

SHAC
SCHOOL HEALTH ADVISORY COUNCIL



School Health Advisory Council

#WEARECLINTISD



School Health Advisory Council

Thursday, November 21, 2024

9:00-11:00 AM

Clint ISD Central Office

Dining Room #407

Team Lead:

Rodrigo Hernandez,
Assistant Director of Special Education

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CLINT INDEPENDENT SCHOOL DISTRICT

CORE VALUES

Committed to student success as a shared responsibility among students, parents, educators, the School Board and the community.

Learner-Centered by ensuring that all students receive quality teaching and engaging instruction.

Innovative in using global thinking and technology to empower students to become lifelong learners.

Nurturing by creating an educational environment where all students are socially and emotionally supported, safe and valued.

Transparent through open communication, leadership, accountability and integrity.





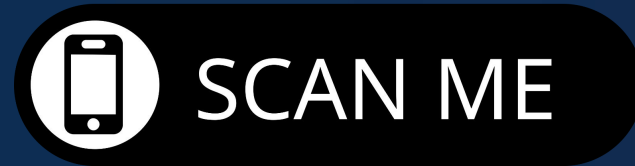
Agenda for November 21, 2024

- Welcome
- Family Survey (Scan QR)
- SHAC Overview
- Presentations:
 - FFA Regulation Guidelines: Student Wellness and Health Services
 - Wellness Plans
 - Evaluation Assessment
 - District & Campus Goals
 - Student Wellness
 - Community Wellness
 - Employee Wellness
- Questions & Answers
- Conclusion: Next Meeting-January 23, 2025

Our meeting will be recorded. Minutes will be taken and posted. Spanish translation available.

Family Survey

- Welcome
- Please scan the QR code to answer a few questions on our family survey.



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SHAC Overview

Mr. Hernandez



2024/2025 District SHAC Team

- **Rodrigo Hernandez**, Assistant Director of Special Education
- **William Swanson**, Project Director of ACE CCLC
- **Deborah Luevanos**, Culture & Community Coordinator
- **Anthony Prado**, Chief Operations Officer
- **Amanda Rueda**, Assistant Director Data & Accountability
- **Carlos Villalobos**, Director Child Nutrition Program
- **Sergio Chairez**, Child Nutrition Financial Director
- **Idalia Valdez**, Clint ISD Head Nurse
- **Gisela Lucero**, Director of EIS
- **Adriana Maciel**, SPED Coordinator
- **Valerie Martinez**, Benefits & Risk Management Coordinator
- **JaiLynne Cho**, Secretary of C&I / PR

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What is SHAC?

School Health Advisory Councils (SHACs) help parents and the community have a voice in issues that impact child health. Whether it is about school meals, staff wellness, vaping, recess or bullying; SHACs can provide input and resources to District leadership as they work to find solutions to the health challenges they face.



SHAC - Meeting Requirements

- SHAC must hold at least four public meetings each school year.
- “Public meeting” requirements:
 - Must post notice of date, hour, place and subject 72 hours prior
 - Must make an audio or video recording of the meeting and maintain minutes
 - Must submit the recording and minutes within 10 days for posting on the district website



SHAC Meeting Student Health Advisory Council

Clint ISD Admin Building
14521 Horizon Blvd.
El Paso, TX 79928
915-926-4000

Oct. 02, 2024 @ 9 a.m.
Nov. 21, 2024 @ 9 a.m.
Jan. 23, 2025 @ 9 a.m.
Mar. 27, 2025 @ 9 a.m.

Register To Attend :



All family members and parents are invited. SHAC is the best way to express your voice in how health curriculums are addressed in our schools.

www.clintweb.net

SHAC District Website



Visit our website for more information:





FFA Regulation Guidelines: Student Wellness and Health Services

Wellness Plan



Referred to as the “wellness plan” (the plan), is intended to implement policy FFA(LOCAL), which has been adopted by the Board to comply with the requirements for a school wellness policy.

[Section 9A(a) of the National School Lunch Act (NSLA), 42 U.S.C. 1758b; 7 C.F.R. Part 210.]

<https://pol.tasb.org/PolicyOnline/PolicyDetails?key=436&code=FFA#regulationsTabContent>

Strategies to Solicit Involvement: Federal law requires that certain stakeholders be involved in the development, implementation, and periodic review and update of the wellness policy.

- The SHAC will permit the following persons to work with the SHAC on the District’s wellness policy and plan: parents, students, the District’s food service provider, physical education teachers, school health professionals, Board members, administrators, and members of the public. See more at:
<https://pol.tasb.org/PolicyOnline/PolicyDetails?key=436&code=FFA#regulationsTabContent>
- The SHAC will solicit involvement and input of these other interested persons by:
 - Posting on the District’s website the dates and times of the SHAC meetings at which the wellness policy and plan are scheduled to be reviewed, discussed and evaluated.
 - Listing in the Student Handbook the name and position of the person responsible for oversight of the District’s wellness policy and plan, along with an invitation to contact that person if anyone is interested in participating in the development implementation, and evaluation of the wellness policy and plan.



District & Campus Goals

Goal 1

The District's food service, staff Teacher, and other district personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms and other appropriate settings.



Goal 2

The district shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.



Goal 3

The District shall ensure that food and beverage advertisements accessible to students outside of school hours on District property contain only products that meet the federal guidelines for competitive foods.



Goal 4

Provide opportunities for students to be involved in the Child Nutrition Program



Goal 5

The District Shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.



Goal 6

The District shall make nutrition education a District-Wide priority and shall integrate nutrition education into other areas of the curriculum.



Goal 7

The district shall provide professional development so that teachers and other staff responsible for the nutrition education program are adequately prepared to effectively deliver the program.



Goal 8

The district shall establish and maintain school gardens and farm-to-school programs.



Goal 9

The district shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.



Goal 10

The district shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.



Goal 11

The district shall make appropriate before-school and after-school physical activity programs available and shall encourage students to participate.





Menu Advisory Board

The Child Nutrition Program is required to have a Menu Advisory Board consisting of parents, students and staff.

It's sole purpose is to review the current menus, sample upcoming items, provide feedback and help plan the menus within USDA Guidelines.

We would like to plan on having the first meeting in February, exact date and location TBD.

If you are interested in being a participant please speak with Mr. Villalobos or Mr. Chairez after the meeting.

Goal 12

The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.

- Dept/Wellness Challenges
 - Weight Loss Challenge
- Partnership with UTEP
 - 50K4Life Walking Challenge
- Employee and Community Immunization Clinics
 - Various district locations
- Email all staff monthly wellness tips
- Employee Assistance Program
 - Emotional/Mental wellbeing
 - Financial wellbeing
- Employee incentives to participate in fitness centers through District contribution toward gym membership.



Goal 13

The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.



Goal 14

The District shall encourage students, parents, staff, and community members to use the District's recreational facilities, such as tracks, playgrounds, and the like, that are available for use outside of the school day.

- Provide activities for District employees to enhance their personal wellness:
 - Community Health and Resource Fairs
 - 5K Run / 1 Mile Walk Challenge
- Promote the use of District PE resources to the community:
 - Campus tracks
 - Elementary playground equipment
 - EMMS Wellness Station Course
 - Open gyms



Goal 15

The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.



Goal 16

The District shall promote wellness for students and their families at suitable District and campus activities.



Goal 17

The District shall promote employee wellness activities and involvement at suitable District and campus Activities.

- Health Screenings
- Various wellness activities throughout the year.
- Employee incentives to participate in fitness centers through District Contribution toward approved fitness centers.





Questions & Answers

Thank You!

Clint ISD Contact Information:

- **Rodrigo Hernandez**
915-926-4186 (Office)
915-472-1135 (Cell)
- **Next meeting:**
January 23, 2025

