL,VARIETY	1 each	60	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	40	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	240	120	6	22.0	3.0	0.00	0.00
Peaches, diced: Process 1	1/2 CUP	140	65	16	17.49	0.04	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
PICANTE	2 OZ	80	4	0	0.94	0.02	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			563	61	98.93	10.07	3.08	0.00
% of Calories				43.3%	70.3%	16.1%	4.9%	0.0%
Nutrient Guideline			400-550				<10.00	

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/23/2025								
4 day Anna Middle Breakfast	Total	260						
Donut, Chocolate w/ Sprinkles	1 each	190	303	*9	35.25	16.23	7.22	*0.00
Bacon, slice, preckd, Tyson	2 each	190	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	30	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	20	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	20	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
BANANAS	1 EACH	200	90	13	22.89	0.45	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			729	*61	111.41	22.43	8.16	*0.00
% of Calories				*33.4%	61.1%	27.7%	10.1%	*0.0%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/24/2025								
4 day Anna Middle Breakfast	Total	260						
Pancakes w/saus patty	2 EACH	130	916	*0	28.02	59.99	13.15	*0.00
CEREAL,VARIETY	1 each	60	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	220	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	250	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	100	110	12	13.0	2.5	1.50	0.00
Syrup	1 each	200	40	3	11.0	0.0	0.00	0.00
Weighted Daily Average			959	*62	115.31	35.36	7.53	*0.00
% of Calories				*25.8%	48.1%	33.2%	7.1%	*0.0%
Nutrient Guideline			400-550				<10.00	

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/28/2025								
4 day Anna Middle Breakfast	Total	260						
Breakfast Pizza, Saus WG Tony	1 each	100	210	8	27.0	8.0	2.00	0.00
CEREAL,VARIETY	1 each	70	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	200	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			561	62	103.19	9.26	2.11	0.00
% of Calories				43.9%	73.6%	14.9%	3.4%	0.0%
Nutrient Guideline			400-550				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/29/2025								
4 day Anna Middle Breakfast	Total	260						
Donut Holes: secondar	6 each	185	325	*7	40.55	16.12	7.07	*0.00
Bacon, slice, preckd, Tyson	2 each	185	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	30	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	25	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	20	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	260	120	6	22.0	3.0	0.00	0.00
Peaches, diced: Process 1	1/2 CUP	200	65	16	17.49	0.04	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			721	*62	110.80	21.67	7.89	*0.00
% of Calories				*34.2%	61.5%	27.1%	9.9%	*0.0%
Nutrient Guideline			400-550				<10.00	

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Apr 1, 2025 thru Apr 30, 2025

4 day Anna Middle Breakfast

002 - Slayter Creek Middle School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/30/2025								
4 day Anna Middle Breakfast	Total	260						
Cinn roll w/saus patty	1 each	185	19	*3	3.28	0.43	0.10	*0.00
CEREAL,VARIETY	1 each	185	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	30	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	25	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	20	120	6	22.0	3.0	0.00	0.00
Mandarin Oranges	1/2 cup	220	98	20	22.12	0.0	0.00	0.00
Juice, Variety 100%	1 Each	288	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	200	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			429	*63	83.73	3.67	1.34	*0.00
% of Calories				*58.5%	78.0%	7.7%	2.8%	*0.0%
Nutrient Guideline			400-550				<10.00	

Weighted Average			633	*60	100.93	16.00	4.61	*0.45
				*84.8%	63.8%	22.7%	6.5%	*0.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	633		400 - 550	115%			83	Correction Required - Calories too High
Sugars (g)	60				Missing			
Carbohydrate (g)	100.93	37.70%						
Total Fat (g)	16.00	63.75%						
Saturated Fat (g)	4.61	22.74%	<10.00%					
Trans Fat ¹ (g)	0.45	6.55%			Missing			
		0.63%						

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