



When Are Tryouts?

- **Dates:** August 12th & 13th
- **Time:** 2:30 PM – 4:00 PM

Before Tryouts:

- Complete all required school forms: [Athletic Documents](#).
- Ensure you have a **current physical** on file with the school nurse.
- Complete and bring the [Emergency Form](#)
- Review the [Concussion Care Protocol](#)
- [Transportation Request Form](#)
- Complete the [Player Info Form](#).

Player Commitment

- **Season Dates:** August 12th – October 6th (8 weeks)
- **Practices:** Monday–Thursday, 2:15 PM – 4:00 PM (unless noted)
- **Game Days:** Vary – check the calendar regularly
- **Attendance:** Required at all practices and games
- **Notify coaches of absences at least 24 hours in advance**
- **No jewelry during practices/games, and must wear proper uniform/socks**
- Drop off your equipment in **Ms. Day's or Ms. Schmiederer's classroom**
- **Take responsibility** for your gear and help with team gear
- Keep your **uniform clean** and return it **washed at season's end**
- Most importantly, **have fun and connect with peers at MSN!**

Parent/Guardian Commitment

- Support your child's participation!
- Submit all **District 95 paperwork and fees** before the first game
- Provide required gear:
 - Glove
 - Official softball bat
 - Softball plastic spikes
 - Catcher's gear (optional—bring your own if preferred)
 - **Blue softball socks** (may need to purchase)
 - Pack extra food and drinks
- **Pick up your child promptly at 4:00 PM** after practices
- Game times/locations vary – refer to the **Softball Calendar**
- **Home games end ~6:30 PM;** you must sign out your player or complete the **Transportation Request form for away games.**
- Concerns? Please email the coaches – **we'll respond within 24 hours.**

Academic Eligibility

- Grades are checked **weekly (Monday–Sunday)**
- **D** = Must see teacher until 3:15 PM, then join practice
- **F** = One-week suspension from the team (no games/practices)
- **Three weeks with an F = removal from the team**

Our Coaching Commitment

- Create practices that are **engaging, educational, and skill-building**
- Foster **teamwork and friendships**
- Model **good sportsmanship**
- Be **attentive and supportive** of all players.
- Safety is first - playing time will be based on skill levels and practice commitment.

Contact the Coaches

- **Coach Marcia Day** – Marcia.Day@LZ95.org
- **Coach Stacey Schmiederer** – Stacey.Schmiederer@LZ95.org