

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:
Clintondale Community Schools

Month and year of current assessment: April 2025

Date of last Local Wellness Policy revision: October 2024

Website address for the wellness policy and/or information on how the public can access a copy:

<https://resources.finalseite.net/images/v1684263348/clintondaleschoolsnet/ma2zuxjsp63hczvczrnc/23-LocalWellnessPolicy.pdf>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Twice per year

School Wellness Leader:

Name	Job Title	Email Address
Teresa Wilson	Executive Assistant	wilsont@clintondaleschools.net

School Wellness Committee Members:

Name	Job Title	Email Address
Presleigh Derosette	CFO	derosettep@clintondaleschools.net
Courtney Kerr	SFE Food Service Director	kerrc@clintondaleschools.net
Daniel Berry	Secondary Campus Principal	berryd@clintondaleschools.net
Alexandra Hichel	Director of Communications	hichela@clintondaleschools.net
John Forlini	Middle School Asst. Principal	forlinij@clintondaleschools.net
Dawn Derkacz	GSRP Teacher	derkaczd@clintondaleschools.net
Melissa Klopinski	Director of Childcare	klopinski@clintondaleschools.net
Dawn Sanchez	Rainbow Early Childhood Center Principal	sanchezd@clintondaleschools.net

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

We used the Michigan Department of Education's Model Local Wellness Policy as the base for ours. Overall, our policy closely follows the structure and language of the model. It includes similar goals for nutrition education, physical activity, and guidelines for food served during the school day.

Our policy talks about making sure meals meet USDA standards and that students have opportunities for physical activity, which matches what's in the model. We also have a wellness committee written into our policy that is responsible for implementation and reviewing the policy, which the model also recommends.

There are some areas where we could improve on specificity, for example, setting measurable goals for physical activity or staff wellness, but overall, our policy is aligned with the model and reflects the same priorities.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Clintondale Community Schools

Date: April 3, 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	<ul style="list-style-type: none"> a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed. 	Before the beginning of next school year.	<ul style="list-style-type: none"> – Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year. 	Principal	Teachers, staff, students	Yes
Encourage the use of Smart Snacks as student rewards.	<ul style="list-style-type: none"> a) Provide a list of Smart Snacks and USDA Smart Snacks calculator. b) Discuss with staff at meetings. c) Follow up during Wellness Committee meetings. 	Reviewed each summer	Verbal check-ins with staff	Building Principals	Teachers, staff, students	Yes/In Progress
Bring in internal/external subject matter experts to work with students.	<ul style="list-style-type: none"> a) Reach out to Michigan Fitness Foundation. b) Continue partnering with SFE for nutrition education events. 	Started Summer 2024	Annual review of events held	Building Principals & Food Service Director	Teachers, staff, students	In Progress
Obtain student input for food options.	<ul style="list-style-type: none"> a) Survey students about food preferences. b) Review results and implement changes when possible. 	Summer 2025	Survey results and verbal check-ins	Food Service Director	Teachers, staff, students	In Progress

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure all students receive activity breaks.	<ul style="list-style-type: none"> a) Provide guidance to teachers on short in-class movement breaks. b) Encourage use of yoga, or brain break videos. c) Revisit during staff meetings annually. 	Reviewed each summer	Teacher feedback, building walk-throughs	Building Principals	Teachers, staff, students	In Progress

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Host field days at each building to promote fun and movement.	<ul style="list-style-type: none"> a) Schedule field days for each school. b) Coordinate with PE teachers and staff for activities. c) Encourage parent and community volunteers. 	Every spring	Event photos, staff feedback, student participation	Teachers & Building Principals	Teachers, students, parents	In Progress

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure all food and drinks sold meet Smart Snack standards.	a) Review food items sold. b) Work with vendors and SFE to ensure compliance.	Ongoing, reviewed annually	Product lists and vendor verification	Food Service Director	Vendors, Food Service, Students	In Progress

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure all food and beverages provided to students (not sold) meet Smart Snack standards.	a) Remind staff and parents about healthy celebration options. b) Share Smart Snack examples in newsletters or during open house.	Reviewed each fall	Staff reminders and review during school days	Building Principals	Teachers, Staff, Students and Parents	In Progress

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure events, pictures, marketing, and visuals support Smart Snacks and promote wellness.	a) Monitor cafeteria signage and school marketing materials. b) Review fundraisers and event food promotions.	Reviewed each semester	Walkthroughs and committee review	Building Principals & Wellness Committee	Staff, students, families	In Progress