



THE DISTRICT OF INNOVATION

COMMITTED, LEARNER-CENTERED, INNOVATIVE, NURTURING, TRANSPARENT

Student Health Advisory Council



Student Health Advisory Council

October 2, 2024

9:00-11:00 AM

Clint ISD Central Office
Board Room 700

Rodrigo Hernandez
Assistant Director of Special Education



CLINT INDEPENDENT SCHOOL DISTRICT

CORE VALUES

Committed to student success as a shared responsibility among students, parents, educators, the School Board and the community.

Learner-Centered by ensuring that all students receive quality teaching and engaging instruction.

Innovative in using global thinking and technology to empower students to become lifelong learners.

Nurturing by creating an educational environment where all students are socially and emotionally supported, safe and valued.

Transparent through open communication, leadership, accountability and integrity.





Agenda

- Welcome by Dr. Juan Martinez, Superintendent of Schools
- Family Survey (QR)
- SHAC Overview
- Presentations:
 - Presenter Mr. Espinosa from The National Guard Joint Counterdrug Task Force
 - Health Class Human Sexuality/Abuse Curriculum
 - School Resource Officer & Safety
 - Fitnessgram
 - Child Nutrition Program Updates
- Questions & Answers
- Conclusion: Next Meeting-November 21, 2024

Our meeting will be recorded. Minutes will be taken and posted. Spanish translation available.

Family Survey

- Welcome
- Please scan the QR code to answer a few questions on our family survey.





SHAC
STUDENT HEALTH ADVISORY COUNCIL



SHAC Overview

Mr. Hernandez



2024/2025 District SHAC Team

- Rodrigo Hernandez, Assistant Director Special Education
- William Swanson, Project Director ACE CCLC
- Deborah Luevanos, Culture & Community Coordinator
- JaiLynne Cho, Secretary Curriculum & Instruction/PR
- Amanda Rueda, Assistant Director Data & Accountability
- Carlos Villalobos, Director Child Nutrition Program
- Idalia Valdez, Clint ISD Head Nurse
- Gisela Lucero, Director of EIS
- Adriana Maciel, SPED Coordinator





What is SHAC?

School Health Advisory Councils (SHACs) help parents and the community have a voice in issues that impact child health. Whether it is about school meals, staff wellness, vaping, recess or bullying; SHACs can provide input and resources to District leadership as they work to find solutions to the health challenges they face.



SHAC - Meeting Requirements

- SHAC must hold at least four public meetings each school year.
- “Public meeting” requirements:
 - Must post notice of date, hour, place and subject 72 hours prior
 - Must make an audio or video recording of the meeting and maintain minutes
 - Must submit the recording and minutes within 10 days for posting on the district website



SHAC Meeting Student Health Advisory Council

Clint ISD Admin Building
14521 Horizon Blvd.
El Paso, TX 79928
915-926-4000

Oct. 02, 2024 @ 9 a.m.
Nov. 21, 2024 @ 9 a.m.
Jan. 23, 2025 @ 9 a.m.
Mar. 27, 2025 @ 9 a.m.

Register To Attend :



All family members and parents are invited. SHAC is the best way to express your voice in how health curriculums are addressed in our schools.

www.clintweb.net

SHAC District Website



Visit our website for more information:

The screenshot shows the website for the Student Health Advisory Council (SHAC) of the Clint Independent School District. The header includes the CISD logo, the district name "Clint Independent School District" with the tagline "Together...We Build Tomorrow!", and navigation buttons for "District", "Our Schools", and "Select Language". A search icon is also present. Below the header is a dark navigation bar with links for "ABOUT US", "BOARD OF TRUSTEES", "CAREERS", "DEPARTMENTS", "PARENTS", "STUDENTS", "STAFF", "SCHOOLS", "GALLERY", "SCHOOL WELLNESS", "PRE-K REGISTRATION", and "ONLINE REGISTRATION". The main content area has a breadcrumb trail: "Home > About Us > Student Health Advisory Committee (SHAC) > About SHAC". On the left is a sidebar menu with links: "Student Health Advisory Committee (SHAC)", "About SHAC", "SHAC Meeting Dates", "SHAC Agenda/Minutes/Recorded Meeting links", "SHAC Approved Agencies", "Physical Fitness Assessment Initiative (PFAI)", "Health Education Instruction Notice to Parents and Consent Forms", "Clint ISD SHAC Policy", and "Archived Meetings". The main content area features the "SHAC STUDENT HEALTH ADVISORY COUNCIL" logo, which includes a large "SHAC" text and a graphic of a heart with a pulse line, surrounded by icons for an apple, a bicycle, a bed, and a heart rate monitor. Below the logo is a paragraph describing SHAC as a group of individuals representing segments of the community, appointed by the school district to serve at the district level, providing advice on coordinating school health programming and its impact on student health and learning. It states that SHAC will assist the district in ensuring that local community values are reflected in the district's health education instruction. At the bottom right, there is a small "Activate Windows" watermark with the text "Go to Settings to activate Windows."






**THE FUTURE
BELONGS TO THE
HEALTHY
YOUTH**





The National Guard Joint Counterdrug Task Force

Mr. Espinoza

A man wearing a dark grey long-sleeved shirt and a dark baseball cap is standing behind a dark table. His hands are resting on the table. The background is black, and the scene is dimly lit, with the man's face and hands being the primary light sources.

dead on arrival



Health Curriculum

Mrs. Gisela Lucero
Director of Enterprise Information Services

Local assessment/testing and human sexuality instruction under Texas Education Code, Section 28.004

The 87th Legislature passed House Bill 1525, which, in section 7 of the bill, included revisions to statutory regulations regarding human sexuality instruction. Among other enactments, this legislation requires a school district to first obtain written consent from a parent before a student may receive instruction in human sexuality. This "opt in" provision is in addition to the current statutory provisions in Section 28.004, Education Code (TEC), which authorize a parent to remove the parent's child from any part of the human sexuality instruction without subjecting the student to an academic penalty or other sanction from the public school.

Questions have been raised regarding the interplay of these provisions (removing a student from human sexuality instruction) and a school's use of local assessments to determine a student's proficiency in the subject matter. Some proponents have argued that removal from "instruction" does not relieve a student's responsibility to take a local assessment that assesses content related to human sexuality when a school district uses the local assessment as the method to determine academic achievement or to demonstrate proficiency in content that is required in the Texas Essential Knowledge and Skills. Among other reasons, proponents refer to statutory provisions in TEC, Section 28.021, that impose a requirement on school districts to only allow student promotion on the basis of academic achievement or demonstrated proficiency of the subject matter and look to TEC, Section 26.010, which expressly removes a parent's right for the parent's child to avoid a test or exempt the student from satisfying grade level requirements in a manner acceptable to the district.

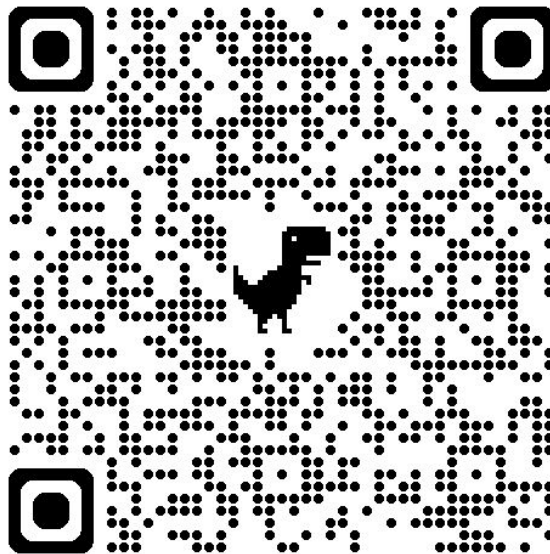
Many have requested that the agency provide insight on how to resolve this conflict. It is difficult to reconcile the statutory requirement that a parent's request for removal of a student from instruction must be implemented "...without subjecting the student to any ... academic penalty, or other sanction..." with the possibility that a student could be compelled to take the parts of a local assessment to demonstrate proficiency of content for which they did not receive instruction.

While TEC, Section 26.010, does not relieve a child from satisfying grade level requirements, the statute only applies this limitation to instructional exemptions under that section and does not apply to special exemption provisions contained in TEC, Section 28.004. Additionally, the statutory construction mechanisms codified in Section 311.026, Government Code, provide that, as a general rule, where two statutory provisions conflict, special (i.e., specific) statutory provisions provide an exception to general statutory provisions.

Accordingly, the most reasonable interpretation of these provisions is that the legislation creates an exception for purposes of human sexuality instruction that would prohibit a district from requiring the student to take a local assessment to demonstrate proficiency of content related to human sexuality that the parent did not want and did not opt for the parent's child to receive.

The information in this guidance is subject to revision based on additional information and analysis. School districts have the responsibility for implementing the provisions of TEC, Section 28.004, and, as always, should seek advice from their own legal counsel when determining how to operate. It should be noted that under TEC, Section 28.004, parents have an explicit right to file a grievance with the school board for a violation of the provisions of TEC, Section 28.004. TEC, Section 7.057, authorizes a person to appeal to the commissioner if a person is aggrieved by the actions or decisions of a school board that violate the school laws of this state. It is the hope of the agency that this guidance may provide some useful insight as districts grapple with these issues.

Human Sexuality Instruction



Human Sexuality/Abuse Curriculum

- TEA, TEC, Section 28.004(q-6), requires that before a student may receive any instruction related to the prevention of child abuse, family violence, dating violence, and sex trafficking a district must obtain written consent from the student's parent.
- TEA curriculum standards questions, please contact (512) 463-9581.



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Clint ISD Central Office
14521 Horizon Boulevard
El Paso, TX, 79928
Phone (915) 926-4000

High School Instruction on Human Sexuality Parent/Guardian Consent Form

DATE: _____

Dear Parent or Guardian,

As part of Clint ISD's High School Health Education curriculum (Health I), students receive instruction related to human sexuality. The Student Health Advisory Committee (SHAC) makes recommendations for curriculum materials aligned to the State Board of Education's approved state standards (Texas Essential Knowledge and Skills) and the requirements under state law related to instruction in human sexuality, sexually transmitted diseases, human immunodeficiency virus (HIV) and acquired immune deficiency syndrome (AIDS). The school board then adopts the materials and determines the specific content of the instruction.

In accordance with state law a parent or guardian may:

- Remove their child from the human sexuality instruction without academic, disciplinary, or other penalties. Students who are opted out are expected to complete alternative health education assignments provided by the teacher in a safe and supervised on-campus location.
- Review, receive a copy of, or purchase a copy of curriculum materials depending on the copyright of the materials. Please contact the campus principal.
- Become involved in the development of this curriculum by becoming a member of the district's SHAC or attending SHAC meetings. Please contact Margarita Flores, Director of Administrative Services at (915) 926-4043 or via email at margarita.flores@clint.net
- Use the district's grievance procedure concerning a complaint.

Lessons included in the Sexual Health Unit:

Lesson Title:	Concepts Covered:

We welcome and encourage all parents to review the health curriculum.

www.clintweb.net



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14521 Horizon Boulevard
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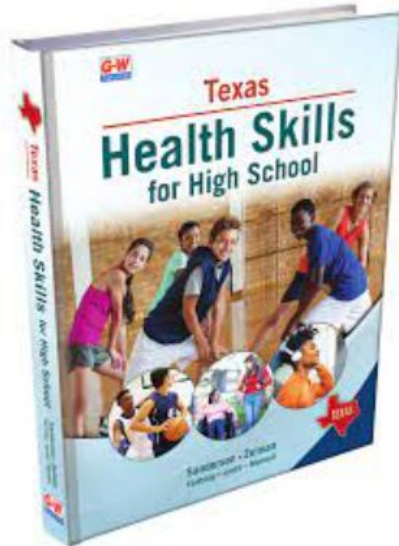
Please read, complete, and return this form to your student's teacher by:

High School Human Sexuality Instruction Consent Form		
CAMPUS:	CLASS PERIOD:	TEACHER:
STUDENT LAST NAME:		STUDENT FIRST NAME:
SELECT YOUR CHOICE: <input type="checkbox"/> OPT-IN: student will participate in all lessons associated with Human Sexuality <input type="checkbox"/> OPT-OUT: student will be excused from the Human Sexuality lessons listed above		
PARENT/GUARDIAN SIGNATURE:		DATE:
PARENT/GUARDIAN PRINTED FIRST AND LAST NAME:		

www.clintweb.net



Textbook for Health Education Ms. Gisela Lucero






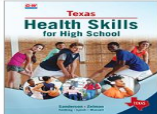

Companion Text to Accompany Texas Health Skills for High School,
Online Learning Suite

Start Date: Dec 8, 2022

End Date: Dec 8, 2030





K-12th Grade Health Textbooks






Elementary	Middle Schools	High Schools
Quaver ED	McGraw Hill	G-W Online
	<div><div><p>Practice Class Teen Health 2021 Class Code: 9mvRYcFI</p></div><div>AssignmentsClassroom Actions</div></div> <div><div><p>Practice Class #2 Teen Health: Healthy Relationships and Sexuality Supplement</p></div><div>AssignmentsClassroom Actions</div></div>	<div><p>Texas Health Skills for High School Textbook</p></div> <div><p>Habilidades de salud de Texas en la escuela secundaria</p></div>

Elementary Health











Quaver Health-PE™



Inbox  23 Menu 

Customize

Middle Schools



Course: Program Resources

Module: Your Health and Wellness

Module: Social Health

Module: Dating Relationships and Abstinence

Module: Bullying and Cyberbullying

Module: Emotional Health

Module: Mental and Emotional Disorders

Module: Conflict Resolution

Module: Violence Prevention

Module: Nutrition

Module: Physical Activity

Module: The Life Cycle

Module: Personal Health Care

Module: Your Body Systems

<https://my.mheducation.com/secure/>

Module: Bullying and Cyberbullying

Go →

Lesson: Bullying and Harassment

Go →

Lesson: Cyberbullying

Go →

Lesson: Strategies to Stop Bullying

Go →

Lesson: Promoting Safe Schools

Go →



G-W Online

Texas Health Skills for High School, Curriculum Center



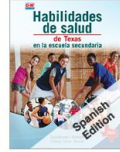
Texas Health Skills for High School TEKS Correlations - Health



Texas Health Skills for High School TEKS Correlations - Health II



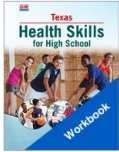
Texas Health Skills for High School, Textbook



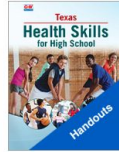
Habilidades de salud de Texas en la escuela secundaria



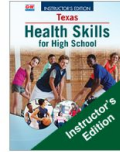
Texas Health Skills for High School, Companion Website



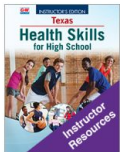
Texas Health Skills for High School, Workbook



Texas Health Skills for High School, Handouts



Texas Health Skills for High School, Instructor's Edition



Texas Health Skills for High School, Instructor Resources

Brief Contents

Unit 1 Promoting a Lifetime of Health and Wellness

Chapter 1 Health and Wellness Fundamentals

Chapter 2 Health and Wellness Skills

Chapter 3 Interpersonal Skills

Unit 2 Being Mentally and Emotionally Healthy

Chapter 4 Promoting Mental and Emotional Health

Chapter 5 Shifting to Positive Thinking

Chapter 6 Managing the Stress in Your Life

Chapter 7 Understanding Mental Illnesses

Unit 3 Developing a Healthy Lifestyle

Chapter 8 Following a Healthy Diet

Chapter 9 Having a Healthy Body

Chapter 10 Engaging in Physical Activity



School Resource Officers & Safety

Mr. Prado



- SRO at each campus (discussions to add)
 - EPCSO
 - Back on Track program
 - Mental Health Supports - CORE Program and CIT
- Recent Social Media Threats
 - proactive measures - p3 alerts, EP County PSA
- Security and SROs at events
- K9 soon to come



Fitnessgram

Ms. Rueda

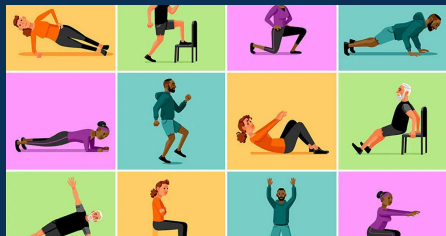
Physical Fitness Assessment Initiative



State law requires school districts to annually assess the physical fitness of students enrolled in grade three or higher and to provide the results of individual student performance on the administered physical fitness assessments to the Texas Education Agency (TEA). The Physical Fitness Assessment Initiative (PFAI) is a program designed to collect and analyze the required student physical fitness data.

In accordance with Texas Education Code §§38.101- 38.104, the TEA is required to complete the following objectives:

1. Adopt an assessment instrument to be used by all Texas public school districts
2. Compile the results of the physical fitness assessment captured by school districts and provide summary results
3. Analyze the results received for each school district to determine whether a relationship exists between student academic achievement levels, attendance levels, obesity, student discipline problems, and school meal programs.



What can be tested?



Height	1 mile run (minutes)	1 mile walk (seconds)	Push up	Back Saver Sit & Reach-left
Weight	1 mile run (seconds)	1 mile walk heart rate	Modified Pull Up	Shoulder Stretch-Left
Skinfold Tricep	Pacer laps	Curl Up	Flexed Arm Hang	Shoulder Stretch-Right
Skinfold Calf	1 mile walk (minutes)	Trunk Lift	Back Saver Sit & Reach-right	

Who is tested?



Grade 3-9

10-12 (*only if need PE credit*)

When do we test?

We start second semester up until the beginning of May.





Amanda Rueda

Assistant Director for Data & Accountability

amanda.rueda@clint.net

915-525-3093



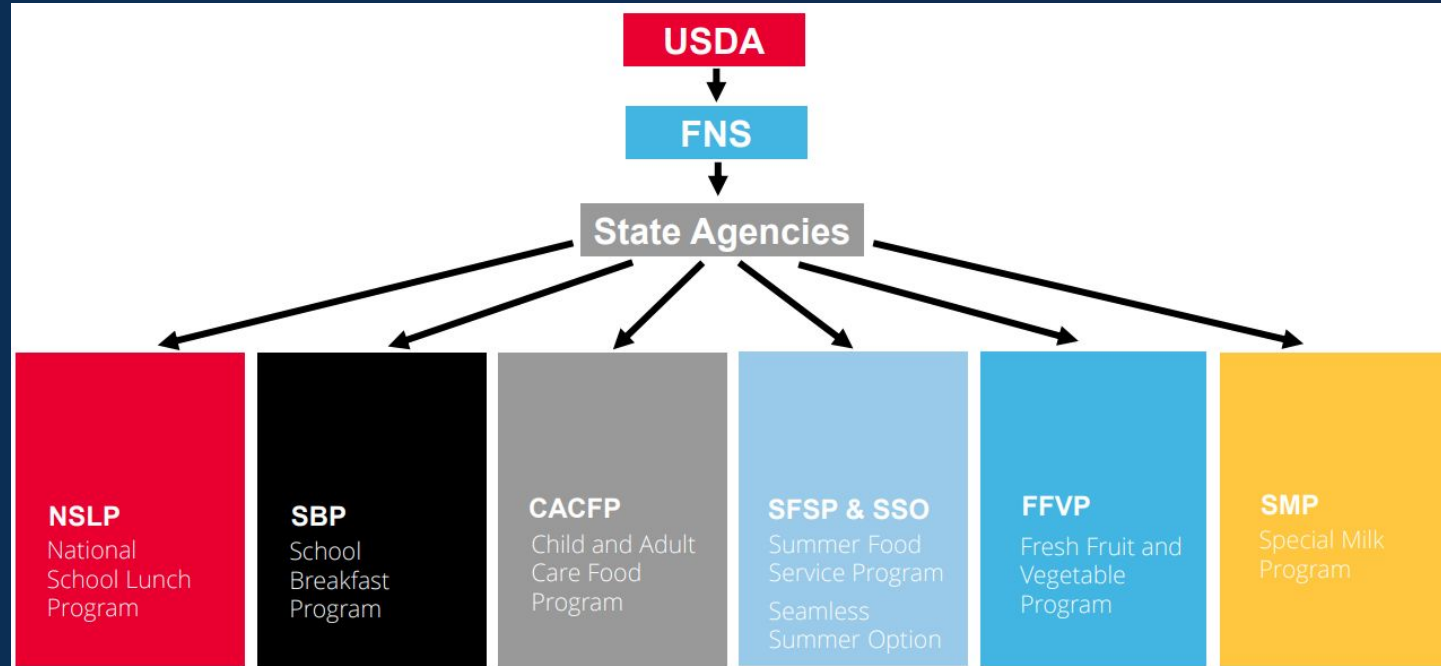
Child Nutrition Program Updates

Mr. Villalobos

Child Nutrition Programs



- The Food and Nutrition Service (FNS) is an agency of the United States Department of Agriculture (USDA) that administers Child Nutrition Programs at the federal level
- All school meals provide important nutrients that support learning, growth, and overall health
- USDA sets basic meal pattern, which tells school districts that each meal offer a set of nutrient components



Meal Patterns

For NSLP and SBP, there are two standards our menus need to meet:

1. The meal pattern sets the minimum requirements for the types of foods (components) offered and number of servings per day and per week that must be offered
2. The nutrition standards define limits for calories, saturated fat, trans fat, and sodium For each, there are standards specific to the grade groups (K-5, 6-8, K-8 and 9-12)



Food Components

A **food component** is one of five food groups that comprise reimbursable meals

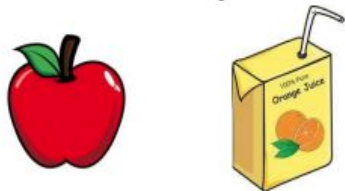
Grains

Bread, rolls, rice, pasta, tortillas, cereal
At least 80% of the grains offered must be whole grain-rich



Fruit

Fresh, frozen, or dried fruit, and
100% fruit juice



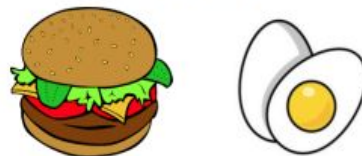
Milk

Flavored or unflavored non-fat
or low-fat milk
We must offer 2 milk varieties, 1
option must be unflavored



Meat/Meat Alternates

Meat, poultry, fish, eggs,
beans/legumes, cheese, yogurt,
and tofu



Vegetables

Fresh, frozen, or canned
vegetables, and 100%
vegetable juice





Meal Pattern Standards: Breakfast

Daily Component	Grades K-5		Grades 6-8		Grades 9-12	
	Daily	Weekly	Daily	Weekly	Daily	Weekly
Fruit	1 Cup	5 Cups	1 Cup	5 Cups	1 Cup	5 Cups
Bread and Bread Grains	1 oz. eq.	7 oz. eq.	1 oz. eq.	8 oz. eq.	1 oz. eq.	9 oz. eq.
Meat/Meat Alternatives	N/A	N/A	N/A	N/A	N/A	N/A
Milk	1 Cup	5 Cups	1 Cup	5 Cups	1 Cup	5 Cups
Calories	350-500		400-550		450-600	
Sat. Fat	<10% of Calories		<10% of Calories		<10% of Calories	
Sodium (Target 1)*	≤540mg		≤600mg		≤640mg	
Trans Fat	Nutrition label or manufacturer specifications must include zero grams of trans fat per serving					

Sodium Limit Target will remain in effect for Breakfast for 2023-24 School Year

What is a reimbursable meal for Breakfast?

- All items offered must be taken to complete a reimbursable meal.
- 80% of grains served must be whole-grain rich
- July 1, 2024 - May offer grains, meats/meat alternate or a combination of both to meet the minimum ounce equivalents for breakfast





Meal Pattern Standards: Lunch

Daily Component	Grades K-5		Grades 6-8		Grades 9-12	
	Daily	Weekly	Daily	Weekly	Daily	Weekly
Fruit	½ Cup	2 ½ Cups	½ Cup	2 ½ Cups	1 Cup	5 Cups
Vegetables	¾ Cup	3 ¾ Cups	¾ Cup	3 ¾ Cups	1 Cup	5 Cups
Meat/Meat Alternatives	1 oz. eq	8 oz. eq.	1 oz. eq.	9 oz. eq.	2 oz. eq.	10 oz. eq
Bread and Bread Grains	1 oz. eq.	8 oz. eq.	1 oz. eq.	8 oz. eq.	2 oz. eq.	10 oz. eq.
Milk	1 Cup	5 Cups	1 Cup	5 Cups	1 Cup	5 Cups
Calories	500-600		600-700		750-850	
Sat. Fat	<10% of Calories		<10% of Calories		<10% of Calories	
Sodium (Target 1/ Target 1A*)	≤1,230mg/1,100mg		≤1,360mg/1,225mg		≤1,420mg/1,280mg	
Trans Fat	Nutrition label or manufacturer specifications must include zero grams of trans fat per serving					

What is a Reimbursable Meal?

Meal Service can be..

Straight Serve (Breakfast): Students are served all items on the menu

Offer vs. Serve (OVS): We must *offer* all components and students can choose what they want

- We must offer all **5 food components** (fruits, vegetables, grains, meat/meat alternative, and milk)
- The student must select **3 food components** in required quantity, including at least $\frac{1}{2}$ cup of fruit, juice, or vegetables
- Each student is allowed to take all 5 food components offered, but OVS allows the student to deny 2 components



Meal Components - Bread/Grains

80% of our grains must be whole grain rich.

Whole grain rich means that at least 50% of the grains in a product are whole grains. Any remaining grains must be enriched. Meaning that they are fortified with additional nutrients to replace those lost during the refining process. Whole grain is listed as the first ingredient.

This applies to ALL of our bread/grain products

- Bread, rolls, tortillas, cereal, muffins, cookies, breaded products (chicken nuggets/chicken sandwiches)

We must offer a minimum of 1.0 oz eq of bread grains each day at lunch for Grades K-8 and a total of 8.0-9.0 oz eq throughout the entire week.





Meal Components - Meat/Meat Alternate (M/MA)

This category can consist of meat, poultry, fish, eggs, dairy, nuts/seeds and/or beans/legumes.

We must offer a minimum of 1.0 oz eq of M/MA each day at lunch for Grades K-5 and a total of 8-10 oz eq throughout the entire week.

The M/MA products that we get are lower in saturated fat and sodium than those you would buy at the store in order to meet our specific requirements for those nutrients across the entire week.

- **WHOLE MUSCLE WHITE MEAT**
- **WHOLE GRAIN BREADING**
- **BAKED, NOT FRIED**
- **NO ARTIFICIAL COLORS OR FLAVORS**
- **NO PRESERVATIVES**



- **51% WHOLE GRAIN**
- **WHOLE GRAIN RICH**
- **16 g OF WHOLE GRAINS PER SERVING**
- **NO HIGH FRUCTOSE CORN SYRUP**



Meal Components - Vegetables

We serve a variety of fresh, cold vegetables and hot, cooked vegetables every day.

We are required to offer at least $\frac{3}{4}$ cup of vegetables daily, $3\frac{3}{4}$ cups weekly and varying amounts of each vegetable subgroup weekly, to meet USDA requirements.

Red/Orange	Dark Green	Starchy	Legumes/Beans	Other
Carrots Red Bell Peppers Orange Bell Peppers Sweet Potatoes Tomatoes Acorn Squash Butternut squash	Broccoli Romaine Lettuce Spinach Kale Collard Greens Mustard Greens Swiss Chard Bok Choy	Potatoes Corn Green Peas Jicama Lima Beans Parsnips Plantains	Pinto Beans Black Beans Kidney Beans Refried Beans Black Eyed Peas Chickpeas Edamame Lentils Split Peas	Green Beans Celery Cucumbers Cauliflower Cabbage Asparagus Green Peppers Radishes Eggplant Iceberg Lettuce Mushroom Onions Snap Peas Summer Squash

Meal Components - Fruit & Milk

Fruit

We serve a variety of

- fresh fruit
- canned fruit
- fruit juice every single day.

We always have at least 1 fresh fruit and canned fruit option.

We are required to offer at **least ½ cup of fruit daily** and **2 ½ cups weekly**, but we exceed the requirement.

Our fruit juice is 100% juice and cannot make up more than 50% of our total fruit offerings.



Milk

We offer 1% unflavored milk and skim chocolate milk every day at all levels.

The milk meal component consists only of fluid milk. Other dairy products, such as cheese and yogurt, fall under the M/MA component category.

If a flavored milk is served, an unflavored milk must also be served to meet requirements.

All milk served meets specific requirements for Vitamin A and Vitamin D, specified by the FDA.





How We Do This

USDA & Contractual Requirements

- We offer at least 1 fresh fruit and canned fruit daily
- 100% fruit juice only
- 1 hot vegetable and 1 fresh/cold vegetable, daily
- 100% all beef hamburger patties
- Whole-muscle chicken products

Meeting Nutrient Requirements

- Each week we must meet specified nutrient requirements for total calories, saturated fat, sodium and trans fat.
- To determine if we are meeting these requirements, we use a weighted average, based upon how much of each item the students are taking, to determine if we're meeting these weekly targets.

Nutrient Specifications: Daily Amount Based on Average 5-Day Week				
Min-Max Calories(kcal)	350-500	400-550	450-600	450-500
Saturated Fat % of total calories	< 10	< 10	< 10	< 10
Sodium Target (mg)	T1 ≤ 540 mg T2 ≤ 485 mg	T1 ≤ 600 mg T2 ≤ 535 mg	T1 ≤ 640 mg T2 ≤ 570 mg	T1 ≤ 540 mg T2 ≤ 485 mg
Trans Fat	Product nutrition label/manufacture specification must indicate 0 grams of <u>trans</u> fat per serving.			



What's true about school lunch?

Are the ingredients in school lunches high quality?

Yes! We use seasonal ingredients and produce with herbs and spices to ensure our ingredients are as fresh as possible.

I see items on the menu that don't look healthy (like chicken nuggets). What's that about?

These items are not the same as you would see in the store or at a fast food restaurant. They're lower in fat and sodium and they're baked instead of fried. They are also whole grain rich!

What if my child has food allergies?

We take food allergies very seriously. We make accommodations for children with documented food allergies and all of our staff is ServSafe and Allergen certified, so they know how to keep our children safe.

What's changing in student nutrition?

Guidelines around school lunches are reviewed every 5 years.

- Current proposed changes:
- Gradually lowering sodium by 30% overall by 2029.
- Lowering weekly added sugar to 10% of total calories by 2027.



Why It Matters

- Research has shown School Meal Programs reduce food insecurity in school districts that rely on them.
- Students who participate have a healthier diet outside of school and shave better grades in school.
- Meal Programs Provide Balanced Meals: It meets one-third of the nutrition needs of most children for the day
- Try new foods: Students are exposed to new opportunities to taste new foods during school meals.

<https://www.fns.usda.gov/schoolmeals>



Karla Guerra
CNP Dietitian
Karla.Guerra@clint.net

Clint ISD Nutrislice





Questions & Answers

Mr. Hernandez

Thank You!



Clint ISD Contact Information:

- **Rodrigo Hernandez**
915-926-4186 (Office)
915-472-1135 (Cell)
- **Next meeting:**
November 21, 2024
9:00 a.m. at Central Office

