



# CISD SCHOOL HEALTH ADVISORY COUNCIL MINUTES

**Date:** 01-23-2025

**Time:** 9 AM - 10:15 AM

**Facilitators:** Mr. Rodrigo Hernandez

## **In Attendance:**

C&I Secretary, Culture & Community Coordinator, Translator, CNP Department, Stronger Connections Counselor, Accountability & Assessment Coordinator, Teachers/Coaches and Parents.

## **Minutes by:**

JaiLynne Cho

Secretary of Curriculum and Instruction

## **Notes:**

Introduction of speakers - Rodrigo Hernandez,  
Clint ISD core values and explanations to the committee.

## **Agenda: Overview**

- Greeting and welcome
- Family survey - QR codes on table
- SHAC Overview
- Presentation
  - Wellness Policy
  - Fitnessgram
  - Human Trafficking Awareness
  - Announcements upcoming health events

**Hernandez** - Introduction of meeting and SHAC overview. Ms. Deb Luevanos will be sharing a QR code with you all regarding topics you all may have questions on.

**Luevanos**- If you have a cell device, you can scan the QR code and fill out the survey whether you are a parent, staff member or both roles of staff that is a parent in our district. Take a few moments to fill that out.

**Hernandez**- We are going to start with the SHAC overview. If this is your first time attending our meeting, we will introduce our team to you. \*Introduces team from slide\*. What is SHAC? We are a School Health Advisory Council. We get feedback from you all with any concerns and answer those questions. If we are not able to answer the questions, we will get more information and definitely call you back with that information.



SHAC meeting requirements; we are required to have 4 meetings and send out communications to the community at least 2 weeks in advance. After our meeting this morning, we have 10 days to post the meeting agenda, minutes and video on our website. The next QR code will send you to the link to our SHAC website. You can visit the website from wherever you are. At the last meeting we went over our Wellness Plan and shared it with the cabinet to get the final approval. Once approved, everything will be posted on the SHAC website.

**Ms. Rueda** - I will be covering fitness grams and go over a bit of information about the fitness gram. We submit the information to the state about where the students will be on fitness health.

**Ms. Sanchez** - Good morning everyone, I am the School Connections Counselor for the district. Most of you have already completed training with your counselors over Human Trafficking. This is a three part program and makes us all mandated reporters. Region 19 applied for a Human Trafficking grant and Clint is part of this grant to provide these courses.

What is Human Trafficking - it is a criminal act involving the exploitation

I went to a training on Tuesday, Texas is ranked #2. This is what Texas is right now because we have such a large state and the border is long for this state, so that is why we are ranked # 2. A large number of students that are ELL put them at risk for being affected by this. All counselors will be attending this month's training for Human Trafficking. A lot of the curriculum was geared more for the younger children so I have been working with Region 19 to make a curriculum for all of our students. That is the national poster that we have. Please let me know if you do not have the posters up at your campus. This poster needs to be up for compliance to the grant. The middle school plan is recognizing and understanding the signs of violence. High school curriculum is recognizing and understanding Human Trafficking. Many students are being targeted with text messages regarding jobs and when they get there, the job is not what the student expected. Some students are not able to recognize the difference between adults and these bad adults. This is a very important cause that is why Clint is part of it. Not all districts are part of these grants.

**Hernandez** - Thank you Ms. Sanchez, all campuses have already had this training. Next we have Mr. Villalobos.

**Villalobos** - Thank you all for being here. We are super excited about this, we are looking for a Menu Advisory Board. So if you like food and want to give your opinion, join us. February 20th, Horizon High school cafeteria. Anyone can come to this. We have to follow guidelines and I know many of you do not know about those guidelines. We are trying to be creative and work with Aramark and take away that stigma of cafeteria food. We want kids to be excited about eating. We are hoping to do another meeting for the Mountain View area and then the Clint area. This is all I have for CNP for you all today. But if there are any concerns, special diets, allergies, please let us know. We have the nurses and dietitian to work with these special accommodations.

**Parents** - One of the days I volunteered and the hamburger bun was rock hard. I am not sure if it is the way it was cooked or the brand, but none of the kids ate that time.



**Parents-** The teachers as well are getting there late so a lot of the kids do not get time to eat.

**Villalobos** - as far as the time for the students, we are working with the campuses to get the schedules and see why the kids are coming in late.

**Parent-** It depends on the scenario.

**Villalobos-** We do have a lot of kids and try to serve as fast as we can. But we will work with that. They need time to eat and play time.

**Hernandez** - we did the feedback from the survey and that is a concern about the time. so we will be sharing this with the Assistant Superintendents.

**Coach** - I know previously they had lunch first and then played outside. can that be it again instead of playing first.

**Villalobos** - there are definitely pros and cons about this. This is kind of their recharge time. That's a good point.

**Parents-** the students are rushed out and food is taken away and pushed out.

**Ms. Molina from WDS** - we do have play time first and then they get to eat lunch. We have close to 1000 students. So what we do is that everyone waits until the last student eats and throws their food away. if the parents rather pack a lunch so the kids can just sit down and eat right away. The first to eat are the first to leave, the last to eat are the last to leave.

**Villalobos** - the students need to voice that they are not finished eating also so that way they are not pushed out.

**Parents-** we have certain students with certain needs and some of the monitors are rude because they are not trained on those special needs. There are certain ways for handling these, but these are the students that have special needs.

**Hernandez** - we want to share with you all , it starts with the parent speaking with the campus administrator. When that happens, if a student has special needs, we hold an ARD and discuss accommodations and those are entered into the IEP. IF it pertains to lunch, the monitors get a copy of those IEPs so they are aware. Now a student that is not 504 or sped, the admin still needs to be brought up to campus admin so accommodations can be done. Just like Mr. Villalobos has mentioned we do accommodate special diets and allergies, we just need to know.

**Parent** - (get from recording, can't hear her) substitutes are not aware of the situation

**Villalobos-** communication is Key, teachers can leave it in the plan for substitutes about the students that have special accommodations.

**Parent** - is there a regulation that the time has to be 30 minutes, employees get an hour for lunch and the kids are only getting 30. They are here for 8 hours a day just like the employee.

**Hernandez** - next we have Ms. Luevanos



**Luevanos** - do we have any parents who are part of the Horizon feeder pattern schools? Hopefully this isn't the first time you have heard about it. This is the first time we are trying this family night. It is from 5 -6:30 pm. We have a lot of resources that will be provided with student performances and some giveaways. Multiple community booths and Albertson pharmacy will be giving out vaccines. I hope you all can make it. Any questions on our event. There should be ample parking at HHS.

**Valerie Martinez** - Good morning, I know you all are ready to leave so I'll make it quick.

We must reschedule the 5k run due to construction by the city. The health fair and the run will be on Saturday, May 24th. Alright thank you!

**Hernandez-** are there any additional questions? I know Ms. Luevanos shared the QR code and a concern was on bullying so I will share that with upper leadership.

**Parent** - can you give us more information on the run.

**Valerie** - yes. The new date is Saturday, May 24th at Horizon High School from 8 am-11 am. Individual registration is \$25 each and kids are welcome to join.

**Parent** - for the middle school, I do not receive any phone class text or emails about what is going out at the schools. I have already been to campus, so we need to send it to IT. I have been here for 4 months and I have been out of the loop and it is bothering me. HMS.

**Parent** - elementary was great at communication but yes, HMS has not been keeping up with communications. HE took pictures yesterday and nothing was given to him to take home.

**Hernandez-** If there are no more questions at this time, that concludes our meeting. Thank you all.

### **Q & A:**

(parents were given question/comment cards to have their questions answered at the next meeting.

Meeting recording available online at [www.clintweb.net](http://www.clintweb.net)

### **Next Meeting :**

March 27, 2025

9 AM - 12 PM

Central Office

Board Room (700)